



DR. SUPRIYA YADAV B N

Consultant - Internal Medicine

Qualification

MBBS | MD | CCEBDM (diabetes)

Overview

Dr. Supriya Yadav B N is a meticulous and patient-focused internal medicine physician in Yelahanka. She is currently practising as a Consultant - Internal Medicine at Manipal Hospitals Yelahanka, Bangalore, with comprehensive experience in managing acute, chronic, and complex medical conditions. She specialises in evidence-based care across Diabetes, Hypertension, Cardiology, Neurology, Gastroenterology, Infectious Diseases, and Critical Care. Her clinical practice is rooted in structured evaluation, evidence-based decision-making, and continuity of care. She completed her MBBS from Vydehi Institute of Medical Sciences and later pursued her MD in Internal Medicine from KBN Institute of Medical Sciences. To strengthen her expertise in metabolic care, she undertook the Certificate Course in Evidence-Based Diabetes Management (CCEBDM) from the Public Health Foundation of India. Her academic foundation is complemented by focused training in cardiology at Sri Jayadeva Institute of Cardiovascular Sciences and neurology at NIMHANS, equipping her to confidently handle cardiac, neurological, and critical care scenarios. Her balanced and methodical approach to metabolic and

cardiovascular risk reduction has led many patients to consider her among the best physicians in Yelahanka for diabetes, hypertension, and lifestyle-related disorders. Rather than symptomatic relief alone, she emphasises long-term disease control, medication optimisation, and patient education. Her consultations are detailed yet approachable, allowing patients to understand their diagnosis, risk profile, and management plan clearly. Academically inclined, Dr. Supriya has presented research at KAPICON and APICON conferences. Her work includes studies on thrombocytopenia in infective febrile illness, epicardial fat thickness correlation with coronary artery disease, hyponatremia in the elderly, and rare endocrine and electrolyte disorders. She remains actively engaged in CME programs, departmental meetings, and postgraduate training activities, reflecting her commitment to continuous medical learning. At Manipal Hospitals Yelahanka, Dr. Supriya is actively involved in inpatient, outpatient, and emergency care. She plays an integral role in code blue response teams, ICU coordination, and multidisciplinary case discussions. Her scope of practice includes comprehensive diabetes management, resistant hypertension, thyroid disorders, dyslipidaemia, obesity, geriatric care, infectious diseases, renal disorders, and preventive health consultations. She is experienced in managing critically ill patients, performing and assisting in procedures such as intubation, lumbar puncture, arterial line placement, gastric lavage, and resuscitation protocols. She communicates fluently in English, Kannada, Hindi, and Telugu, which allows her to connect comfortably with a diverse patient population. Her consultations are characterised by attentive listening, clear explanations, and steady clinical judgement, especially in high-pressure situations.

Fellowship & Membership

- Indian Medical Council (IMA)
- Karnataka Medical Council (KMC)

- API (Association of Physicians of India)
- RSSDI membership
- CIDS Membership

Field of Expertise

- Specialisations in Diabetes, Hypertension, Thyroid disorders, Obesity & metabolic syndrome, Infectious Diseases, geriatric care, Cardiorespiratory, Neurology, Gastroenterology, Renal disorders, Critical Care, Adult Vaccination and preventive health care.
- Commendable knowledge of CPR, AED and Medical interventions such as Intubation & mechanical ventilation, lumbar puncture, Bone marrow aspiration & biopsy, Resuscitation, Cricothyroidotomy etc.

Languages Spoken

- Kannada
- English
- Hindi
- Telugu

Awards & Achievements

- 2nd prize intercollege IAP quiz
- Covid warrior award 2020

Talks & Publications

- Platform presentation on Hyponatremia in the elderly:

- challenges and outcomes at KAPICON state conference.
- Study on Thrombocytopenia in Infective Febrile Illness.
 - Platform presentation at the state conference KAPICON on Correlation of Epicardial-Fat thickness with coronary artery disease.
 - Poster presentation at the state conference, KAPICON Rare case of adult-onset Bartter's Syndrome.