



## **DR. SASMITHA K**

Consultant - Obstetrics and Gynecology

### **Qualification**

MBBS | M.S. (OBG)

### **Overview**

Dr. Sasmitha K is a highly skilled obstetrician and gynaecologist in Yelahanka. She is currently practising as a Consultant – Obstetrics and Gynaecology at Manipal Hospital Yelahanka, Bangalore, bringing over 20 years of extensive clinical expertise to the care of women across all stages of life. With a career spanning two decades, Dr. Sasmitha has established herself as a leading consultant in high-risk obstetrics, gynaecological surgeries, fertility treatments, and minimally invasive procedures. Her approach integrates compassionate patient care with evidence-based medical practices, ensuring every patient receives personalised, safe, and comprehensive care. She has trained and practised at some of India's most prestigious medical institutions, including Kasturba Medical College, Mangalore, and Mysore Medical College, and has honed her skills in laparoscopic and robotic gynaecological surgeries, making her one of the most trusted specialists for complex cases in Bangalore. Having completed her MBBS from Mysore Medical College and an MS in Obstetrics and Gynaecology from Kasturba Medical College under MAHE, Dr. Sasmitha further enriched her expertise through fellowships in Gynaecologic

Endoscopy and Infertility. She has received specialised training in robotic gynaecological procedures, performing advanced surgeries with precision, safety, and minimal recovery time for patients. Over the years, she has successfully managed a wide spectrum of obstetric and gynaecological conditions, including high-risk pregnancies, obstetric emergencies, and fertility-related challenges, while also excelling in routine antenatal and postnatal care. Her proficiency extends to performing complex laparoscopic procedures such as hysterectomy, myomectomy, ovarian cystectomy, and endometriosis management, along with hysteroscopic evaluations and interventions. Dr. Sasmitha's commitment to women's health is also reflected in her contributions to research and community education. Her postgraduate dissertation focused on "Maternal and Perinatal Outcomes in Primary and Recurrent Pregnancy-Induced Hypertension," highlighting her dedication to advancing knowledge in maternal and perinatal care. She actively participates in workshops, seminars, and health talks, disseminating critical information on women's health and fertility, empowering patients with knowledge to make informed decisions. Her multilingual abilities in English, Hindi, Kannada, Telugu, Malayalam, Tamil, and Tulu allow her to communicate effectively with diverse patient populations, fostering trust, clarity, and compassionate care. Patients seeking the best gynaecologist in Yelahanka can rely on Dr. Sasmitha for a holistic and multidisciplinary approach, whether for routine obstetric care, complex gynaecological surgeries, or advanced fertility treatments. She integrates modern medical technology, minimally invasive surgical techniques, and personalised counselling into her practice, ensuring optimal outcomes and patient satisfaction. Going forward, Dr. Sasmitha aims to continue enhancing women's healthcare at Manipal Hospital Yelahanka, bringing innovative treatments, high standards of care, and unwavering commitment to her patients, making her a leading choice for those seeking expert obstetric and gynaecological care in the region.

### **Fellowship & Membership**

- INDIAN MEDICAL ASSOCIATION
- BSOG / FOGSI
- ISAR
- PCOS

### **Field of Expertise**

- Antenatal and postnatal care
- Deliveries - Normal/ Instrumental and Surgical
- High-Risk Obstetrics
- Obstetric Emergencies
- Gynecological surgeries
- Laparoscopic Hysterectomy
- Vaginal Hysterectomy
- Pelvic Floor Repair
- Vault Suspension
- Laparoscopic Ovarian Cystectomy
- Laparoscopy for Endometriosis
- Laparoscopic Myomectomy
- Laparoscopic Tubal Recanalisation
- Laparoscopic management of ectopic gestation
- Robotic surgeries
- Hysteroscopy
- Diagnostic Hysterolaparoscopy
- PCOD Treatment Strategies
- Fertility Treatment

### **Languages Spoken**

- English

- Hindi
- Kannada
- Telugu
- Malayalam
- Tamil

### **Talks & Publications**

- A Comparative Study Of Maternal And Perinatal Outcome In Primary And Recurrent Pregnancy Induced Hypertension Dissertation Done During The Period Of Postgraduate Training At KMC, Mangalore.