

DR. B. R. MAHESH KUMAR

Consultant - General and Laparoscopic Surgeon

Qualification

MBBS | MS (General Surgery)

Overview

Dr. B. R. Mahesh Kumar is a seasoned general and laparoscopic surgeon in Yelahanka. He is currently practising as a Consultant – General & Laparoscopic Surgery at Manipal Hospital Yelahanka, Bangalore, with over 25 years of surgical experience across elective, emergency, and minimally invasive procedures. Dr. Mahesh Kumar's clinical journey reflects steady progression through high-volume surgical units and long-term consultant roles at some of Bengaluru's most established hospitals. He completed his MBBS at Sri Devraj Urs Medical College, Kolar, followed by an MS in General Surgery from M. S. Ramaiah Medical College. His postgraduate training and early residency years exposed him to a wide spectrum of acute and complex surgical conditions, shaping a practice rooted in sound judgement, anatomical precision, and operative safety. His core expertise lies in general surgery and laparoscopic procedures, including gallbladder surgery, hernia repairs, appendectomy, gastrointestinal surgeries, and soft tissue procedures. Over the years, he has developed consistent proficiency in minimally invasive techniques, allowing for reduced hospital stay, faster recovery, and predictable outcomes. His

experience across both open and laparoscopic approaches enables balanced decision-making, particularly in patients with prior surgeries or medical co-morbidities. Dr. Mahesh Kumar has spent more than a decade as a senior consultant at reputable hospitals, where he independently managed a high caseload of general surgical patients. In parallel, his association with multiple tertiary centres has allowed him to handle diverse surgical presentations ranging from routine elective care to time-sensitive emergencies. This breadth of exposure contributes to his reputation as one of the best general surgeons in Yelahanka for structured, dependable surgical care. Beyond clinical work, Dr. Mahesh Kumar has maintained a strong academic presence. He served as a DNB teacher for over a decade, mentoring postgraduate trainees in operative techniques, perioperative planning, and ethical surgical practice. He has also worked as an Assistant Professor of Surgery, contributing to undergraduate and postgraduate medical education. His teaching roles reflect a commitment to disciplined surgical training and knowledge transfer. At Manipal Hospital Yelahanka, Dr. Mahesh Kumar focuses on consultations, surgical planning, and follow-up care, ensuring continuity across the treatment journey. His approach is deliberate and patient-oriented; he prioritises clear explanations, realistic expectations, and informed consent. Patients often value his calm manner, especially when navigating surgical decisions that require careful timing and preparation. His long-standing clinical experience, consistent surgical outcomes, and balanced approach to minimally invasive and open surgery continue to place him among the best general surgeons in Yelahanka for patients seeking dependable, experience-led care.

Fellowship & Membership

- Life Member – Association of Surgeons of India (ASI)
- Member – Indian Medical Association (IMA)
- Member – Indian Association of Gastrointestinal Endosurgeons

(IAGES)

Field of Expertise

- Laparoscopic surgery (cholecystectomy, hernia repair)
- Emergency general surgery
- Colorectal & upper GI procedures
- Hernia & abdominal wall repair
- Appendectomy & gallbladder surgery
- Trauma & emergency laparotomies
- Minor surgical procedures

Languages Spoken

- English
- Kannada
- Hindi