

DR. KIRAN CHOUKA

Senior Consultant - Orthopedic Joint Replacement, Arthroscopic Surgeon

Qualification

MBBS | MS (Ortho) | M.Ch (Ortho)

Overview

Dr. Kiran Chouka is a highly skilled and experienced consultant orthopaedic joint replacement and arthroscopic surgeon. Dr. Chouka has made a name for himself in the area of orthopaedics because of his strong academic background and in-depth training in his speciality. He specialises in severe trauma, arthroscopy, sports medicine, and joint replacements. Dr. Chouka holds several qualifications that reflect his dedication to his profession. He completed his MBBS, MS (Ortho), and M.Ch (Ortho) degrees, equipping him with a comprehensive understanding of orthopaedics. His expertise lies in joint replacements, which involve surgically replacing damaged joints with artificial implants to restore mobility and alleviate pain. Additionally, he excels in sports medicine, catering to the unique needs of athletes and treating sports-related injuries. Dr. Chouka has pursued various fellowships and clinical training programs to further enhance his skills. He completed a fellowship in adult reconstruction from AJRI in Chennai, focusing on advanced techniques in joint replacement surgery. He also underwent a fellowship in complex and revision joint replacement in Hyderabad, gaining expertise in managing challenging cases. To

expand his knowledge and abilities, he also obtained a visiting fellowship in arthroplasty in the UK and got clinical training in arthroplasty in Spain and Italy. Dr. Chouka is a multilingual speaker who is proficient in English, Hindi, Kannada, and Telugu. This linguistic proficiency enables him to effectively communicate with patients from diverse backgrounds, ensuring comprehensive care and understanding. No wonder he is regarded as the best orthopedician in Yeshwanthpur Bangalore. Dr. Chouka actively shares his knowledge and expertise through talks and publications as a respected professional in his field. He has delivered informative talks on topics such as advanced joint replacement surgeries and health risks associated with unkempt mattresses. These engagements allow him to educate the public and create awareness about orthopaedic issues. Dr. Chouka's services encompass a wide range of orthopaedic treatments, including spinal disc surgery, herniated disc treatment, frozen shoulder physiotherapy, hip pain treatment, limb deformities correction, and orthopaedic surgery. He also specialises in sports injury rehabilitation, knee osteotomy, disk slip management, and chronic pain treatment. Moreover, he offers advanced therapies like stem cell therapy for orthopaedic conditions and minimally invasive knee correction. With years of experience, Dr. Kiran Chouka has been a consultant orthopaedic surgeon at Fortis International Hospital Limited from 2013 to 2018. He is registered with the Karnataka Medical Council and holds the registration number 75644. Dr. Kiran Chouka is a highly qualified and accomplished orthopaedic joint replacement and arthroscopic surgeon. His expertise in joint replacements, sports medicine, and arthroscopy, combined with his commitment to patient care, make him a trusted professional in the field of orthopaedics.

Fellowship & Membership

- Fellowship in adult reconstruction (AJRI, Chennai).
- Fellowship in complex and revision Joint Replacement

(Hyderabad).
- Visiting Fellowship in Arthroplasty (UK).
- Clinical Training in Arthroplasty (Spain, Italy).

Field of Expertise

- Joint replacements
- Sports medicine
- Arthroscopy
- Complex trauma

Languages Spoken

- English
- Hindi
- Kannada
- Telugu

Talks & Publications

- Explained: How Advanced Are Joint Replacement Surgeries Now - Dr. Kiran Chowka, Consultant – Orthopedic and Joint Replacement Surgeon, Manipal Hospitals - Yeshwanthpur, Malleshwaram and Hebbal, Bengaluru. Click Here
- Dr. Kiran Chouka on A long-standing issue | Happiest Health. Click Here
- Dr. Kiran Chouka on Understanding The Health Risks Associated With Unkempt Mattress | News 18 | Bharat Times | The Daily Check. Click Here
- Manipal Hospitals Yeshwanthpur and Hebbal: Dr. Kiran Chouka on Dr. Shriram Nene Suggests 5 Things you Need to Do if you

have a Desk Job | The Indian ExpressUnit Marketing Head. Click Here

- Manipal Hospitals Yeshwanthpur: Dr. Kiran Chouka on How to ensure good joint lubrication for healthy joints | Happiest Health. Click Here
- Manipal Hospitals Yeshwanthpur: Dr. Kiran Chouka on When osteoarthritis puts the brakes on your mobility | Deccan Herald. Click Here