

DR. KRITHIKA JAGADISH

Consultant - Plastic Surgery

Qualification

M.B.B.S | M.S General Surgery | MRCS Edinburgh | MCh Plastic & Burns Surgery

Overview

Dr. Krithika Jagadish is an experienced plastic surgeon in Bangalore. She is currently practicing as a Consultant - Plastic Surgery at Manipal Hospital Yeshwanthpur, Bangalore. With extensive plastic, reconstructive, and aesthetic surgery expertise, Dr. Krithika is dedicated to delivering exceptional patient care through advanced surgical techniques. Her proficiency spans multiple domains, including trauma and burns management, oncological reconstruction, breast augmentation and reduction, body contouring, and minimally invasive aesthetic procedures. She combines surgical precision with a patient-centred approach, ensuring optimal outcomes tailored to individual needs. She is the best Plastic Surgeon in Yeshwanthpur. Prestigious qualifications mark Dr. Krithika’s academic journey. She holds an M.B.B.S., from the prestigious Sri Devraj Urs Medical College, an M.S. in General Surgery from Vasant Rao Pawar Medical College, and an MCh in Plastic & Burns Surgery from St. John’s National Institute of Health Sciences. Additionally, she is a Member of the Royal College of Surgeons (MRCS), Edinburgh, UK, and has completed an IAAPS Fellowship in Aesthetic Surgery, specialising in advanced cosmetic

procedures. Her commitment to continuous learning and research is reflected in her contributions to national and international conferences, including her presentation on "My Unique Method of Surgical Management of Axillary Breasts" at ASEURG 2024, Delhi. Dr. Krithika excels in a wide range of plastic and reconstructive procedures. She specialises in breast surgery, offering augmentation, reduction, reconstruction, and axillary breast correction to restore both function and aesthetics. Her expertise extends to oncological reconstruction, where she works closely with cancer patients to restore appearance and confidence post-treatment. In burns management, she provides both acute and reconstructive interventions, ensuring optimal healing and minimal scarring. She is also highly skilled in body contouring surgeries, such as abdominoplasty, liposuction, and advanced lymphatic procedures like Lympho-Venous Anastomosis (LVA) and Vascularised Lymph Node Transfer (VLNT). Aesthetic surgery is another cornerstone of Dr. Krithika’s practice. She offers minimally invasive facial rejuvenation techniques, including Botox, dermal fillers, and fat grafting, to enhance facial harmony and restore a youthful appearance. She is well-versed in rhinoplasty, blepharoplasty, and facial contouring procedures, catering to individuals seeking refined, natural-looking enhancements. Her expertise also includes vaginal rejuvenation, improving both functional and aesthetic concerns for women’s intimate health. Beyond her clinical practice, Dr. Krithika remains actively involved in academic research and medical education. She has been a mentor to junior surgeons, sharing her expertise and refining surgical techniques within the field of plastic and reconstructive surgery. She is also a member of several esteemed professional organisations, including the Indian Association of Aesthetic Plastic Surgeons (IAAPS), the International Society of Aesthetic Plastic Surgeons (ISAPS), and the Karnataka Association of Plastic Reconstructive and Aesthetic Surgeons (KAPRAS). Fluent in Kannada, English, Hindi, Tamil, and Marathi, Dr. Krithika ensures seamless communication with patients from diverse backgrounds, making them feel at ease throughout their treatment

journey. Her ability to explain complex procedures reassuringly and understandably fosters trust, ensuring a comfortable experience for all her patients.

Fellowship & Membership

- IAAPS Fellowship in Aesthetic Surgery

Field of Expertise

- L5 Breast surgery: Augmentation / Reduction and Reconstruction , Axillary breast
- Liposculpting
- Tummy Tuck, Arm & Thigh Lift
- Mommy Makeovers
- Vaginal Rejuvenation
- Non-surgical Facial Rejuvenation: Fillers/Botox/Threads/Chemical Peels
- Migraine Surgeries

Languages Spoken

- Kannada
- English
- Hindi
- Tamil
- Marathi

Talks & Publications

- My Unique Method of Surgical Management of Axillary Breasts,

ASEURG 2024, Delhi.

- Podium presentation on "Accessory axillary breast clinical features & Management," KAPRASCON, Aug 25-26, 2023
- "A Comparative assessment of Aesthetic & Functional outcomes in 3 different closure methods in abdominoplasty," KAPRASCON 2022, SDM College, Dharwad, June 3-4, 2022
- "Vascularised Lymph Node Transfer: A powerful tool in advanced lymphadenopathy." KAPRASCON 2022, SDM College, Dharwad, June 3-4, 2022
- "Pachydermaperiosteosis: a rare Case—Diagnosis & Management," Skin Medicine Journal, Vol. 22, Jan-Jun 2022
- "Evaluation of LETHAL AREA 50 in a Tertiary Burn Care Centre," NABICON, Shimla Hills, Feb 21-23, 2020
- "Analysis of The Variables That Affect AV-Fistula Maturation," KAPAS meet, Bangalore, Aug 14, 2019