

DR. RAJESH HELAVAR

Consultant - Interventional Radiology

Qualification

MBBS | MD Radiology | PDCC Gastro Radiology | FRCR (UK) | Advanced Training Liver Tumour Ablation - Samsung Medical Centre, Seoul, South Korea | International Chemo Embolisation Course, Seoul National University Hospital, South Korea | Interventional Oncology Observership - University of Frankfurt, Germany

Overview

Dr. Rajesh Helavar is a Consultant in interventional Radiology at Manipal Hospitals Yeshwanthpur/ Doddaballapur /Hebbal, Bangalore. Dr. Rajesh earned his MBBS from Bangalore Medical College in 2005, followed by his residency in MD - Radiology from Gauhati Medical College, Assam in 2011. Additionally, he obtained a Fellowship in PDCC (Post-Doctoral Certificate Course) - Gastro Radiology from Sanjay Gandhi Post Graduate Institute of Medical Sciences (2014). He also underwent an SMC Image-guided Tumor Ablation Training Course from Samsung Medical Centre, South Korea (2016), and an International Intensive Course for Chemoembolisation of HCC - Seoul National University Hospital, South Korea (2023). With more than 20 years of experience as a top radiologist in Yeshwanthpur, Dr. Helavar is proficient in both vascular and non-vascular imaging methods to diagnose, treat, and manage various conditions. His wide range of expertise includes Percutaneous biopsy under ultrasound and CT

guidance, Diagnostic angiography and venography, Percutaneous cholecystostomy and nephrostomy, Biliary drainage and stenting, Uterine artery embolisation, Fibroid embolisation, Peripheral vascular angioplasty and stenting, Peripheral venous access (PICC line, chemo port), and Antegrade ureteric stenting. Dr. Rajesh Helavar also manages cancer patients with procedures such as Radiofrequency ablation of tumours (HCC, renal, bone), Microwave ablation of tumours, Transarterial chemoembolisation of liver tumours (HCC, metastatic liver disease), Wire localisation of breast lesions, and Preoperative embolisation of tumours. With his treatment, Dr. Helavar ensures patients receive the most innovative and effective treatments available with the latest advancements. Dr. Rajesh Helavar shows a compassionate approach and commitment to patient's well-being, underscoring Manipal Hospitals' reputation as a trusted healthcare institution. In addition to his clinical duties, Dr. Rajesh has always actively involved himself in medical education to research new medical advancements. He took up observership opportunities in Abdominal Interventional Radiology, at the Institute for Diagnostic and Interventional Radiology, University Clinic, Goethe University Frankfurt, Germany (August 2014) and Interventional Radiology from the University of Miami, Miller School of Medicine (November 2017).

Fellowship & Membership

- European Society of Gastrointestinal and Abdominal Radiology.
- Indian Society of Gastrointestinal and Abdominal Radiology, British Society of Abdominal Radiology.
- Indian Radiology and Imaging Association.
- Indian Society of Vascular and Interventional Radiology.
- European Society of Radiology.
- Cardiovascular and Interventional Radiological Society of Europe.
- Society of Interventional Radiology.

- Asia Pacific Society of Cardiovascular Interventional Radiology.

Field of Expertise

- Non-vascular: Percutaneous biopsy under ultrasound and CT guidance, drainage of abscesses, biliary drainage, biliary stenting, percutaneous nephrostomy, antegrade ureteric stenting, Radiofrequency ablation of tumors (HCC, renal, bone), microwave ablation of tumours, percutaneous cholecystostomy, wire localization of breast lesions
- Vascular: Diagnostic angiography and venography, Transarterial chemoembolization of liver tumours (HCC, metastatic liver disease), preoperative embolisation of tumours, uterine artery embolization for postpartum bleeding, embolization for fibroids, peripheral vascular angioplasty and stenting, peripheral venous access (PICC line, chemo port, permacath)
- Non-surgical, minimally invasive, pinhole procedures
- Uterine fibroids, Adenomyosis - Embolisation
- Thyroid nodules - RF and Microwave ablation
- Prostate enlargement (BPH) Prostate artery embolisation (PAE)
- Liver, renal tumour ablation
- Varicocele embolisation
- Varicose vein treatment
- Biopsy, drainage
- Lines and ports
- Dialysis access management- Fistuloplasty, thrombolysis, Permcath placement

Languages Spoken

- Kannada

- English
- Hindi
- Telugu
- Tamil
- Assamese

Talks & Publications

- Cyclosporine-induced Leukoencephalopathy Precipitated Following Interaction with Ciprofloxacin, Nagabushana D, Chandrasekhar S, Ramprakash S, Avathi Venkatesha G, Helavar RV - Journal Of Pediatric Neurosciences.
- Imaging in Portal Gastroduodenopathy, Review article, Accepted for publication in Journal of Gastrointestinal and Abdominal Radiology.
- Systematic reporting of computed tomography enterography/enteroclysis as an aid to reduce diagnostic dilemma when differentiating between intestinal tuberculosis and Crohn's disease: A prospective study at a tertiary care hospital, Journal of Gastroenterology and Hepatology. December 2020.
- Certificate of Merit: Echinococcosis from head to toe: A Pictorial review – poster presentation at European Congress of Radiology 2018.
- Imaging in the rare spine and spinal cord malformations in day-to-day practice – poster presentation at European Congress of Radiology 2018.
- Post-partum Interventions presentation at Karnataka state IRIA (Indian Radiology and Imaging Association) 2018.
- Canal of Nuck hydrocele poster presentation at Karnataka IRIA 2018.
- Post-digital subtraction angiography parenchymal contrast

staining mimicking the presence of a haemorrhage, Neurology India, 2017.

- Individualizing locoregional therapy for liver tumours. Hospital Healthcare Europe 2015.
- Renal transplant imaging: Review. Indian Journal of transplant: 2014.
- Combined interventional and surgical management of bilateral pulmonary artery aneurysms. IRIA poster presentation. 2014.
- Ovarian Torsion: Poster Presentation at State IRIA conference March 2015.
- Chemotherapy-induced leukoencephalopathy – American Journal of Neuroradiology – Classic Case 2016
- Imaging of Hydatid disease from head to toe: Poster presentation, IRIA 2016.
- Dr. Rajesh V Helavar on Uterine Fibroids: Myomectomy & Uterine Artery Embolization | BW Healthcare World.Click Here