

DR. MIMI SARAH KURIAKOSE

Consultant – Neurodevelopmental Paediatrics

Qualification

MBBS | MD (Paediatrics)

Overview

Dr. Mimi Sarah Kuriakose is an experienced paediatrician in Yelahanka, Bengaluru. She brings 7 years of clinical experience in neurodevelopmental assessments, behavioural paediatrics, early childhood intervention, and family-centred paediatric care. Dr. Mimi Sarah Kuriakose is currently practising as a Visiting Consultant – Neurodevelopmental Paediatrics at Manipal Hospital, Yelahanka, Bengaluru, where she provides comprehensive, evidence-based care for children with a wide range of developmental delays, behavioural conditions, and neurodiverse needs. Recognised for her empathetic approach and structured therapeutic planning, Dr. Mimi is regarded as one of the best developmental paediatricians in Yelahanka, Bangalore. Dr. Mimi completed her foundational MBBS from Amrita Institute of Medical Sciences, Kochi, followed by an MD in Paediatrics from K.S. Hegde Medical Academy, NITTE University, Mangalore. Driven by a dedicated focus on child development and behavioural healthcare, she completed a prestigious IAP Fellowship in Neurodevelopmental and Behavioural Paediatrics from the Centre for Child Development and Disabilities, Bengaluru. She has pursued extensive specialised clinical

certifications, including ADOS-2 (Autism Diagnostic Observation Schedule) clinical training via the Vanderbilt Kennedy Centre, ADI-R (Autism Diagnostic Interview–Revised), Bayley-4 Certification from Pearson, accredited DASII (Developmental Assessment Scales for Indian Infants) administration, and Paediatric Epilepsy Training (PET-1) with the British Paediatric Neurology Association. At Manipal Hospital Yelahanka, Dr. Mimi Sarah Kuriakose manages a comprehensive neurodevelopmental and behavioural paediatric suite. Her clinical expertise spans Autism Spectrum Disorder (ASD), Attention Deficit Hyperactivity Disorder (ADHD), global developmental delays, learning difficulties, emotional dysregulation, and challenging behaviours in children. As a top child development specialist in Bangalore, she coordinates multidisciplinary care frameworks involving speech therapists, occupational therapists, child psychologists, and special educators to implement tailored early intervention programs, developmental tracking, and functional life skills training. A dedicated researcher and academician, Dr. Mimi was awarded the First Prize at the National Conference of Developmental Paediatrics (2024) for her benchmark research on the impact of sibling welfare programs in neurodevelopmental conditions. She has authored peer-reviewed publications in journals such as the Indian Journal of Developmental and Behavioural Paediatrics and actively served on the faculty and organising committees for major national developmental paediatric conferences. She holds active life memberships across premier professional bodies, including the Indian Academy of Paediatrics (IAP), the Neurodevelopmental Paediatrics Chapter of IAP, the National Neonatology Forum (NNF), and the Indian Medical Association (IMA). Fluent in English and Malayalam, with working proficiency in Hindi and Kannada, Dr. Mimi couples her technical diagnostic precision with a compassionate and parent-focused communication style. She prioritises empowering parents through transparent guidance, proactive developmental monitoring, and dedicated therapeutic pathways for children.

Fellowship & Membership

- IAP Fellowship in Neurodevelopmental and Behavioural Paediatrics – Centre for Child Development and Disabilities, Bengaluru
- ADOS-2 (Vanderbilt Kennedy Centre)
- ADI-R
- Bayley-4 (Pearson)
- DASII (Accredited Administration)
- PET-1 (British Paediatric Neurology Association)

Field of Expertise

- Neurodevelopmental Assessments
- Behavioural Paediatrics
- Early Childhood Intervention
- Autism Spectrum Disorder (ASD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Global Developmental Delays
- Learning Difficulties
- Emotional Dysregulation and Challenging Behaviours
- Family-Centred Paediatric Care

Languages Spoken

- English
- Malayalam
- Hindi
- Kannada

Awards & Achievements

- First Prize, National Conference of Developmental Paediatrics (2024) – for research on the impact of sibling welfare programs in neurodevelopmental conditions

Talks & Publications

- Peer-reviewed publications in the Indian Journal of Developmental and Behavioural Paediatrics
- Faculty and organising committee member for major national developmental paediatric conferences