

DR. SUPRAJA VASU

Consultant - Neurology

Qualification

MBBS | MD (Internal Medicine) | DrNB (Neurology)

Overview

Dr. Supraja Vasu is a highly skilled neurologist in Yelahanka. She is currently practising as a Consultant – Neurology at Manipal Hospital Yelahanka, Bangalore, with focused expertise in the diagnosis, treatment, and long-term management of complex neurological disorders across outpatient, inpatient, emergency, and intensive care settings. Dr. Supraja Vasu is recognised for her structured clinical thinking and calm, methodical approach to neurological care. Her practice is rooted in careful history-taking, detailed neurological examination, and evidence-based investigations. Patients presenting with neurological symptoms often require clarity and reassurance, and she places strong emphasis on explaining conditions in simple terms while outlining realistic treatment goals. This approach has made her a trusted choice for those seeking the best neurologist in Yelahanka for both acute and chronic neurological conditions. Her core expertise spans a wide spectrum of neurological disorders, including stroke, epilepsy, headache disorders, neuromuscular diseases, peripheral neuropathies, movement disorders, demyelinating conditions, and autoimmune neurological illnesses. She is experienced in managing

acute neurological emergencies such as ischemic stroke, status epilepticus, and altered sensorium, where timely decision-making is critical. Her involvement in thrombolysis protocols for acute stroke reflects her strong grounding in emergency neurology and critical care pathways. Dr. Supraja Vasu has advanced technical proficiency in neurodiagnostic procedures. She is skilled in interpreting adult and paediatric EEGs, performing and analysing nerve conduction studies, and working with electromyography findings to localise and characterise neuromuscular disorders. Her expertise also includes therapeutic interventions such as botulinum toxin administration for selected neurological indications. These procedural skills allow her to offer comprehensive neurological evaluation under one clinical framework, rather than fragmented care. In the outpatient setting, she manages patients with chronic neurological conditions that require long-term follow-up and personalised care plans. These include epilepsy management with rational drug selection, migraine and chronic headache syndromes, neuropathic pain, and immune-mediated neuropathies. She carefully balances symptom control with medication safety, monitoring for side effects and adjusting therapy based on patient response and lifestyle needs. This continuity of care is particularly valued by patients searching for the best neurologist in Yelahanka for sustained neurological support. Her background in internal medicine strengthens her ability to manage neurological disorders in patients with multiple medical conditions. Many neurological illnesses coexist with metabolic, cardiac, or autoimmune diseases, and Dr. Supraja Vasu integrates systemic health considerations into neurological decision-making. This holistic perspective is especially important in elderly patients and those with complex comorbidities. Dr. Supraja Vasu is also actively involved in clinical teaching and academic activities. She has experience training postgraduate residents through bedside teaching and case discussions, reinforcing structured neurological reasoning and ethical clinical practice. Her academic engagement keeps her aligned with current

neurological guidelines and evolving treatment protocols, which directly benefits patient care. Research and academic presentations form another pillar of her professional profile. She has presented case reports and clinical observations at national and international neurology and medicine conferences. These presentations reflect her interest in uncommon neurological presentations, diagnostic challenges, and emerging disease patterns. Such academic exposure sharpens her diagnostic accuracy and keeps her practice updated with current scientific discourse. Within Manipal Hospital Yelahanka, Dr. Supraja Vasu works closely with multidisciplinary teams, including emergency physicians, intensivists, radiologists, and rehabilitation specialists. This collaborative approach ensures seamless care for patients requiring acute intervention, inpatient management, and post-discharge rehabilitation. Neurological recovery often extends beyond hospitalisation, and she places importance on follow-up planning and patient education. What distinguishes Dr. Supraja Vasu is her empathetic yet clear communication style. Neurological diagnoses can be overwhelming, and she ensures patients and families understand the condition, prognosis, and treatment plan without unnecessary alarm. She advocates realistic expectations while remaining proactive in exploring therapeutic options. This balance of compassion and clinical clarity has contributed to her growing reputation as the Best neurologist in Yelahanka for patient-centred neurological care. Her practice reflects a commitment to precision, safety, and dignity in neurological treatment. Whether managing emergencies, chronic disorders, or diagnostic dilemmas, Dr. Supraja Vasu delivers care that is structured, thoughtful, and aligned with best clinical standards.

Field of Expertise

- Stroke care & acute stroke thrombolysis
- Epilepsy & seizure disorders
- Headache & migraine management

- Peripheral neuropathies & neuromuscular disorders
- Movement disorders
- Demyelinating disorders (CIDP, MS spectrum)
- Neuro-immunological disorders
- EEG interpretation (adult & paediatric)
- Nerve Conduction Studies (NCV) & EMG
- Botulinum toxin therapy
- Neurological emergencies & ICU neurology"

Languages Spoken

- English
- Hindi
- Tamil
- Kannada

Talks & Publications

- World Neurosciences Summit IV (2024) – Neurofascin-186 Case Report
- IANCON 2023 – Atypical CIDP Case Report
- APICON 2019 – Autoimmune & cardiac-neurology overlap cases
- TAPICON 2018 – Atypical Tuberous Sclerosis presentation"