

DR. C YASHAVANTHA KUMAR

Consultant - Orthopaedics

Qualification

MBBS | MS (Orthopaedics), JIPMER | DNB (Orthopaedics) | FIASM | MAMS

Overview

Dr. C Yashavantha Kumar is an accomplished Orthopaedic Surgeon currently practicing as a Consultant – Orthopaedics at Manipal Hospital, Yelahanka. With an impressive academic background and over 15 years of clinical experience, he is regarded as one of the leading orthopaedic surgeons in Yelahanka, Bengaluru. Dr. Yashavantha Kumar’s medical journey began with an MBBS from the Vijayanagara Institute of Medical Sciences, Bellary (RGUHS Karnataka), followed by an MS in Orthopaedics from JIPMER, Pondicherry, DNB Orthopaedics from the National Board of Examinations, and MNAMS/MAMS. He has further strengthened his expertise through several prestigious fellowship programs. He is a Fellow in Arthroplasty and Arthroscopy from the renowned Sancheti Institute of Orthopaedics and Rehabilitation, Pune. He completed a Fellowship in Shoulder and Sports Medicine at Deenanath Mangeshkar Hospital, Pune, under the guidance of Dr. Ashish Babhulkar. In 2016, he pursued an Arthroscopy Fellowship at Sportsmed Hospital, Adelaide, Australia, and later, in June 2018, completed the Arthroscopy and Sports Medicine Fellowship from ISKSAA–BOSTAA, UK.C Dr. Yashavantha Kumar has honed his clinical

expertise through nearly two decades of work experience, including his tenure as a senior resident in the prestigious Moulana Azad Medical College and as Consultant Arthroscopic Surgeon and Trauma Surgeon in M.S.Ramaiah Medical College and Hospital. Strongly committed to delivering advanced, ethical, and patient-centric orthopaedic care, Dr. Yashavantha brings together deep clinical expertise, evidence-based practice, and compassionate treatment. He has extensive experience in managing a wide range of orthopaedic conditions, with a specialized field of expertise in shoulder & knee arthroscopy, sports injuries, and complex trauma. His comprehensive training and global exposure have enabled him to deliver high-precision, minimally invasive solutions for both simple and complex musculoskeletal problems. Dr. Yashavantha Kumar believes in constantly upgrading his knowledge and sharing it with the medical community. He is deeply committed to academic contributions and clinical research, maintaining a strong academic footprint with 24+ publications, numerous podium presentations at national and international conferences, and years of teaching experience as Associate Professor at MS Ramaiah Medical College. His dedication to scientific rigor is further reflected in his role as a reviewer for the prestigious Journal of Bone & Joint Surgery (JBJS). With a blend of advanced training, strong academic credentials, and patient-focused care, Dr. Yashavantha Kumar continues to contribute significantly to the field of orthopaedics and remains a trusted name for musculoskeletal care in Yelahanka and beyond.

Fellowship & Membership

- Arthroplasty & Arthroscopy – Sancheti Institute, Pune.
- Shoulder & Sports Medicine – Dheenanath Mangeshkar Hospital, Pune.
- Arthroscopy Fellowship – Sportsmed Hospital, Adelaide, Australia.
- Arthroscopy & Sports Medicine – ISKSAA-BOSTAA, United

Kingdom.

Field of Expertise

- Shoulder and Knee Arthroscopy.
- Sports Medicine & Athletic Injury Management.
- Ligament Reconstruction Procedures.
- Complex Trauma & Fracture Management.
- Arthroplasty & Joint Preservation Techniques.

Languages Spoken

- Kannada
- English
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Awarded ISKSAA Sports Med Fellowship from Sports Med, Australia in 2016.
- ISKSA A – BOSTAA Sports Medicine Fellowship in 2018.

Talks & Publications

- Functional Results following Acromioclavicular Joint Reconstruction Using Gracilis Tendon Augmented with FibreTape: A Prospective Study – Archives of Trauma Research, 2022.
- Tibial Tuberosity Avulsion Fractures in an Obese Adolescent: A

Rare Injury – Archives of Trauma Research, 2021.

- Zimmer Natural Nails in the Treatment of Unstable Intertrochanteric Fractures: A Longitudinal Study – Journal of Clinical & Diagnostic Research, 2021.
- Arthroscopic Reconstruction of Acute Acromioclavicular Joint Disruption Using Dog-Bone Button Construct: A Prospective Study – Journal of Arthroscopy & Joint Surgery, 2020.
- Evaluation of Unstable Trochanteric Fractures Treated with Natural Nail and Proximal Femoral Nail: A Prospective Comparative Study – J Orthopaedic Trauma Surgery & Related Research, 2019.
- Braided, Double-Stranded Stainless Steel Wire Tension Band Wiring for Patella Fractures – 2019.
- Evaluation of Tibial Condyle Fractures Treated by Ilizarov Fixation: A Prospective Study – Indian Journal of Orthopaedic Surgery, 2016.
- Treatment of Distal Tibia Fractures: Plating versus Intramedullary Nailing – International Journal of Research in Orthopaedics, 2016.
- Long Proximal Femoral Nail in Ipsilateral Fractures of Proximal Femur and Shaft of Femur – Indian Journal of Orthopaedics (Letter to Editor), 2014.
- Solitary Sessile Osteochondroma of the Scapula: A Rare Entity – Journal of Clinical & Diagnostic Research, 2014.
- Closed Talar Dislocation Without Associated Fracture: A Rare Injury (Case Report) – Journal of Orthopaedic Case Reports, 2014.
- Aneurysmal Bone Cyst of Medial End of Clavicle in a Child: A Rare Case Report – Indian Journal of Surgical Oncology, 2014.
- Ipsilateral Floating Hip and Floating Knee: A Rare Entity – Journal of Orthopaedic Case Reports, 2013.
- Bilateral Traumatic Anterior Dislocation of Shoulder: A Rare Entity – Journal of Orthopaedic Case Reports, 2013.

- Intra-Osseous Lipoma of Calcaneum: A Rare Case Report and Review – Journal of Clinical & Diagnostic Research, 2013.
- Abnormal Venous Plexus around Sciatic Nerve: A Rare Cause of Piriformis Syndrome – 2013.
- Use of Calcium Sulfate as Bone Graft Substitute in the Treatment of Osseous Defects: A Prospective Study – Journal of Clinical & Diagnostic Research, 2013.
- A New Device for Percutaneous Elevation of Depressed Tibial Condyle Fractures – A Response – Journal of Orthopaedic Case Reports, 2012.
- Traumatic Neglected Posterior Dislocation of the Shoulder in a Child: A Rare Entity – Journal of Clinical Orthopaedics & Trauma, 2011.
- Comparison of Functional and Anatomical Results of Colles' Fracture Treated by Percutaneous K-Wire Fixation vs Plaster Cast – International Journal of Science & Research, 2014.
- Anatomy and Isometry of Coracoclavicular Ligaments: A Cadaveric Study – Journal of Arthroscopy & Joint Surgery, 2023.
- Posterolateral Rotatory Instability Following Radial Head Excision: A Prospective Study – 2014.
- Evaluation of Tibial Plateau Fractures Treated with Ilizarov Fixation – 2014.
- Pott's Spine Mimicking Metastasis – European Journal of Surgery & Traumatology, 2010.
- Custom-Made Rigid Foot Orthosis for Treatment of Plantar Fasciitis: A Quasi-Experimental Study – Medica Innovatica, 2013"