

DR. SANJAI N.

Associate Consultant - Pulmonology

Qualification

MBBS | MD (Respiratory Medicine) | European Diplomate in Adult Respiratory Medicine | Fellowship in Interventional Pulmonology & Respiratory Critical Care

Overview

Dr. Sanjai N is a highly accomplished and clinically astute pulmonologist in Yelahanka. He is currently practising as an Associate Consultant – Pulmonology at Manipal Hospital Yelahanka, Bangalore, with over four years of focused experience in interventional pulmonology, advanced bronchoscopy, and respiratory critical care. Dr. Sanjai completed his MD in Respiratory Medicine from Kasturba Medical College, Manipal. He further strengthened his expertise with a Fellowship in Interventional Pulmonology and Respiratory Critical Care. His international academic distinction includes earning the European Diploma in Adult Respiratory Medicine (EDARM), reflecting adherence to global standards in pulmonary care. He also underwent training in advanced airway interventions under Dr Hervé Dutau, Marseille, France. His clinical practice spans comprehensive management of airway, parenchymal, pleural, and critical respiratory disorders. He has extensive hands-on experience in flexible and rigid bronchoscopy, including EBUS-TBNA, cryobiopsy, tumour debulking, airway stenting, balloon dilatation, bronchoscopic lung volume reduction, and foreign

body removal. His expertise in pleural interventions includes indwelling pleural catheter placement, pleurodesis, and medical thoracoscopy with pleural biopsy. In the ICU setting, he manages ARDS, severe pneumonia, respiratory failure, and ventilator strategies. At Manipal Hospital Yelahanka, Dr. Sanjai plays an integral role in evaluating complex respiratory illnesses such as COPD, severe asthma, interstitial lung disease, tuberculosis, and pneumonia in immunocompromised patients. His approach is structured and evidence-driven, combining detailed clinical assessment with advanced imaging, bronchoscopy, and ultrasound-guided interventions. Patients requiring specialised airway procedures or critical respiratory support often regard him among the best pulmonologists in Yelahanka for advanced bronchoscopic and ICU-based respiratory management. He is an active member of the Indian Chest Society (ICS), the European Respiratory Society (ERS), and the American College of Chest Physicians (CHEST). His academic contributions include research on pulmonary rehabilitation in COVID-19 patients published in Critical Reviews in Physical and Rehabilitation Medicine and case presentations in the European Respiratory Journal. He has also presented clinico-radiological studies on interstitial lung disease at national conferences. Dr. Sanjai’s consultations are defined by clarity, precision in diagnosis, and steady communication, particularly when guiding patients and families through complex respiratory conditions or ICU admissions. His ability to integrate advanced procedures with compassionate bedside care strengthens respiratory services at Manipal Hospital Yelahanka.

Fellowship & Membership

- Indian Chest Society (ICS)
- European Respiratory Society (ERS)
- American College of Chest Physicians (CHEST)

Field of Expertise

- Pulmonology & Respiratory Medicine
- Asthma & Chronic Obstructive Pulmonary Disease (COPD)
- Interstitial Lung Diseases (ILD)
- Pulmonary & Pleural Infections
- Diagnostic Bronchoscopy
- Pleural Procedures (Thoracentesis, Chest Tube Assistance)
- Sleep-Related Breathing Disorders
- Respiratory Critical Care
- Management of Acute & Chronic Respiratory Failure

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Awarded the European Diploma in Adult Respiratory Medicine (EDARM)
- Active participation in national and international pulmonology conferences
- Recognised for academic and clinical contributions during training

Talks & Publications

- A review of pulmonary rehabilitation in patients with COVID-19. Critical Reviews in Physical and Rehabilitation Medicine. 2020.

doi:10.1615/CritRevPhysRehabilMed.202036542

- A rare case of pulmonary lymphangioma. European Respiratory Journal. 2023; doi: 10.1183/13993003.congress-2023.PA339
- Clinico-radiological profile of ILD in a tertiary care centre in coastal India- NAPCON 2020
- A discrete pancreatic pseudocyst presenting as recurrent pleural effusion – NAPCON 2020