

DR. PRAKRUTHI C M

Consultant - Anesthesiology and Pain Management

Qualification

MBBS | M.D (Anaesthesia) | Fellowship in Pain Management

Overview

Dr. Prakruthi C M is a highly proficient and detail-oriented Anaesthesiologist in Yelahanka. She is currently practising as an Consultant – Anaesthesia and Pain Management at Manipal Hospital Yelahanka, Bangalore, with over 8 years of clinical experience in perioperative anaesthesia, critical care support, and chronic pain management. Dr. Prakruthi completed her MBBS from Adichunchanagiri Institute of Medical Sciences, followed by an MD in Anaesthesia from Mahadevappa Rampure Medical College, Kalburgi. To further refine her expertise in interventional pain therapy, she pursued a Fellowship in Pain Management from Aesculap Academy at Daradia Pain Clinic, Kolkata. Her training has equipped her with structured proficiency in general anaesthesia, spinal and regional anaesthesia, intravenous techniques, and advanced airway management. During her tenure at Columbia Asia Hospital, Whitefield (2017–2021), she managed a wide spectrum of surgical cases across specialties, including complex procedures requiring meticulous haemodynamic monitoring. Since May 2021, she has been serving at Manipal Hospital, strengthening perioperative protocols and contributing to

multidisciplinary surgical care. Her clinical expertise spans spinal anaesthesia, general anaesthesia, ultrasound-guided regional blocks, and the management of difficult airways, including cases such as temporomandibular joint ankylosis. She has hands-on experience in central venous and arterial line placements and has supported ICU management under supervision. Her extensive training on cardiac anaesthesia has strengthened her understanding of high-risk perioperative management. In the domain of chronic pain, she evaluates and manages acute and chronic back pain, spondyloarthritic pain, degenerative joint disorders, musculoskeletal pain, and cancer-related pain. She has assisted in C-arm and ultrasound-guided interventional pain procedures, ensuring procedural precision and patient safety. Many patients seeking structured perioperative evaluation identify her as the best anaesthesiologist in Yelahanka for comprehensive surgical anaesthesia planning and pain relief strategies. Dr.Prakruthi’s academic contributions include her MD thesis on the efficacy of dexmedetomidine in attenuating pressor response during tracheal extubation. She has presented research papers at ISACON and KAPICON, including work on difficult airway management and comparative ICU sedation strategies. Her continued participation in state and national conferences such as KISACON, ISACON, KNACON, PGCON, and ISSPCON reflects sustained academic engagement. Workshops in difficult airway management, anaesthesia workstations, simulation training, musculoskeletal pain, and cancer pain management have strengthened her technical proficiency and procedural judgement. Her approach to patient care is steady and reassuring. She believes that anaesthesia extends beyond intraoperative monitoring—it includes detailed pre-anaesthetic assessment, clear explanation of risks, vigilant intraoperative management, and structured postoperative pain control. She communicates clearly with surgical teams and families, ensuring smooth coordination and informed decision-making. This balanced clinical judgement and patient-centred communication have led many

to regard her as the best anaesthesiologist in Yelahanka for safe and structured perioperative care. Dr. Prakruthi communicates fluently in English, Kannada, Hindi, and Telugu. Her calm demeanour and attentive listening help patients feel secure and understood before surgery, particularly those anxious about anaesthesia or chronic pain procedures.

Fellowship & Membership

- Indian Society of Anaesthesiologists

Field of Expertise

- General Anaesthesia
- Regional Anaesthesia (Spinal, Epidural & Nerve Blocks)
- Ultrasound-Guided Anaesthesia Techniques
- Perioperative Pain Management
- Chronic Pain Management
- Interventional Pain Procedures (USG & C-arm guided)
- Airway Management & Critical Care Anaesthesia
- ICU Sedation & Haemodynamic Monitoring
- Anaesthesia for General, Orthopaedic, OBG, Urology & Laparoscopic Surgeries

Languages Spoken

- English
- Telugu
- Hindi
- Kannada

Talks & Publications

- Paper: Difficult airway management in TMJ ankylosis – ISACON 2015
- Paper: Sedation comparison in ICU – KAPICON 2016
- Poster presentations at state-level conferences