



DR. VANITHA N

Consultant - Interventional Cardiology

Qualification

MBBS | DNB (General Medicine) | DNB (Cardiology)

Overview

Dr. Vanitha N is a highly skilled cardiologist in Yelahanka. She is currently practising as a Consultant - Cardiology at Manipal Hospitals Yelahanka, Bangalore, bringing focused expertise in advanced cardiac diagnostics, complex coronary interventions, and comprehensive heart care across a wide spectrum of cardiovascular conditions. Dr. Vanitha N is widely respected for her precise clinical judgement and structured approach to cardiology. Her practice is grounded in detailed evaluation, careful interpretation of investigations, and evidence-based decision-making. She places strong emphasis on identifying the root cause of cardiac symptoms rather than only managing surface-level manifestations. This approach allows her to deliver targeted and effective treatment plans that are tailored to each patient's individual cardiac profile. Her expertise includes complex coronary interventions, where precision and timing are critical. She is proficient in managing multi-vessel coronary artery disease, acute coronary syndromes, and high-risk angioplasty cases. Her interventional skills extend to device implantation, including pacemakers, implantable cardioverter defibrillators (ICD), and cardiac resynchronisation therapy (CRT)

devices. These therapies are vital for patients with rhythm disorders and advanced heart failure, and she ensures careful patient selection and long-term follow-up for optimal outcomes. Dr. Vanitha N also has specialised expertise in peripheral and renal angioplasty. These procedures play a crucial role in patients with vascular disease affecting blood flow to the limbs and kidneys. By addressing these conditions early and effectively, she helps prevent complications such as limb ischemia, uncontrolled hypertension, and progressive organ damage. Her holistic view of cardiovascular health allows her to look beyond the heart and manage the entire circulatory system with equal attention. A defining aspect of her clinical focus is cardiac care in women. Cardiovascular disease in women often presents differently and is frequently underdiagnosed. Dr. Vanitha N is particularly attentive to these nuances, ensuring that women receive timely diagnosis, appropriate investigations, and personalised treatment strategies. Her empathetic communication style helps patients feel heard and supported throughout their treatment journey. Heart failure management is another core area of her expertise. She provides structured care for patients with both acute and chronic heart failure, focusing on symptom control, optimisation of medical therapy, device-based treatments when indicated, and long-term lifestyle guidance. Her preventive cardiology approach complements this, as she actively works with patients to reduce risk factors such as hypertension, diabetes, dyslipidaemia, and sedentary lifestyle habits. Dr. Vanitha N is also actively aligned with evolving advancements in cardiology, with a growing focus on structural heart disease interventions. These minimally invasive procedures are transforming the management of valve disorders and other structural abnormalities, offering effective alternatives to open-heart surgery for selected patients. Her interest in this field reflects her commitment to staying at the forefront of modern cardiology practice. At Manipal Hospitals Yelahanka, she works closely with multidisciplinary teams, including cardiac surgeons, intensivists, and imaging specialists. This collaborative approach ensures that

patients receive seamless care across diagnostics, intervention, and recovery. Her ability to coordinate complex cardiac care has strengthened her reputation as a reliable referral cardiologist for challenging cases. Patients consistently value her accurate diagnosis, ethical practice, and calm, reassuring presence. She believes that informed patients are better equipped to manage their heart health, and she invests time in explaining conditions, procedures, and long-term care plans in clear and simple terms. This patient-first philosophy has made her a trusted choice for those seeking the best cardiologist in Yelahanka for both interventional and preventive cardiac care. With her balanced blend of technical expertise, clinical insight, and compassionate communication, Dr. Vanitha N continues to play a vital role in advancing cardiac care at Manipal Hospitals Yelahanka. Her work reflects a commitment to precision, safety, and long-term cardiovascular wellbeing, making her widely regarded as the best cardiologist in Yelahanka for comprehensive and patient-centred heart care.

Fellowship & Membership

- Cardiological Society of India (CSI) - Karnataka Chapter.

Field of Expertise

- Complex Coronary Angioplasty & Stenting.
- Permanent Pacemaker, ICD & CRT Device Implantation.
- Peripheral & Renal Angioplasty.
- Women's Heart Health & Preventive Cardiology.
- Heart Failure Evaluation & Management.
- Acute Cardiac Care & Emergency Cardiology.
- Risk Assessment & Long-term Cardiac Follow-up.
- Structural Heart Disease Interventions (future focus).

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Talks & Publications

- Numerous talks in the Cardiological Society of India.