



## **DR. KHUSHAL DHIRAJLAL SHAH**

Consultant - Neonatology & Paediatrics

### **Qualification**

MBBS | M.D (Ped)

### **Overview**

Dr. Khushal Shah is an experienced neonatologist in Bangalore. He is currently practicing as a Senior Consultant - Neonatology at Manipal Hospital Yeshwanthpur, Bangalore. With extensive experience in neonatal care, Dr. Khushal Shah specialises in managing critically ill newborns, premature infants, and high-risk neonates. His expertise encompasses neonatal intensive care (NICU procedures), parental counselling (antenatal and postnatal), and neonatal resuscitation. He is dedicated to ensuring the best possible newborn outcomes, utilising evidence-based medical protocols and advanced treatment strategies to provide comprehensive and compassionate care. He is one of the best neonatologist in Yeshwanthpur. Dr. Khushal's educational background includes an M.D. in Paediatrics from Vydehi Institute of Medical Sciences and Research Centre, followed by a fellowship in Neonatology. He is also a certified practitioner of neonatal resuscitation and has completed specialised training in preterm nutrition. His commitment to continuous learning is reflected in completing the Postgraduate Program in Paediatrics and Neonatology (PGPN) at Boston University, which has equipped him with the latest

advancements in neonatal medicine. As a neonatologist, Dr. Khushal is proficient in advanced NICU procedures, including ventilator support, total parenteral nutrition (TPN), umbilical line insertions, and surfactant therapy for respiratory distress syndrome. His ability to manage complex neonatal conditions such as neonatal sepsis, perinatal asphyxia, and extreme prematurity makes him a trusted expert in his field. Beyond clinical expertise, Dr. Khushal strongly advocates for parental education, conducting antenatal and postnatal counselling sessions to help parents understand new-born care, breastfeeding, and developmental milestones. His clear, empathetic communication style reassures families, giving them the confidence and knowledge to care for their new-borns effectively. He believes in fostering a collaborative environment where parents actively participate in their child's healthcare journey. Dr. Khushal is also committed to continuous improvement in neonatal healthcare. He has actively contributed to medical research and academic presentations, securing first place at a prestigious paediatric conference for his Haemophagocytic Lymphohistiocytosis (HLH) research. His leadership skills are evident in his role as a lead coordinator for neonatal nursing resuscitation programs, where he has trained healthcare professionals in life-saving neonatal interventions. In addition to his clinical work, Dr. Khushal is a strong proponent of multidisciplinary teamwork in NICU settings. His ability to coordinate with paediatricians, nurses, and allied healthcare professionals ensures a holistic approach to neonatal care. His leadership and decision-making skills significantly enhance patient safety, optimise neonatal outcomes, and maintain the highest standards of medical excellence. Fluent in English, Hindi, Gujarati, and Kannada, Dr. Khushal ensures effective communication with families from diverse linguistic backgrounds. His ability to explain complex medical conditions in a reassuring and accessible manner fosters trust and confidence, creating a supportive environment for newborn care.

### **Fellowship & Membership**

- National Neonatology Fellow

### **Field of Expertise**

- Neonatology

### **Languages Spoken**

- English
- Kannada
- Hindi
- Gujrati

### **Talks & Publications**

- Publications in national journals, 2 of them are as the first author.