

DR. ASHOK KUMAR P

Consultant - Orthopaedics

Qualification

MBBS | MS Ortho

Overview

Dr. Ashok Kumar P is a highly experienced orthopaedic surgeon in Yelahanka, currently practising as a Consultant – Orthopaedics at Manipal Hospital Yelahanka, Bangalore. With over 19 years of post-specialisation experience in the field of orthopaedics, he brings an exceptional depth of expertise in joint replacement surgeries, trauma care, and complex fracture management. Renowned for his precision, dedication, and patient-centred approach, Dr. Ashok Kumar has performed an average of nearly 500 surgeries every year, reflecting his extensive clinical proficiency and trusted reputation among patients and peers alike. Over the course of his distinguished career, Dr. Ashok Kumar has become recognised as one of the best orthopaedic surgeons in Yelahanka, known particularly for his advanced skill in arthroplasty and pelvi-acetabular fracture management. His clinical interests extend across the full spectrum of orthopaedic care, from treating degenerative joint conditions and trauma cases to performing intricate joint reconstruction and replacement procedures. His surgical philosophy combines technical excellence with a strong commitment to patient recovery and long-term functionality, ensuring that each

individual receives care that is both precise and personalised. Having honed his expertise through years of teaching, research, and hands-on practice, Dr. Ashok Kumar's clinical approach reflects both deep academic insight and practical mastery. He has contributed significantly to orthopaedic education and training, mentoring numerous medical students and postgraduate trainees during his tenure as a Professor and Unit Head in the Department of Orthopaedics at a leading medical institution in Bangalore. His leadership extended to guiding surgical teams in complex cases, introducing innovative techniques in joint replacement, and organising workshops and academic conferences that enriched the orthopaedic community's knowledge base. At Manipal Hospital Yelahanka, Dr. Ashok Kumar continues to offer comprehensive orthopaedic care with a focus on restoring mobility, alleviating pain, and enhancing quality of life for his patients. His meticulous attention to surgical planning, post-operative rehabilitation, and long-term musculoskeletal health sets him apart as a trusted specialist in joint replacement and reconstructive orthopaedic surgery. He is particularly sought after for his work in total knee and hip replacements, as well as for his proficiency in treating trauma-related injuries involving the pelvis and acetabulum, areas that require both advanced surgical precision and extensive anatomical understanding. Beyond his clinical practice, Dr. Ashok Kumar remains deeply engaged in continuing education and professional development within the field. His active participation in orthopaedic associations, conferences, and training programs reflects his commitment to staying at the forefront of evolving surgical methodologies and innovations in patient care. His exemplary service has also been recognised through multiple awards and accolades for excellence in joint replacement surgery, further solidifying his standing as a leading orthopaedic specialist in Yelahanka. Patients under his care appreciate not only his expertise but also his compassionate and approachable demeanour. Dr. Ashok Kumar believes that successful orthopaedic care involves more than surgical intervention; it requires understanding the patient's

lifestyle, expectations, and long-term well-being. This comprehensive and empathetic approach has earned him enduring trust among his patients, who value his clarity in communication, ethical practice, and commitment to achieving optimal outcomes. With his blend of surgical excellence, academic contribution, and patient-centred care, Dr. Ashok Kumar P represents the finest standards of orthopaedic practice in Bangalore, continuing to advance the field while transforming lives through expert musculoskeletal treatment.

Fellowship & Membership

- Scientific committee member of Karnataka Orthopaedic Association (KOA).

Field of Expertise

- Arthroplasty and pelvi-acetabular fractures.

Languages Spoken

- English
- Kannada
- Hindi
- Tamil
- Telugu

Awards & Achievements

- Was awarded with VK-BM Service Excellence Award for Joint Replacement surgeries by Hon’ble Minister of Health & Family Welfare & Minister for Medical Education Mr Dinesh Gundu Rao

& Dr Sharana Prakash Patil, respectively.