

DR. L SREENIVASA MURTHY

Consultant - Internal Medicine

Qualification

MBBS | MD | FRCP (Edinburgh) | FRCP (Glasgow) | FRCP (London) | FACP (USA) | FICP | FRSSDI | PDCR | ACCR

Overview

Prof. (Dr.) L. Sreenivasa Murthy is a highly skilled physician and diabetologist in Yelahanka. He is currently practising as a Senior Consultant – Internal Medicine and Diabetology at Manipal Hospital Yelahanka, Bangalore, bringing over 22 years of extensive clinical, academic, and research expertise to the comprehensive care of patients with diabetes, metabolic disorders, hypertension, and complex internal medicine conditions. Prof. Dr. Sreenivasa Murthy is widely regarded as one of the best physicians in Yelahanka, distinguished not only by his depth of clinical knowledge but also by his extraordinary contributions to diabetes research, guideline development, and public health advocacy. His medical journey reflects an exceptional blend of patient-centred clinical practice, academic leadership, and globally recognised research excellence. With advanced fellowships from the Royal Colleges of Physicians in London, Edinburgh, and Glasgow, along with Fellowship of the American College of Physicians (USA), he represents a rare calibre of clinician with international recognition across continents. After completing his MBBS from Dr. B.R. Ambedkar Medical College and MD in Internal Medicine from Karnataka Institute

of Medical Sciences, Prof. Murthy pursued focused training in endocrinology under renowned experts, shaping his long-standing expertise in diabetes and metabolic medicine. Over the years, he has managed an extensive spectrum of cases ranging from newly diagnosed diabetes to complex multi-organ complications, ICU-level metabolic emergencies, resistant hypertension, dyslipidaemia, obesity, chronic kidney disease-associated diabetes, and endocrine–cardiometabolic overlap disorders. His approach is rooted in precision diagnosis, evidence-based therapy, and long-term disease modification rather than short-term symptom control. At Manipal Hospital Yelahanka, Prof. Murthy plays a pivotal role in delivering integrated internal medicine and diabetes care. His clinical practice emphasises holistic evaluation, meticulous risk stratification, and personalised treatment planning. Known as one of the best diabetologists in Yelahanka, he is particularly sought after for managing difficult-to-control diabetes, insulin optimisation, advanced injectable therapies, diabetes in pregnancy, and diabetes associated with cardiovascular and renal disease. His expertise also extends to interpreting and managing complex comorbidities such as fatty liver disease, metabolic syndrome, and endocrine causes of hypertension. Beyond clinical practice, Prof. Murthy is a nationally and internationally respected clinical researcher. He has served as Principal Investigator in more than 85 multinational Phase II, III, and IV clinical trials, including landmark global studies such as HOPE-3, SUSTAIN, FLOW, SURMOUNT, SOUL, and ONWARDS. His role as National Lead Investigator for several outcome trials underscores his influence in shaping evidence that directly impacts global diabetes and cardiovascular care guidelines. Notably, his research centres have successfully undergone stringent US FDA, DCGI, and international regulatory audits, highlighting his adherence to the highest standards of clinical research governance. An accomplished academician, Prof. Murthy has held senior teaching positions and has mentored undergraduate and postgraduate medical students for several years. He is actively involved in continuing

medical education, guideline formulation, and consensus statements across India. His leadership roles include serving as Vice President of the National RSSDI, Governing Body Member of the Association of Physicians of India, and Chair of key research and guideline committees. These roles further strengthen his reputation as one of the best physicians in Yelahanka with a national footprint. Prof. Murthy's contribution to medical literature is vast, with numerous peer-reviewed publications in high-impact journals such as The Lancet, Journal of the Association of Physicians of India, Diabetes, Obesity and Metabolism, and Indian Journal of Endocrinology and Metabolism. He has also contributed authoritative chapters to standard medical textbooks on diabetes, hypoglycaemia, hypertension, and telemedicine practices. His work bridges clinical insight with population-level impact, influencing both bedside care and policy-level decision-making. Equally significant is his commitment to community health and public education. Prof. Murthy has been a prominent voice in mass media, appearing on national television, radio, and digital platforms to raise awareness about diabetes prevention, lifestyle modification, hypertension control, and healthy ageing. His efforts in community outreach, free screening camps, and health education programmes reflect his belief that effective healthcare must extend beyond hospital walls. Recognised with numerous prestigious awards, including the Kempegowda Award, Inspiring Diabetologist of India, Researcher of the Year (ACP India), and multiple leadership honours, Prof. Dr. L. Sreenivasa Murthy continues to set benchmarks in internal medicine and diabetes care. For patients seeking the best physician in Yelahanka or expert diabetes management at a tertiary-care level, his practice at Manipal Hospital Yelahanka represents clinical excellence grounded in compassion, science, and global best practices.

Fellowship & Membership

- Life Member of RSSDI

- Life Member of API
- Life Member of CSI
- Life Member of AARO
- Life Member of CCDSI
- Life Member of IPF
- Life Member of the Indian Society of Chronomedicine
- Life Member of AACE (Association of American Clinical Endocrinology)
- Life Member of ACP (American College of Physicians)

Field of Expertise

- Diabetes Mellitus & Metabolic Disorders
- Internal Medicine & Complex Multisystem Illnesses
- Hypertension & Cardiometabolic Risk Management
- Thyroid & Endocrine Disorders (Fellowship-trained)
- Infectious Diseases & Fever Management
- Critical Care, ICU/CCU Management
- Lifestyle Medicine & Preventive Healthcare

Languages Spoken

- Kannada
- English
- Hindi

Awards & Achievements

- Received the “Kempegowda Award” by BBMP, Bangalore in 2018.
- Received the “Researcher of the Year” award from the ACP

India chapter in 2021 at the Annual Conference in Goa.

- "Well Being Champion" from India in 2022 (American College of Physicians).
- Received the "Inspiring Diabetologist of India- 2022" award from Economic Times.
- Received the Award of "Excellence in LEADERSHIP in Healthcare 2023" at the Endo-Dialogue 2.0 conference at Jabalpur.
- Received the Indian Academy of Diabetes 2023 Award for "Outstanding Community Service in the 22nd MEND UPDATE held at Mumbai.
- Bali India International Iconic Award-2025 in recognition of outstanding contribution in the field of Research & medical.