

DR. JAYALAKSHMI K

Consultant - Paediatric Gastroenterology

Qualification

MBBS | MD (Paediatrics) | Fellowship in Pediatric Gastroenterology

Overview

Dr. Jayalakshmi K is a dedicated paediatric gastroenterologist in Yelahanka. She is currently practising as a Consultant – Paediatric Gastroenterology at Manipal Hospital Yelahanka, Bangalore, with over 12 years of clinical experience in managing complex gastrointestinal, hepatic, and nutritional disorders in infants, children, and adolescents. Dr. Jayalakshmi's clinical practice is shaped by structured subspecialty training and sustained exposure to high-acuity paediatric gastroenterology services. She completed her MBBS from Ambedkar Medical College, followed by an MD in Paediatrics from the Indira Gandhi Institute of Child Health, Bangalore. Her interest in gastrointestinal diseases led her to pursue a PDCC in Paediatric Gastroenterology at Sanjay Gandhi Post Graduate Institute of Medical Sciences (SGPGI), Lucknow, one of India's foremost referral centres for advanced paediatric GI care. She subsequently worked for over two and a half years within the Department of Paediatric Gastroenterology at SGPGI, gaining experience in complex clinical decision-making, advanced endoscopy, and translational research. Her clinical expertise includes inflammatory bowel disease in children, particularly very early

onset IBD and monogenic gastrointestinal disorders, areas that demand careful diagnostic evaluation, genetic correlation, and long-term multidisciplinary care. She routinely manages children with chronic abdominal pain, malabsorption syndromes, chronic diarrhoea, gastrointestinal bleeding, and nutritional failure, with a strong emphasis on evidence-based protocols and continuity of care. Dr. Jayalakshmi has a strong academic orientation and remains actively engaged in research and professional education. Her published work on monogenic causes of very early onset IBD has contributed to evolving diagnostic approaches in paediatric gastroenterology, including a peer-reviewed publication highlighting experiences from a tertiary care centre in North India. She was awarded first prize at the 5th National Conference of ISPID for her paper on the etiological spectrum of monogenic VEOIBD, reflecting both academic depth and clinical relevance. Beyond publications, she regularly contributes as faculty at national and regional scientific forums, including ISPGHAN mid-term and national conferences, paediatric gastroenterology symposia, and focused liver disease meetings. These engagements reflect her role in translating subspecialty knowledge into wider clinical practice. She is a member of ISPGHAN, the Indian Academy of Pediatrics, and the Indian Medical Association, ensuring alignment with current guidelines and collaborative standards of care. At Manipal Hospital Yelahanka, Dr. Jayalakshmi plays an integral role in delivering structured paediatric gastroenterology services, coordinating multidisciplinary care, and supporting families through chronic and often lifelong gastrointestinal conditions. Her approach balances clinical clarity with reassurance, ensuring that parents understand disease processes, treatment pathways, and long-term expectations. This consistency, combined with her subspecialty training, places her among the best paediatric gastroenterologists in Yelahanka for children requiring advanced, thoughtful, and sustained gastrointestinal care.

Fellowship & Membership

- PDCC – Paediatric Gastroenterology, SGPGI, Lucknow
- ISPGHAN – Indian Society of Pediatric Gastroenterology, Hepatology and Nutrition
- IAP – Indian Academy of Pediatrics
- IMA – Indian Medical Association

Field of Expertise

- Paediatric Gastroenterology
- Inflammatory Bowel Disease (IBD), including VEO-IBD
- Paediatric Endoscopy (Diagnostic & Therapeutic)
- Monogenic Gastrointestinal Disorders
- Chronic abdominal pain, diarrhoea, constipation
- Malabsorption syndromes & nutritional disorders
- Liver diseases and hepatobiliary conditions in children

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- First Prize – Paper Presentation
- Etiological Spectrum of Monogenic VEO-IBD
- 5th National Conference of ISPID, March 2021
- Recognised for contributions to paediatric GI research and education

Talks & Publications

- Higher Prevalence of Monogenic Cause Among Very Early Onset IBD in Children: Experience from a Tertiary Care Center from North India – IBD Journal, January 2023
- Etiological Evaluation of Children with Global Developmental Delay – Indian Journal of Pediatrics, 2019
- Clinical Profile of Neurocutaneous Syndrome in Children – Award Paper Presentation, State PEDICON 2015
- Resurgence of Diphtheria in Children – National PEDICON 2017
- Endoscopic Sclerotherapy in Children – Video Presentation, ISPGHAN 2019, Chennai