

DR. ARCHANA M

Consultant – Ophthalmology

Qualification

MBBS | DNB (Ophthalmology) | FICO (Fellow of the International Council of Ophthalmology)

Overview

Dr. Archana M is an established ophthalmologist, vitreo-retinal surgeon, and cataract specialist in Yelahanka, Bengaluru. She brings over 9 years of rich clinical experience in medical and surgical retina, phacoemulsification cataract surgery, comprehensive eye care, and retinopathy of prematurity (ROP) management. Dr. Archana M is currently practising as a Consultant – Ophthalmology at Manipal Hospital, Yelahanka, Bengaluru, where she provides comprehensive, evidence-based surgical and medical care for patients with a wide range of anterior and posterior segment ocular disorders. Recognised for her patient-centred approach and structured treatment philosophy, Dr. Archana is regarded as one of the best ophthalmologists in Yelahanka, Bangalore. Dr. Archana completed her foundational MBBS from A.J. Institute of Medical Sciences, Mangalore, followed by a DNB in Ophthalmology from the world-renowned Aravind Eye Hospital, Pondicherry. To align her clinical skills with global standards, she cleared the prestigious examinations to become a Fellow of the International Council of Ophthalmology (FICO). She further pursued dedicated surgical subspecialty training, completing a long-term

Fellowship in Vitreo-Retina at the Regional Institute of Ophthalmology, Minto Eye Hospital, Bangalore, as well as a Phacoemulsification Fellowship at B.W. Lions Super Speciality Eye Hospital. At Manipal Hospital Yelahanka, Dr. Archana M manages a comprehensive ophthalmic care and surgical suite. Her clinical expertise covers advanced micro-incision cataract surgery (Phacoemulsification and SICS), modern Pars Plana Vitrectomy, retinal detachment repairs, macular hole surgeries, epiretinal membrane peels, and vitreous haemorrhage clearance. She possesses specialised proficiency in medical retina diagnostics, including spectral-domain OCT, Fundus Fluorescein Angiography (FFA), and B-scan ultrasonography, as well as retinal lasers, intravitreal anti-VEGF injections, uveitis care, diabetic retinopathy screening, glaucoma evaluations, ROP screening in high-risk neonatal units, pterygium excision with amniotic membrane grafting, and emergency ocular trauma management. Dr. Archana has actively led community eye health outreach programs, corporate diabetic retinopathy screening drives, and pediatric refractive correction initiatives. She holds lifetime professional memberships in the All India Ophthalmological Society (AIOS), Karnataka Ophthalmic Society (KOS), and Tamil Nadu Ophthalmic Association (TNOA). Fluent in English, Kannada, and Tamil, Dr. Archana couples her technical microsurgical precision with an approachable and clear communication style. She prioritises patient empowerment through detailed diagnostic counselling, preventive eye care education, and dedicated post-operative follow-up care.

Fellowship & Membership

- Fellowship in Vitreo-Retina, Regional Institute of Ophthalmology, Minto Eye Hospital, Bangalore
- Phacoemulsification Fellowship, B.W. Lions Super Speciality Eye Hospital

Field of Expertise

- Medical & Surgical Retina
- Phacoemulsification Cataract Surgery (Phaco & SICS)
- Pars Plana Vitrectomy
- Retinal Detachment Repair
- Macular Hole Surgery
- Epiretinal Membrane Peel
- Vitreous Haemorrhage Clearance
- Spectral-Domain OCT
- FFA
- B-Scan Ultrasonography
- Retinal Lasers
- Intravitreal Anti-VEGF Injections
- Uveitis Care
- Diabetic Retinopathy Screening
- Glaucoma Evaluation
- ROP Screening & Management
- Pterygium Excision with Amniotic Membrane Grafting
- Ocular Trauma Management

Languages Spoken

- English
- Kannada
- Tamil