



DR. VIJAY H D KAMATH

Consultant- Spine Surgery

Qualification

MBBS | MS (Orthopaedics) | FNBE (Spine Surgery) | Fellowship in Spine Deformity Surgery

Overview

Dr. Vijay H. D. Kamath is a distinguished Senior Consultant in Spine Surgery at Manipal Hospital, Yelahanka. Widely regarded as one of India's leading spine specialists, he is renowned for managing complex spinal disorders in both pediatric and adult patients using advanced, evidence-based surgical techniques. His practice is guided by a strong commitment to compassionate, patient-centric care, with a clear focus on improving patients' quality of life. He completed his MBBS and MS in Orthopedics at St. John's Medical College, Bengaluru, and underwent advanced spine training at Ganga Hospital, Coimbatore, one of India's premier spine centres. He further enhanced his expertise through a Fellowship in Advanced Spine Surgery and Deformity Correction at the University of Hong Kong, gaining extensive international experience in complex spinal deformity correction, pediatric spine surgery, and modern navigation-assisted techniques. Dr. Kamath's areas of specialization include endoscopic and minimally invasive spine surgery, spinal deformity (Scoliosis, Kyphosis) correction and complex cervical and thoracolumbar procedures for infections, tumors, fractures and degenerative conditions. He has pioneered an innovative approach in

revision spine surgery. He has authored numerous publications in peer-reviewed national and international journals and has contributed to several textbooks and monographs. He is a sought-after faculty member at CMEs, national and international conferences, and operative spine surgery courses. He has held senior clinical and leadership positions at leading institutions, including Bangalore Baptist Hospital, where he served as Head of the Department of Orthopedics and Spine Surgery for six years. Beyond his clinical practice, he has made significant contributions to postgraduate education, hospital operations, and infrastructure planning, with a strong focus on patient comfort and quality care. At Manipal Hospital, Yelahanka, Dr. Kamath offers comprehensive spine care to patients from North Bengaluru, delivering personalized treatment plans that emphasize safety, durable outcomes, and improved quality of life.

Fellowship & Membership

- Association of Spine Surgeons of India (ASSI) – Member
- AO Spine International – Trained Faculty
- SICOT – International Society of Orthopaedic Surgery & Traumatology
- Karnataka Orthopaedic Association – Member

Field of Expertise

- Endoscopic (Keyhole) & Micro-Endoscopic Spine Surgery (MED)
- Minimally Invasive Spine Surgery (MISS)
- Computer-Navigated Spine Surgery
- Anterior & Posterior Cervical Decompression and Fusion
- Scoliosis & Kyphosis Deformity Correction (Paediatric & Adult)
- Spinal Infections & Fractures (360° fusion techniques)
- Spinal Tumour Surgery (Extradural)

- Osteoporotic Fractures – Vertebroplasty, Kyphoplasty, Cement-augmented Fixation
- Complex Revision Spine Surgery

Languages Spoken

- English
- Hindi
- Kannada
- Tamil
- Telegu
- Malayalam

Awards & Achievements

- ASSI Young Investigator Award (2010) – Association of Spine Surgeons of India.
- ISSLS Award (2010) – International Society for the Study of the Lumbar Spine.
- Gold Medal – Best Paper Presentation, International Conference on Spinal Deformities, New Delhi (2007).
- Visiting Professor to Okayama Rosi Hospital in Japan in 2019.
- Former Head of Department – Orthopaedics & Spine Surgery, Bangalore Baptist Hospital.

Talks & Publications

- Multiple publications in the European Spine Journal, Spine, BMC Musculoskeletal Disorders, Indian Journal of Orthopaedics.
- Authored chapters in: ASSI Textbook on Spinal Injuries.
- Authored chapters in: Mercer's Textbook of Orthopaedics.

- Authored chapters in: Postgraduate Textbook of Paediatrics.
- Key editorial contributor – Ganga Video Atlas of Spine Surgery (55 surgical videos).
- Numerous invited faculty lectures at ASSICON, SICOT, ICS, AO Spine, Ganga Operative Spine Courses, and international spine conferences.