



## **DR. BHARATH CHHABRIA**

Lead Consultant - Pulmonology and Critical Care

### **Qualification**

MBBS | MD (Internal Medicine) | DM (Pulmonary and Critical Care Medicine)

### **Overview**

Dr. Bharath Chhabria is a trained pulmonologist and critical care specialist in Yelahanka. He is currently practising as a Consultant – Pulmonology and Critical Care at Manipal Hospital Yelahanka, Bangalore, bringing advanced training in respiratory medicine, interventional pulmonology, and intensive care management for complex lung and critical illnesses. Dr. Bharath completed his MBBS from Bangalore Medical College and Research Institute, followed by MD in Internal Medicine from the Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh, where he secured the silver medal as the top performer in the MD Internal Medicine final examination in 2017. He subsequently pursued DM in Pulmonary and Critical Care Medicine from PGIMER, Chandigarh, one of India's leading centres for advanced respiratory and critical care training. His clinical expertise includes the diagnosis and management of pulmonary diseases and respiratory failure, as well as the care of critically ill medical patients requiring invasive and non-invasive ventilation. In intensive care settings, he manages patients with severe respiratory infections, acute respiratory distress syndrome, advanced chronic

obstructive pulmonary disease (COPD), and complex lung conditions requiring continuous monitoring and specialised life-support therapies. His experience in critical care medicine places him among the best pulmonologists in Yelahanka, Bangalore, for advanced respiratory and intensive care management. Dr. Bharath has specialised expertise in interventional pulmonology, a field that combines endoscopic procedures with advanced diagnostic techniques for lung diseases. His procedural skills include diagnostic and therapeutic bronchoscopy, rigid bronchoscopy, and endobronchial ultrasound-guided diagnostics (EBUS). He also performs transbronchial lung cryobiopsy, an advanced diagnostic technique used in evaluating interstitial lung diseases and other complex lung conditions. His work also includes the management of airway disorders such as benign and malignant tracheobronchial stenosis, as well as procedures for the retrieval of tracheobronchial foreign bodies. In addition, he is experienced in evaluating peripheral pulmonary nodules, which often require careful diagnostic investigation to distinguish benign lung lesions from early malignancy. His expertise in bronchoscopic evaluation and airway interventions has established him as one of the best pulmonologists in Yelahanka, Bangalore, for interventional pulmonology procedures. Dr. Bharath is also actively involved in clinical research and academic medicine. His work has been published in several peer-reviewed journals, including The New England Journal of Medicine, Lung India, Clinical Toxicology, Oman Medical Journal, Tropical Doctor, and QJM. His research contributions cover a wide spectrum of respiratory and critical care topics, including ventilatory strategies in COPD exacerbations, pulmonary infections, and rare pulmonary conditions.

### **Field of Expertise**

- Pulmonology & Respiratory Medicine
- Interventional Pulmonology
- Diagnostic & Therapeutic Bronchoscopy (Flexible & Rigid)

- Endobronchial Ultrasound (EBUS)
- Transbronchial Lung Cryobiopsy
- Airway Disease & Tracheobronchial Stenosis Management
- Lung Cancer Diagnosis & Palliative Interventions
- Pleural Disease Management (Thoracocentesis, Pleurodesis, Thoracoscopy)
- Sleep Medicine & Polysomnography
- Critical Care & Mechanical Ventilation (Invasive & Non-invasive)
- Interstitial Lung Diseases & Peripheral Pulmonary Nodule Evaluation

### **Languages Spoken**

- English
- Kannada
- Hindi
- Telugu

### **Awards & Achievements**

- Silver Medal (Topper) in MD Internal Medicine Final Examination (2017).
- Cleared DM Pulmonary & Critical Care Medicine on the first attempt.
- Recognised for academic excellence and clinical training.

### **Talks & Publications**

- Therapeutic plasma exchange in ANCA vasculitis - Indian Journal of Critical Care Medicine.
- Pulmonary lymphangioma and rare respiratory conditions -

European Respiratory Journal.

- Multiple publications in Lung India, QJM, Oman Medical Journal and other indexed journals.
- Randomised controlled trial on ventilation strategies in COPD – Journal of Critical Care (2023).
- Research contributions in tuberculosis, lung cancer, airway diseases, and infectious pulmonary conditions.