



## **DR. PREKSHA VIJAY**

Consultant – Paediatric Orthopaedics

### **Qualification**

MBBS | MS (Orthopaedics) | Fellowship in Paediatric Orthopaedics

### **Overview**

Dr. Preksha Vijay is a fellowship-trained paediatric orthopaedic surgeon in Yelahanka. She is currently practising as a Consultant – Paediatric Orthopaedics at Manipal Hospital, Yelahanka, bringing focused expertise in managing congenital, developmental, neuromuscular, and traumatic musculoskeletal conditions in children. An MBBS graduate with an MS in Orthopaedics from Rajiv Gandhi University of Health Sciences, Bengaluru, Dr. Preksha refined her focus on children's musculoskeletal health through a dedicated fellowship in Paediatric Orthopaedics at Orthokids Clinic, Ahmedabad. During this period, she worked extensively on structured deformity correction programmes and child-specific surgical planning, gaining hands-on experience across congenital limb deformities, hip disorders such as DDH and Perthes disease, neuromuscular conditions including cerebral palsy, and complex brachial plexus injuries. Her clinical approach integrates careful deformity assessment, structured follow-up protocols, and early functional rehabilitation. In clubfoot and congenital foot deformities, she focuses on timely diagnosis and staged correction to optimise gait development. In cerebral palsy orthopaedic management, she works

within a multidisciplinary framework, aligning surgical decision-making with neurology, physiotherapy, and rehabilitation services to improve mobility and long-term functional independence. Her work in DDH and Perthes disease reflects careful radiological evaluation and age-appropriate intervention planning. Dr. Preksha has also managed paediatric trauma cases, including fracture care, closed reductions, K-wire fixation, intramedullary nailing, and external fixation where indicated. Her experience extends to assisting in minimally invasive orthopaedic procedures and complex reconstructions. She has independently managed outpatient orthopaedic services and emergency cases, ensuring timely assessment and stabilisation in acute settings. Her focused paediatric subspecialty exposure positions her among the best paediatric orthopaedic surgeons in Yelahanka, Bangalore, for comprehensive childhood musculoskeletal care. Academically inclined, she has authored peer-reviewed publications and delivered presentations at national conferences. She has served as a committee member in professional conferences, including POSICON 2025, and is a member of the Paediatric Orthopaedic Society of India (POSI). As a core member of INWOKE (Integrated Network of Women Orthopaedic Surgeons of Karnataka for Empowerment), she actively participates in initiatives promoting professional collaboration and academic advancement within orthopaedics. Dr. Preksha communicates fluently in English, Hindi, Gujarati, and Kannada, facilitating clear interaction with children and their families across diverse backgrounds. At Manipal Hospital, Yelahanka, Dr. Preksha provides hospital-based paediatric orthopaedic services covering trauma, congenital deformities, neuromuscular conditions, infections, and complex limb disorders. Her structured surgical training, subspecialty fellowship exposure, and commitment to evidence-based paediatric care establish her among the best paediatric orthopaedic surgeons in Yelahanka, Bangalore, for comprehensive child-focused orthopaedic management.

### **Field of Expertise**

- Paediatric Trauma
- Clubfoot & Congenital Foot Deformities
- Cerebral Palsy Orthopedic Management
- Developmental Dysplasia of the Hip (DDH)
- Perthes Disease
- Brachial Plexus & Nerve-related Injuries
- Orthopedic Infection Management (Septic Joints, Osteomyelitis)

### **Languages Spoken**

- English
- Hindi
- Gujarati
- Kannada