

DR. NAVYA P

Consultant Dermatologist

Qualification

MBBS | MD Dermatology

Overview

Dr. Navya P practices as a Consultant Dermatologist in Yeshwanthpur, Bengaluru. She represents best-in-class full treatment for her patients. Her strong credentials support her skills. The qualification consists of an MBBS and an MD in Dermatology. Dr. Navya's expertise includes a variety of dermatological issues. Thus, she adopts an integrated strategy. Her diagnostic skills allow her to use dermoscopy for both treatment and diagnosis. She also has remarkable experience in doing laser procedures. She does laser hair reduction, pigmentation correction, scar resurfacing, and tattoo removal. Dr. Navya has a thorough understanding of chemical peeling procedures. They are useful for skin renewal, acne therapy, and hyperpigmentation correction. Dr. Navya also has an in-depth understanding of the use of medications. She uses it to treat diseases like pemphigus, allergic reactions, and eczema. Dr. Navya excels at treating critically ill patients in the intensive care unit. Especially those suffering from acute skin failure. Dr. Navya is an expert in a variety of operations. These include radio-frequency cautery, electrocautery, extirpation, incision and drainage, and vitiligo surgeries. She also provides Platelet

Rich Plasma (PRP) treatment. This treatment stimulates hair growth. This also promotes wound healing and reduces acne scars. Dr. Navya's passion for education is evident in her expertise in coaching undergraduate students. She does so during practical sessions besides her clinical prowess. She has an unwavering dedication to her patients. Therefore, she is considered one of the best dermatologists in Bangalore. This, combined with her outstanding communication skills, allows the development of positive relationships with patients and peers equally. She is recognized for her remarkable ability to perform in high-pressure situations. She demonstrates a results-oriented and collaborative approach. Dr. Navya's efforts in dermatology have received broad acceptance. She is licensed to administer Botox and filler injections. She has papers published in major journals. These include "The Indian Journal of Paediatric Dermatology" and "Clinical Dermatology Review." Also, she is researching Atopic Dermatitis and Pregnancy Dermatoses. Her skills were also honoured with medals for outstanding paper presentations. She has also received recognition for her poster presentations at prestigious conferences. These were carried out on a state and national level. Dr. Navya keeps up to date on dermatology breakthroughs by attending workshops and Continuing Medical Education (CME) programs. Dr. Navya P has emerged as a trusted authority and is regarded as the best skin specialist in Yeshwanthpur Bangalore. This is thanks to her extensive qualifications. Also, full expertise in many dermatologic operations. She has a determined commitment to patient care. She also made major contributions to the field of dermatology. Patients can have complete faith in her accurate diagnoses. Her patients can rely on her to give them customised treatment programs. They'll receive great dermatologic care under her expertise.

Field of Expertise

- Experience in diagnosing dermatologic conditions.

- Experience in utilising dermoscopy for diagnosis and management.
- Experience in laser procedures for hair reduction, pigmentation correction, scar resurfacing, and tattoo removal.
- Experience in chemical peeling procedure for pigmentation correction, acne treatment and skin rejuvenation.
- Experience in biologicals administration for various conditions such as pemphigus, urticaria, and psoriasis.
- Ability to handle critical care patients such as acute skin failure in presence of optimal care unit.
- Experience in performing procedures such as radio-frequency cautery, electrocautery, extirpation, incision and drainage and vitiligo surgeries.
- Experience in performing Platelet rich plasma treatment for hair growth, wound healing and acne scar treatment.
- Experience of teaching undergraduate students of 3rd and final year in practical sessions.
- Determination in treating patients.
- Impressive communication skills.
- Ability to establish good relationship with co-workers.
- Can work under stressful condition, result oriented and team player.

Awards & Achievements

- Certified in Botox and fillers injections
- Published a paper on Atopic dermatitis in ‘Indian Journal of Paediatric Dermatology’.
- Published a paper on Pregnancy dermatoses in ‘Clinical Dermatology Review’.
- Received first prize for award paper presentation in state conference 2018.

- Received first prize for poster presentation in south zonal conference 2017.
- Presented 2 posters at International conference 2019.
- Presented 2 posters at National conference 2019.
- Presented case report on acrodermatitis enteropathica at SARS (Scientific, Academic and Research Society).
- Attended various workshops and CME related to dermatology.

Talks & Publications

- Dr. Navya P on Remove sun tan with these DIY coffee face masks | HT Healthshots. Click Here
- Manipal Hospitals Yeshwanthpur: Dr Navya P on What is the 60-second rule in skincare and does it work for everyone? | The Indian Express. Click Here