

DR. GIRISH KUMAR A M

Consultant – Paediatric Orthopaedics

Qualification

MBBS | MS (Orthopedics) | Fellowship in Paediatric Orthopaedics

Overview

Dr. Girish Kumar A M is a fellowship-trained paediatric orthopaedic surgeon in Yelahanka. He is currently practising as a Consultant – Paediatric Orthopaedics at Manipal Hospital, Yelahanka, bringing over 14 years of orthopaedic experience with focused expertise in congenital, developmental, infectious, and trauma-related musculoskeletal conditions in children. An MBBS graduate from Kempegowda Institute of Medical Sciences, Dr. Girish completed his MS in Orthopaedics from Mysore Medical College & Research Institute in 2010. He subsequently pursued a Rajiv Gandhi University of Health Sciences–recognised Fellowship in Paediatric Orthopaedics at Indira Gandhi Institute of Child Health, Bengaluru, where his clinical work concentrated exclusively on childhood orthopaedic disorders. His clinical expertise spans clubfoot management, deformity correction in children, developmental dysplasia of the hip (DDH), cerebral palsy–related orthopaedic conditions, growth-related disorders, and paediatric trauma management. In clubfoot care, he emphasises staged correction protocols and close monitoring during growth years. In DDH, he focuses on timely diagnosis and age-appropriate

intervention strategies to preserve hip stability and prevent long-term functional compromise. His experience in cerebral palsy orthopaedic management includes assessment of muscle imbalance, contractures, and gait abnormalities, with treatment plans aligned to rehabilitation goals. Dr. Girish has a strong academic interest in paediatric bone and joint infections, particularly neonatal septic arthritis. His research on the changing epidemiology of neonatal septic arthritis reflects a systematic understanding of early detection, prompt intervention, and prevention of growth plate damage. His clinical practice incorporates structured infection management pathways, including early imaging, guided aspiration when indicated, and surgical drainage for septic joints. This focused expertise positions him among the best paediatric orthopaedic surgeons in Yelahanka, Bangalore, for managing complex childhood infections and deformities. Beyond tertiary hospital practice, he has collaborated with NGOs across Karnataka, including the Association for People with Disability (APD), Orione Seva, WARDS, DNA, and outreach programmes in Koppal, Gadag, and Bijapur. These engagements reflect his involvement in early screening, deformity identification, and access-driven paediatric orthopaedic care. His work with community networks supports early intervention, particularly in congenital and neuromuscular conditions where timely correction significantly improves long-term mobility. Dr. Girish provides structured paediatric orthopaedic services encompassing outpatient evaluation, surgical management, trauma care, and infection treatment within a multidisciplinary hospital framework. Dr. Girish communicates fluently in English, Kannada, and Hindi, facilitating clear discussions with children and families from diverse backgrounds. His approach integrates surgical precision with family-centred communication, ensuring that treatment decisions are aligned with developmental milestones and functional outcomes. His depth of training and focused paediatric practice establish him among the best paediatric orthopaedic surgeons in Yelahanka, Bangalore, for comprehensive child-focused orthopaedic management.

Field of Expertise

- Clubfoot Management
- Deformity Correction in Children
- Developmental Dysplasia of the Hip (DDH)
- Cerebral Palsy Orthopaedic Management
- Paediatric Bone and Joint Infections
- Neonatal Septic Arthritis
- Paediatric Trauma Management
- Growth-related Orthopaedic Disorders

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- Research On Changing Epidemiology In Neonatal Septic Arthritis
- Participation In Paediatric Orthopaedic Academic Programs And Case Discussions