

DR. NANDITHA RATHINAM

Senior Consultant - Paediatrics and Paediatrics Intensive Care

Qualification

MD (Paediatrics) | Fellowship in Paediatric Intensive Care

Overview

Dr. Nanditha Rathinam is an experienced pediatric critical care specialist in Bangalore. She is currently practising as a Senior Consultant - Paediatrics and Paediatrics Intensive Care at Manipal Hospital, Yeshwanthpur, Bangalore. With over eight years of expertise in managing critically ill children, she is committed to delivering high-quality, family-centred care, specialising in pediatric critical care, transplant intensive care, and the management of complex pediatric medical and surgical cases. Dr. Nanditha holds an MD in Paediatrics and has completed a Fellowship in Paediatric Intensive Care. She is also an accredited teacher recognised by the Indian Academy of Paediatrics (IAP) and has been instrumental in training junior residents, nursing staff, and postgraduates. Her dedication to pediatric care is complemented by her focus on improving outcomes for critically ill children, especially in liver transplant cases, where she collaborates closely with integrated liver care specialists to ensure successful recoveries. With a strong foundation in teaching and administrative roles, Dr. Nanditha has organised and participated in numerous workshops and training programs, such as mechanical ventilation

workshops, BLS workshops for nursing staff, and simulation-based training in neonatal and pediatric intensive care. These contributions underscore her commitment to advancing knowledge and skills in pediatric critical care, benefiting both her peers and her patients. Dr. Nanditha is passionate about preventive care and early interventions in critical conditions. Her expertise extends to managing sepsis, mechanical ventilation, and post-operative outcomes in pediatric intensive care units (PICUs). She is also actively involved in research and has presented her findings at national and international conferences, including studies on PICU outcomes and rare pediatric conditions. Dr. Nanditha Rathinam is proficient in English, Kannada, and Tamil, which allows her to effectively communicate with patients and families from a wide range of cultural and linguistic backgrounds. Her ability to engage with families in their preferred language fosters a sense of trust and understanding, ensuring clarity in medical advice and treatment plans.

Languages Spoken

- English
- Kannada
- Tamil

Awards & Achievements

- Accredited Teacher IAP.
- Certified PALS provider convened by IAP-PALS in accordance with AHA (American Heart Association) held at Ramaiah Medical college.
- IAP PALS Instructor.

Talks & Publications

- FW: Manipal Hospitals Yeshwanthpur: Dr. Nanditha Rathnam on Is the surge in conjunctivitis cases due to the new Covid-19 strain? No, say doctors | South First. Click Here
- Manipal Hospitals Yeshwanthpur: Dr. Nanditha Rathinam on 9-year-old fights for life against Nipah in Kerala: Experts urge for precautionary measures to safeguard children | The Indian Express. Click Here
- Manipal Hospitals Yeshwanthpur: Dr. Nanditha Rathinam on Lullaby Sleep: A profound health connection | Happiest Health. Click Here