

**DR. CHANDRASHEKHAR M UPPIN**

Lead Consultant - Anesthesiology

**Qualification**

MBBS | MD (Anesthesiology) | PGDMLE

## Overview

Dr. Chandrashekhar M Uppin is a highly skilled anesthesiologist in Yelahanka. He is currently practising as the Lead Consultant - Anaesthesia, at Manipal Hospital Yelahanka, Bangalore, bringing over 20 years of clinical expertise to the care of patients requiring advanced anaesthesia, critical care, and perioperative management. Recognised for his precision, calm decision-making, and patient-centric approach, Dr. Uppin combines extensive clinical experience with state-of-the-art technology to deliver safe, effective, and compassionate anaesthesia across diverse surgical specialities, including regional, trauma, obstetrics, oncology, and transplant procedures. After earning his MBBS from KIMS, Hubli, Dr. Uppin completed his MD in Anesthesiology and Critical Care at SMS Medical College, Jaipur. His pursuit of excellence in anaesthesia led him to undertake multiple advanced certifications, including Mechanical Ventilation and Critical Care Medicine, Ultrasound-Guided Regional Anaesthesia, and specialised training in anaesthesia for liver transplant surgeries. Further enhancing his professional versatility, he is enrolled in a Palliative Care Fellowship and has completed a PGDMLE from the National Law School,

Bengaluru, reflecting his commitment to integrating clinical excellence with legal, ethical, and research insights. Dr. Uppin has accumulated vast experience across multiple high-acuity clinical settings, ranging from tertiary care hospitals in India to international exposure as Senior Ship Physician in Emergency Medicine aboard Carnival Cruise Lines in Miami, USA. His expertise spans complex airway management, awake fibre-optic intubations, bronchoscopy-assisted airway procedures, ultrasound-guided regional blocks, invasive monitoring, and the application of TIVA-TCI for precise anaesthesia delivery. Under his leadership, the anaesthesia team at Manipal Hospital Yelahanka has implemented advanced perioperative protocols, green OT practices, and NABH-accredited operating theatres, ensuring patient safety and excellence in surgical outcomes. An avid educator and mentor, Dr. Uppin has contributed extensively to teaching DNB students, nurses, and anaesthesia technicians. He has conducted workshops on ultrasound-guided regional anaesthesia at national conferences and served as faculty for multiple state and national programs, nurturing the next generation of anaesthesia specialists. His research and clinical audits, including studies on cricoid pressure, extubation timing, labour analgesia, and post-operative analgesia after total knee replacement, underscore his dedication to evidence-based practice and quality improvement in perioperative care. Patients seeking the best anesthesiologist in Yelahanka can trust Dr. Uppin for a combination of clinical expertise, meticulous monitoring, and personalised perioperative management. His approach seamlessly blends technical precision, compassionate patient interaction, and ongoing professional development, making him a leading choice for comprehensive anaesthesia care in Yelahanka.

### Fellowship & Membership

- President Scout Award – Honored by the President of India- 1990

- Gold Medal – State-level Anesthesia Quiz, RAJISACON 2004

## Field of Expertise

- Regional Anesthesia
- Obstetrics Anesthesia
- Trauma Anesthesia
- Onco Anesthesia
- Transplant Anesthesia

## Languages Spoken

- Kannada
- Hindi
- English
- Marathi

## Talks & Publications

- Poster: Brachial Plexus Block – ISA National Conference, Dec 2004
- Paper: Laparoscopic vs Open Donor Nephrectomy – Transplant Conf, Aug 2008
- Poster: Tracheobronchial Pin Aspiration – ISA Conf, Dec 2008
- Workshop Faculty – Uultrasound Guided Regional Blocks (AORA & Karnataka State Conf)
- Organising Committe – CAUSE 2009, 2010, 2011, 2018, 2019
- Columbia Asia Ultrasound Education Program
- Attended numerous State, National and International Conferences