



DR. THIRUMALA C R

Consultant - Paediatric Haematology Oncology & BMT

Qualification

MBBS | MD (Paediatrics) | DM (Paediatric Oncology)

Overview

Dr. Thirumala C R is a focused and clinically nuanced paediatric haematologist-oncologist in Yeshwanthpur with specialised expertise in childhood cancers and bone marrow transplantation. She is currently practising as a Consultant – Paediatric Haematology Oncology & BMT at Manipal Hospital Yeshwanthpur, Bangalore, bringing over 7 years of cumulative clinical experience across paediatrics and paediatric oncology, with advanced training in haematopoietic stem cell transplantation. She completed her MBBS from Bangalore Medical College and Research Institute, followed by an MD in Paediatrics from Mysore Medical College and Research Institute, and went on to pursue DM in Paediatric Oncology from the Regional Cancer Centre, Thiruvananthapuram. Her training includes focused exposure to bone marrow transplantation at ACTREC, Mumbai, where she gained hands-on experience in managing transplant-related complications such as acute and chronic graft-versus-host disease (GVHD). Dr. Thirumala's clinical work involves comprehensive management of paediatric haematological and oncological conditions, including leukaemias, lymphomas, bone tumours, and solid organ malignancies. She is

experienced in delivering protocol-based chemotherapy, supportive care, and long-term follow-up for children undergoing cancer treatment. Her expertise in managing oncological emergencies such as tumour lysis syndrome, febrile neutropenia, spinal cord compression, and veno-occlusive disease enables timely and effective intervention in high-acuity situations. Her clinical depth in these areas contributes to her recognition as one of the best paediatric oncologists in Yeshwanthpur for structured and evidence-based cancer care. Her procedural expertise includes bone marrow aspiration and biopsy, lumbar puncture, FNAC, and trucut biopsy, all of which are essential for diagnosis, staging, and treatment monitoring in paediatric cancers. She also brings experience in multidisciplinary tumour board discussions, integrating inputs from radiation oncology, pathology, transfusion medicine, and palliative care to develop well-rounded treatment plans. A key dimension of her work lies in bone marrow transplantation and post-transplant care. Her training in transplant units has equipped her to participate in pre-transplant evaluation, donor selection considerations, conditioning protocols, and long-term monitoring of transplant recipients. She is particularly attentive to treatment-related long-term effects, an area of special interest, ensuring that survivorship care remains an integral part of management. Her expertise in these domains further positions her among the best paediatric oncologists in Yeshwanthpur for advanced haematology and transplant-linked care. Dr. Thirumala has contributed to academic research with publications in reputed journals, including work on chemotherapy-related complications and neurotoxicity in paediatric oncology. She has also presented at national and international platforms such as SIOP, reflecting continued academic engagement. Her achievements include a university gold medal in pharmacology and recognition in national-level oncology quizzes. Fluent in English, Kannada, and Hindi, she communicates with clarity and sensitivity, which is essential when guiding families through complex diagnoses and prolonged treatment journeys. At Manipal Hospital Yeshwanthpur,

Dr. Thirumala C R delivers structured, compassionate, and protocol-driven paediatric oncology care, balancing clinical precision with thoughtful patient and family support.

Field of Expertise

- Bone Marrow Transplantation
- Lymphomas
- Treatment-related long-term Effects
- Low grade Glioma
- Bone Sarcomas
- Pain Management

Languages Spoken

- English
- Kannada

Awards & Achievements

- Gold medal in Pharmacology awarded by Rajiv Gandhi University of Health Sciences
- 1st Runner up in 7th national PHOCON quiz on 'Leukemia & lymphoma'