

DR. HAMSA JAYASHEEL

Consultant - Anesthesiology and Pain Medicine

Qualification

MBBS, | DA | DNB (Anaesthesiology) | FIPM

Overview

Dr. Hamsa Jayasheel is a highly skilled anaesthesiologist in Yelahanka. She is currently practising as a Consultant – Anaesthesiology and Pain Medicine at Manipal Hospital Yelahanka, Bangalore, bringing years of extensive clinical experience in anaesthesia, perioperative care, and interventional pain management. Recognised as one of the best anaesthesiologists in Yelahanka, Dr. Hamsa has been instrumental in ensuring safe and effective anaesthetic care across a wide spectrum of surgical specialities, including general surgery, orthopaedics, paediatrics, ENT, urology, neurosurgery, obstetrics and gynaecology, and robotic surgery. Her approach blends precision, empathy, and evidence-based expertise, ensuring optimal patient comfort and safety from pre-operative evaluation to post-operative recovery. Having trained across premier institutions and refined her skills over years of clinical practice, Dr. Hamsa specialises in ultrasound-guided regional anaesthesia, labour analgesia, and sedation for both elective and emergency procedures. She is also highly experienced in providing anaesthesia for procedures outside the operating theatre, including MRI, ERCP, cath lab, and fertility treatments. As a faculty member and

DNB co-guide, she actively contributes to postgraduate medical education, reflecting her passion for academic excellence and professional mentorship. Alongside her anaesthetic expertise, Dr. Hamsa is also an accomplished pain management specialist in Yelahanka, offering comprehensive care for patients suffering from chronic and post-operative pain. Her fellowship in interventional pain management (FIPM) from Daradia Pain Clinic, Kolkata, has equipped her with advanced skills in ultrasound and fluoroscopy-guided pain interventions for conditions such as chronic back pain, neuropathic pain, joint pain, cancer-related pain, and musculoskeletal disorders. She employs a patient-centred and minimally invasive approach, focusing on improving quality of life through precise diagnosis, multimodal pain therapies, and rehabilitation guidance. Over the years, Dr. Hamsa has participated in numerous national and international conferences, workshops, and CME sessions, serving as both faculty and speaker. Her teaching engagements include ultrasound-guided nerve block workshops and regional anaesthesia training programs, contributing to the skill development of young anaesthesiologists across India. She is a life member of the Indian Society of Anaesthesiologists, the Indian Society for the Study of Pain, and the Academy of Regional Anaesthesia, underlining her active involvement in advancing anaesthesia and pain medicine. Her research contributions include several peer-reviewed publications in reputed journals, such as studies comparing the efficacy of acupuncture versus ondansetron for postoperative nausea and investigations into neurolytic block outcomes. Her DNB thesis, which focused on gas flow effects on anaesthetic concentrations and arterial blood gases, demonstrates her interest in clinical physiology and anaesthetic optimisation. At Manipal Hospital Yelahanka, Dr. Hamsa continues to play a pivotal role in the hospital’s multidisciplinary surgical and pain management services. She ensures that every patient receives safe anaesthetic care tailored to their surgical and medical needs while maintaining comfort through personalised pain control strategies. Her

dedication, technical expertise, and compassionate approach have made her a trusted figure among patients and colleagues alike. Recognised for her commitment to excellence, Dr. Hamsa Jayasheel is regarded as one of the best anaesthesiologists in Yelahanka and a leading pain management specialist in Yelahanka, offering world-class care grounded in compassion, precision, and patient safety.

Fellowship & Membership

- Life member of Indian Society of Anaesthesiologists
- Life member of Indian society of Pain
- Life member of Academy of Regional Anaesthesia

Field of Expertise

- General & Regional Anaesthesia
- Ultrasound-Guided Nerve Blocks
- Labour Analgesia & Obstetric Anaesthesia
- Post-operative Pain Management
- Chronic Pain Management
- Interventional Pain Medicine
- ICU Anaesthesia & Sedation
- Perioperative Critical Care Support
- Multimodal Pain Relief Strategies

Languages Spoken

- Englsih
- Hindi
- Kannada

Awards & Achievements

- Faculty for national USG nerve block workshops
- Co-guide for DNB trainees

Talks & Publications

- Ravi M, Girish Babu, N Somasekharam, Dinesh M, Asha N, Hamsa. J., Comparative Efficacy of Acupuncture at p6 Point with 0.2ml 50% Dextrose and Inj Ondansetron 50 µg kg-1 IV for Preventing Postoperative Nausea and Vomiting. J Anaesth Clin Pharmacol 2010; 26(2): 237-239
- Anand. T. Talikoti, Dinesh. K., Hemanth Kumar. J., Hamsa Jayasheel, Dinesh M., Third and Fourth Cranial Nerve Involvement Following Trigeminal Neurolytic Block with Absolute Alcohol. J Anaesth Clin Pharmacol 2010; 26(3): 387-388.
- DNB Thesis work: “A clinical study of effect of fresh gas flows on inspired and expired oxygen, carbon dioxide and isoflurane concentrations and arterial blood gas”
- Oral presentation on “A clinical study of effect of fresh gas flows on inspired and expired oxygen, carbon dioxide and isoflurane concentrations and arterial blood gas” at the monthly ISA BANGALORE meet in June 2012.
- Poster presentation on “Anaesthetic Management of Splenectomy in Hypersplenism Patient: A Case Report” at SIZACON Hyderabad in 2009."