



## **DR. HARISH KUMAR**

Lead Consultant - Paediatrics and Paediatric & Neonatal Intensivist

### **Qualification**

MBBS | MD (Paediatrics) | FIAP in PICU (IAP-ISCCM) | PGPN

### **Overview**

Dr. Harish Kumar is a highly skilled Paediatrician in Yelahanka. He is currently practising as a Senior Consultant – Paediatrics and Paediatric & Neonatal Intensive Care, and Head of Department (Pediatrics) at Manipal Hospital Yelahanka, Bangalore, bringing over two decades of comprehensive experience in caring for newborns, infants, and children with both routine and complex medical needs. Recognised as one of the best paediatricians in Yelahanka, he combines clinical excellence, advanced training, and a deeply compassionate approach to ensure holistic care for children and their families. Dr. Harish Kumar's academic and professional journey is marked by prestigious training and extensive clinical exposure. After completing his MBBS and MD in Pediatrics, he pursued a Fellowship in Paediatric Intensive Care (FIAP – IAP & ISCCM), equipping him with specialised expertise in handling life-threatening paediatric emergencies, advanced ventilatory support, and multisystem critical care. His commitment to comprehensive child health led him to further pursue a Post-Graduation in Pediatric Nutrition (PGPN) from Boston University, USA, strengthening his proficiency in nutritional medicine, lifestyle

management, and long-term paediatric health optimisation. At Manipal Hospital Yelahanka, Dr. Harish heads the Paediatrics and Paediatric Intensive Care services, managing one of the most dynamic and well-coordinated paediatric teams. His expertise encompasses general paediatrics, neonatal and paediatric intensive care, paediatric nutrition, respiratory support, sepsis management, paediatric emergencies, and chronic illness management. Known for his exceptional ability to handle critically ill children, he has successfully managed complex cases in the Paediatric and Neonatal Intensive Care Units (PICU and NICU), including organ dysfunction, severe infections, metabolic disorders, and immune deficiencies successfully. With his advanced training and leadership, he is widely trusted as one of the best paediatric intensivists in Yelahanka, particularly for his calm, precise, and decision-driven approach during paediatric emergency situations. Dr. Harish is also deeply committed to academic medicine. He is an active member of the Indian Academy of Pediatrics, the IAP Critical Care Chapter, the Indian Medical Association, and the Bangalore Pediatric Society. He regularly serves as faculty at various national, state, and institutional conferences, where he contributes to workshops, protocol training, and intensive care case discussions. He has authored multiple research papers, textbook chapters, and clinical protocols, with notable contributions in the fields of paediatric immunology, COVID-related MIS-C, respiratory illnesses, and insulin resistance in children. What makes Dr. Harish stand out is not just clinical competence, but his empathetic communication style, ability to counsel parents effectively, and dedication to community awareness. He actively engages in child health awareness programs, teacher and parent workshops, and child safety initiatives. His pragmatic and calm leadership in crisis situations has earned him admiration from both his medical teams and caregivers. Dr. Harish is passionate about building a child- and parent-centric healthcare model—one that blends medical excellence with emotional support, nutritional counselling, lifestyle modifications, and family education. His vision aligns with

strengthening paediatric critical care standards, nurturing well-trained teams, and ensuring that every child receives personalised and compassionate care. His unwavering commitment to children's health, coupled with his wide-ranging expertise, has established him as one of the most trusted and best paediatricians in Yelahanka, providing world-class paediatric and intensive care at Manipal Hospital Yelahanka.

### **Fellowship & Membership**

- Fellowship in Paediatric Intensive Care (FIAP – IAP/ISCCM)
- Member – Indian Academy of Pediatrics (IAP)
- Member – Indian Medical Association (IMA)
- Member – IAP Critical Care Chapter (Indian Society of Critical Care Pediatrics)
- Member – Bangalore Pediatric Society (BPS)

### **Field of Expertise**

- Paediatric Intensive Care (Picu)
- Neonatal Intensive Care (Nicu)
- Advanced Paediatric Emergency Care
- Mechanical Ventilation & Invasive Monitoring
- Paediatric Procedural Skills
- Management Of Critically Ill Neonates And Children
- Paediatric Nutrition & Lifestyle Medicine
- Training Of Residents And Nursing Staff
- Preventive Paediatrics & Community Child Health

### **Languages Spoken**

- English
- Kannada

- Hindi
- Telugu

### **Awards & Achievements**

- Regular Faculty At International, National, And State Paediatric Conferences
- Conducted Multiple Hands-on Workshops In Paediatrics And Paediatric Intensive Care
- Recognised For Leadership In Building And Managing Paediatric Icu Services
- Active Contributor To Paediatric Education And Training Programs

### **Talks & Publications**

- Contributed A Chapter In “iap Protocols For Practising Paediatricians – 2019”
- Author Of Iap Textbook Chapters And Iap Teaching Modules
- Study Of Carbon Particles In Sputum And Its Correlation With Prevalence Of Respiratory Problems In Children Exposed To Environmental Smoke – One-year Cross-sectional Study Under Dr. V. D. Patil, Published In European Respiratory Review (2008; 17:107, 20-21)
- P-misc Case Series – Journal Of Clinical And Diagnostic Research, September 2021 (Vol. 15, Issue 9)
- Clinical Profile Of Hyper Ige Syndromes, Wiskott-aldrich Syndrome, And Chronic Granulomatous Disease In India – Frontiers In Immunology (2021)
- Correlation Of Obesity And Overweight In Children With Insulin Resistance Based On Homa-ir Score – Open Journal Of Pediatrics And Child Health (September 2023)

