

DR. SHAFALIKA SB

Consultant - Minimally Invasive Gynaecology

Qualification

MBBS | DGO | DNB | FMIS

Overview

Dr. Shafalika SB, a proficient gynaecologist with extensive experience, is dedicated to Minimally Invasive Gynecology. Operating from Yeshwanthpur, Bangalore, she has earned a notable reputation for her exceptional skills in conducting advanced laparoscopic and hysteroscopic procedures. She has completed over 10,000 surgeries and has solidified her position as one of the foremost experts in gynecologic laparoscopy. Dr. Shafalika has actively engaged in numerous national and international conferences, demonstrating her commitment to advancing the field of gynaecology. She has shared her insights and research through presentations on various topics, earning recognition for her valuable contributions. Dr. Shafalika's passion for education is evident in her involvement in organising endoscopy workshops in Karnataka and her role in training gynaecologists from different regions at the Bangalore Endoscopic Surgery Training Institute. With a diverse range of expertise, Dr. Shafalika excels in performing surgeries for complex conditions such as large uteri, fibroids, ovarian cysts, and challenging cases of endometriosis. Additionally, her certification as a robotic surgeon highlights her

dedication to staying updated with advanced surgical techniques and technologies. Dr. Shafalika SB is a highly skilled consultant specialising in Minimally Invasive Gynaecology. With extensive experience in performing advanced laparoscopic and hysteroscopic surgeries, she has gained recognition for her exceptional expertise. Dr. Shafalika completed her education at prestigious institutions such as Bangalore Medical College, VIMS-Bellary, and GKNM Hospital-Coimbatore. Throughout her professional journey, Dr. Shafalika has actively participated in national and international conferences, where she has delivered presentations and garnered recognition through various awards. Additionally, she has taken the initiative to arrange multiple endoscopic workshops in Karnataka, playing a key role in teaching gynaecologists from diverse locations. Her expertise in various laparoscopic procedures, including large uteri, fibroids, ovarian cysts, and complicated endometriosis cases, is impressive. No wonder she is considered the best OBG specialist in Bangalore. Dr Shafalika SB has been honoured with numerous awards and recognitions throughout her career, showcasing her outstanding achievements and contributions to gynaecology. She achieved a great rank in the SSLC Exam, highlighting her academic excellence. She emerged as the university topper in the postgraduate examination, demonstrating her exceptional knowledge and skills. Her research paper presentations at various conferences and workshops have garnered significant recognition. She received the Best Paper Presentation award at the BSOG CME event in 2002 and the Best Speaker Award at the Safe Motherhood Workshop in Bellary in the same year. In 2003, her paper presented at an Endoscopy Workshop in Coimbatore was recognised as the best. Dr. Shafalika's comprehensive knowledge was evident as she secured first place in the South Zone Quiz on Gynaecology & Contraception. Additionally, she has been honoured with the Shining Star in Healthcare Award by the Deccan Herald Group, highlighting her significant contributions to the field. These awards and recognitions not only showcase Dr. Shafalika's exceptional skills and dedication but also affirm her commitment to

providing excellent care to her patients and advancing the field of gynaecology through research and knowledge sharing. Besides her clinical practice, Dr. Shafalika actively engages in social activities, educating school and college girls and young women on women's health. She is involved in teaching activities and has served as an undergraduate and postgraduate teacher at St. Johns Medical College and Hospital. Her commitment to education extends to training gynaecologists across India and other countries through organisations like BEST, IAGE, and BSOG. Dr. Shafalika is fluent in multiple languages, including Kannada, English, Hindi, Tamil, and Telugu, enabling effective communication with patients from diverse backgrounds. Her passion for women's health and dedication to providing comprehensive care make her a highly sought-after consultant in Yeshwanthpur, Bangalore.

Fellowship & Membership

- Fellowship in Minimally Invasive Gynaecology.
- AAGL
- IAGE
- BSOG
- FOGSI

Field of Expertise

- Minimally Invasive Gynaecology

Languages Spoken

- Kannada
- English
- Hindi

- Tamil
- Telugu

Awards & Achievements

- Rank holder in SSLC Exam.
- University Topper in Postgraduate Exam.
- Best paper presentation – BSOG CME – 2002.
- Best Speaker Award – Safe Motherhood Workshop, Bellary 2002.
- Best paper presentation –Endoscopy workshop, Coimbatore 2003.
- First place in South zone quiz on Gynaecology & contraception.
- Best paper – Gnanvarsha 2011, Bangalore.
- Speaker – International congress on Endoscopy, Bangalore - 2012.
- Chairperson – Just updates – Endoscopy workshop, Mumbai - 2012.
- Best video – Endometriosis workshop, Bangalore.
- Faculty for Endoscopy workshop 2012, 2013, 2014, Bangalore.
- Shining Star in Health care award by Deccan Herald group.

Talks & Publications

- Paper presentation on “pregnancy outcome in post sleeve gastrectomy patients “ endoscopy workshop in Hotel Atria – Bangalore on Feb 23 & 24.
- Paper on “Safety of operative laparoscopy in pregnancy our experience “ iage -2013 hotel Ashoka on May 3, 4 in 2013.
- Paper on “rare presentations of endometriosis “ endometriosis workshop, Bangalore – won first prize.
- Paper on “endometriosis in adolescents & young women

challenges in treatment“ Gyan Varsha 2014, St. John Hospital, Bengaluru, on 13 and 14 September 2014 - won second prize.

- Paper on “atypical presentations in endometriosis” – isge -2014, cochin,12.10.2014.
- Paper on ”Challenges in difficult laparoscopic hysterectomies” – session Aug 2015, Cochin - won first prize.
- Authored a chapter on cardiac complications following Laparoscopy in a book – “Complications of Laparoscopic Surgeries” and numerous Women's Health talks on Radio, Television, Schools, Colleges, Corporate sectors, and Factories to create awareness regarding various women's health issues.
- Dr. Shafalika SB on Conceiving After Myomectomy | India Times.Click Here
- Dr. Shafalika SB on Cervical cancer awareness month: HPV vaccines provide 100% protection if taken prior to first sexual exposure | News 9 Click Here
- Dr. Shafalika SB on Ed Sheeran says wife Cherry developed tumour in pregnancy | know how and why they occur | The Indian ExpressClick Here
- Manipal Hospitals Yeshwanthpur and Hebbal: Dr. Shafalika S B on India’s goal to eradicate cervical cancer by 2030 seems highly improbable: Expert | News 9. Click Here
- Manipal Hospitals Yeshwanthpur and Hebbal: Dr. Shafalika SB on Ovarian Cancer: How do genetic changes drive the majority of the cases? | BW Healthcare world. Click Here
- How to Prevent Cervical Cancer, a Common Problem for Women? Dr. Shafalika gave important information including Vaccination. Click Here
- World Cancer Day: Role of vaccination and early detection in prevention of cervical cancer. Click Here