



## **DR. KAMINI KURPAD**

Consultant Orthopedician

### **Qualification**

MBBS | D Ortho | DNB (Ortho)

### **Overview**

Dr. Kamini Kurpad is an experienced orthopaedic surgeon in Bangalore. She is currently practising as a Consultant - Orthopaedics at Manipal Hospital Yeshwanthpur, Bangalore. With over two decades of expertise in orthopaedic surgery, Dr. Kamini Kurpad specialises in advanced procedures such as knee arthroscopy, total hip replacements, and shoulder reconstructions. Her clinical focus includes managing complex joint and musculoskeletal conditions through surgical and non-surgical approaches. Dr. Kamini's educational foundation includes an MBBS, a Diploma in Orthopaedics (D Ortho) and a Diplomate of the National Board (DNB) in Orthopaedics. These qualifications have provided her with a robust knowledge base and the technical proficiency to address many orthopaedic conditions. Her advanced training and ongoing commitment to learning enable her to stay at the forefront of innovations in orthopaedics, including minimally invasive techniques and arthroscopic procedures. Dr. Kamini is proficient in performing various surgeries, including anterior cruciate ligament (ACL) reconstruction, meniscus repair, ankle fusion, and shoulder arthroscopy. She is highly skilled in total knee replacement and

shoulder replacement surgeries, offering relief and improved mobility to patients who have severe arthritis or traumatic injuries. Her expertise also extends to tendon repair procedures, such as rotator cuff repairs and carpal tunnel release surgeries, ensuring patients regain function and alleviate chronic pain. One of Dr. Kamini's key strengths is her ability to customise treatment plans based on each patient's unique needs. She combines advanced diagnostic tools with a patient-centric approach to develop effective solutions for conditions ranging from degenerative joint disorders to acute trauma cases. Her proficiency in hip resurfacing and total joint replacement surgeries has significantly improved the quality of life for patients seeking long-term mobility and functionality, earning her the fame of the best orthopaedic surgeon in Yeshwanthpur, Bangalore. Dr. Kamini is deeply committed to empowering patients by educating them about their conditions and treatment options. She believes in fostering a collaborative relationship where patients feel confident and informed throughout their medical journey. Her compassionate nature and ability to communicate complex medical information clearly and empathetically help ease patient concerns, creating a supportive environment for healing and recovery. In addition to her clinical practice, Dr. Kamini actively advances her skills and knowledge by participating in workshops and professional development programs. Her dedication to excellence ensures her patients benefit from the most current and effective treatments in orthopaedics. She also takes a keen interest in paediatric orthopaedics, deformity management, and trauma care, reflecting her versatile expertise in the field. Fluent in Kannada, English, Hindi, and Tamil, Dr. Kamini Kurpad is adept at building trust and rapport with patients from diverse linguistic and cultural backgrounds. Her commitment to clear communication enhances patient confidence and fosters long-term relationships based on trust and exceptional care.

### **Field of Expertise**

- Knee Arthroscopy
- Total Hip Replacement B/L
- Hip Resurfacing Surgery
- Anterior Cruciate Ligament (ACL) Reconstruction
- Ankle Fusion Surgery
- Meniscus Repair
- Total Knee Replacement B/L
- Shoulder Arthroscopy
- Shoulder Replacement
- Shoulder Tendon Repair-Rotator Cuff
- Carpal Tunnel Release

### **Languages Spoken**

- Kannada
- English
- Hindi
- Tamil