

DR. RAJESHWARI JANAKIRAMAN

Chief Consultant Diabetology Endocrinology

Qualification

MBBS | MD (Int. Med.) | DM (Endocrinology)

Overview

Dr. Rajeshwari Janakiraman is a Chief Consultant - Diabetes and Endocrinology at Manipal Hospitals, Yeshwanthpur. With over 28 years of comprehensive experience in the medical field, including 23+ years as a practising endocrinologist, she has established herself as a trusted diabetologist and endocrinologist in Bangalore. Dr. Rajeshwari's medical journey commenced when she completed her MBBS in 1994, followed by an MD in Internal Medicine in 1999. Dr. Rajeshwari specialised in endocrinology in 2003, with a DM at SGPGIMS, Lucknow. Her specialised education and vast experience offer her the knowledge and skills to treat a wide range of endocrinological conditions. Dr. Rajeshwari Janakiraman caters to various endocrine and metabolic disorders. She has a particular interest in managing diabetes mellitus, thyroid disorders, thyroid swelling, diabetes in children, pediatric endocrine problems, goitre (enlarged thyroid), hypertension, and hyper and hypothyroidism. Her dedication to the field is evident in her nuanced approach toward bioidentical hormone therapies for men and women, lactation counselling, gestational diabetes management, etc. Dr. Rajeshwari was instrumental in starting and running Manipal

Hospitals Yeshwanthpur's endocrine speciality section and since has been guiding her team through her dedication to evidence-based and moral practice. A testament to her professional journey is Dr. Rajeshwari's association with several prestigious institutions. Apart from her present role at Manipal Hospitals Yeshwanthpur, Bangalore, she has rendered her services as an endocrinology consultant at renowned institutions like Bowring and Lady Curzon Hospital, Institute of Child Health, PGIMER, SGPGI, and Changi General Hospital. Recognised for her meticulous attention to detail, Dr. Rajeshwari ensures an accurate and comprehensive diagnosis for all her patients. Her empathetic approach to treatment further ensures that patients are not just medically treated but are also mentally reassured. Dr. Rajeshwari Janakiraman's expertise and dedication to her practice make her an asset to the medical community. Her impressive professional journey and commitment to patient well-being make her a reliable and experienced choice for those seeking expert endocrinology and diabetes care in Bangalore.

Field of Expertise

- Renal Transplant

Languages Spoken

- English
- Tamil
- Kannada

Awards & Achievements

- Fulbright Scholarship, 2009. "Kids Care for Asthma" awarded by the Robert Wood Johnson Foundation for improving asthma

care in Western New York, $1.5 million. Principal Investigator, 2001 - 2004.

- "" Inner-City Asthma Intervention "", Centers for Disease Control, Association of Community Health Plans, $450,000, Principal Investigator, 2000 - 2004 Mariel C. Furlong for Making a Difference, Award for Community Service, Food Allergy and Anaphylaxis Network, Apr. 2005. William S Pierson visiting Professor from the American Academy of Allergy Asthma & Immunology, 2001, 2002 and 2003.
- Evidence Based Medicine/Quality Improvement Award, Decision Based System to teach Pediatric Residents SUNY Buffalo, Asthma Management, 2002 - 2003. Warren J. Perry Award presented by the American Lung Association of Western New York in recognition of outstanding volunteer services for the conquest of lung disease, 2001.
- George and Harriet Rosenfeld Clinical Investigator Award presented by the Women's and Children's Health Research Foundation, Children's Hospital of Buffalo for “Decision Based Tool for Primary Care Physicians to Optimally Manage Asthma,” 2000, 2001.
- Evidence Based Medicine/Quality Improvement Award, Evidence Based Tool for Improving Resident History-Taking and Optimizing Management of Asthma, SUNY Buffalo, 2000.
- Excellence in Community Health Award presented by the Niagara Health Quality Coalition (NHQC) to recognize significant contributions to the NHQC Asthma Education Partnership, 2000 - 2001.
- Honor Roll, American College of Allergy, Asthma and Immunology for conducting asthma screening under the Nationwide Asthma Screening Program, 1999, 2000.
- Young Investigator Award. Outcome Based Asthma Management Proposal for Children’s Hospital of Buffalo. Awarded by Merck Pharmaceuticals for an asthma outcome

proposal. This was a peer- reviewed selection of twenty recipients nationally, 1999.

- Award for Outstanding Service in the Conquest of Lung Disease and the Promotion of Lung Health, American Lung Association of Western New York, 1998, 1999, 2000, 2001, 2002, 2003.
- A community pediatrician's annual award for the best resident in Pediatrics based on the performance in all the three years of residency, Children’s Hospital, Buffalo, New York, 1993.
- National Science Talent Scholarship, National Council of Education Research and Training (NCERT), Government of India, 1975.
- President of India's Gold Medal for excellence in scholastic achievements and outstanding performance in both academic and extra-curricular activities (valedictorian award), Lawrence School, Lovedale, India, 1975.

Talks & Publications

- Ramesh, S. “Food Allergy overview in children” Clinical Reviews in in Allergy & Immunology, 34, pp.217-230, 2008.
- Ramesh, S. “Antibiotic Hypersensitivity in Cystic Fibrosis”. Clinical Reviews in Allergy & Immunology, Vol.23, No. 1, August 2002, pp. 123-141. Bliel M, Wood E and Ramesh S, ""The influence of parent-child relatedness on the depressive symptoms in children with asthma, tests of moderator and mediator models, Journal of Pediatric Psychology, 25, pp. 481-491, 2000.
- Kandeel A, Ramesh S, Chen Y, Celik C, Ambrus JL."" Microscopic Polyangitis in a Pediatric Patient"", Archives of Family Medicine, 9: 1189-1189, 2000. Ramesh S. ""Office Evaluation of Recurrent Infections"" for Asian Journal of Pediatric Practice, Special Edition on Immunology 2002.

- Ramesh, S, Schwartz, S. A., “Therapeutic used of intravenous immunoglobulin (IVIG) in children” Pediatrics in Review, 16(11), November 1995 pp.403-410. Gave over 100 invited lectures and several abstract publications in international conferences.
- Dr. Rajeshwari Janakiraman of Manipal Hospitals on our biological fitness - Dr. Rajeshwari Janakiraman, Consultant Endocrinologist, Manipal Hospital Yeshwanthpur. Click Here
- Manipal Hospitals Yeshwanthpur: Dr. Rajeshwari Janakiraman on Fawad Khan Revisits his Diabetes Diagnosis: 4 Risk Factors for Type 1 Diabetes you Must Know | HT Healthshots | News Deal. Click Here