



DR. ANJU NAMASHIVAYA

Consultant - Fetal Medicine

Qualification

MBBS | FRCOG (UK) | MRCOG (UK) | DRCOG (UK) | DFSRH (UK) |
Fellowship in Fetal Medicine | Diploma in Maternal Fetal Medicine and
Obstetrical care

Overview

Dr. Anju Namashivaya is a dedicated fetal medicine specialist in Yelahanka. She is currently practising as a Consultant – Fetal Medicine at Manipal Hospital Yelahanka, Bangalore, with over 12 years of focused clinical experience in prenatal diagnosis, fetal imaging, and high-risk pregnancy care. Dr. Namashivaya’s practice is centred on advanced fetal assessment and structured antenatal decision-making, supporting families through complex and emotionally sensitive stages of pregnancy. Her work spans the full spectrum of fetal medicine, including first-, second-, and third-trimester fetal scans, detailed anomaly scans, fetal echocardiography, and neurosonography. She is closely involved in the evaluation and longitudinal monitoring of fetal growth restriction, preeclampsia risk, and placental insufficiency, ensuring timely interventions and coordinated obstetric planning. Her academic foundation includes an MBBS from Bangalore Medical College, followed by extensive postgraduate training through the Royal College of Obstetricians and Gynaecologists in the United Kingdom. She holds MRCOG, FRCOG, DRCOG, and DFSRH qualifications, along

with a Fellowship in Fetal Medicine and a postgraduate diploma in Maternal Fetal Medicine from Germany. A significant part of her expertise lies in prenatal screening and diagnosis. Dr. Namashivaya provides detailed counselling for chromosomal and genetic abnormalities, integrating ultrasound findings with biochemical screening, non-invasive prenatal testing, and invasive diagnostic procedures such as chorionic villus sampling and amniocentesis. Dr. Namashivaya has extensive experience in managing multiple pregnancies, including monochorionic twins and higher-order gestations. She is involved in early risk stratification, surveillance for twin-to-twin transfusion syndrome, cervical length assessment, and preterm labour screening. Her clinical role often extends beyond diagnostics into multidisciplinary coordination with obstetricians, neonatologists, geneticists, and paediatric subspecialists to ensure continuity of care before and after delivery. This breadth of involvement has established her as one of the best fetal medicine specialists in Yelahanka for structured, evidence-led prenatal care. At Manipal Hospital Yelahanka, Dr. Namashivaya plays an integral role in delivering specialised fetal diagnostics, detailed counselling, and coordinated care for high-risk pregnancies. Her clinical approach is marked by precision in imaging, balanced clinical judgement, and a calm, reassuring manner that helps families navigate complex prenatal decisions with confidence. She communicates fluently in English, Kannada, and Hindi, allowing patients to discuss sensitive concerns comfortably and ensuring clarity, trust, and continuity throughout the course of care.

Fellowship & Membership

- Fellowship in Fetal Medicine – Bangalore Fetal Medicine Centre
- FRCOG / MRCOG / DRCOG / DFSRH – Royal College of Obstetricians & Gynaecologists, UK
- Member – Fetal Medicine Foundation (FMF), London (FMF ID:

97552)

- Member – International Society of Ultrasound in Obstetrics & Gynaecology (ISUOG)
- Member – Society of Fetal Medicine, India
- Member – British Maternal & Fetal Medicine Society
- Member – Bangalore Society of Obstetrics & Gynaecology
- Registered with GMC (UK) and Karnataka Medical Council (India)

Field of Expertise

- Comprehensive fetal scans – all trimesters
- Advanced fetal imaging: Fetal Echo & Neurosonogram
- Prenatal screening & diagnosis of chromosomal abnormalities
- Genetic sonogram & detailed fetal anomaly scans
- High-risk pregnancy management
- Fetal growth restriction – diagnosis & management
- Pre-eclampsia risk assessment & counselling
- Multiple pregnancy management (MCDA, TTTS follow-up)
- Preterm labour & cervical length screening
- Prenatal invasive & non-invasive testing
- Fetal reduction & amnio-drainage
- Counselling for bad obstetric history
- Medical genetics & genetic counselling

Languages Spoken

- English
- Kannada
- Hindi
- Sindhi
- Tamil

- Telugu

Awards & Achievements

- FRCOG (UK) – Prestigious fellowship awarded for professional excellence
- Prize-Winning Paper – Myasthenia Gravis in Pregnancy, BSOG, India
- 2nd Place – ISUOG, New Delhi for papers on congenital diaphragmatic hernia and cerebral ventriculomegaly
- Poster presentation at FMF World Congress, Nice, France
- Multiple peer-reviewed publications in Perinatology Journal, India
- Faculty participation in fetal medicine training, audits, and quality improvement projects in the UK NHS
- Led audit and protocol update projects on emergency obstetric services and maternal HDU admission criteria in the UK"

Talks & Publications

- Poster Presentation – SpROG Conference, Bournemouth, UK (June 2010)
- Paper Presentation – BSOG Conference, India (Prize-Winning Paper) (September 2008)
- Poster Presentation – SpROG Conference, Bournemouth, UK (June 2010)
- Outcome of Fetuses with Congenital Diaphragmatic Hernia
- Paper Presentation – ISUOG Conference, New Delhi, India (2nd Place) (June 2012)
- Published in Perinatology Journal, India
- Outcome of Fetuses with Cerebral Ventriculomegaly
- Poster Presentation – ISUOG Conference, New Delhi, India (2nd

Place) (June 2012)

- Published in Perinatology Journal, India
- Outcome of Fetuses with Cardiac Rhabdomyoma
- Poster Presentation - FMF World Congress, Nice, France (June 2014)
- Presentation - Medical Genetics, SGPGI, Lucknow (August 2022)