



DR. GIRISH KUMAR J

Consultant - Critical Care

Qualification

M.B.B.S | M.D | IDCCM | IFCCM | DrNB Critical care medicine

Overview

Dr. Girish Kumar J is a highly skilled Consultant - Critical Care Medicine at Manipal Hospital Yelahanka, bringing over a decade of rich experience in Critical Care Medicine, Neuroanesthesia, and Transplant Services. Widely regarded as one of the best critical care specialists in Yelahanka, he has been at the forefront of managing life-threatening emergencies, multi-organ dysfunction, complex post-operative conditions, and critical neurological cases with clinical precision and compassionate leadership. His extensive experience spans the full continuum of intensive care, from acute trauma and sepsis to perioperative neurocritical management and transplant coordination, making him a trusted expert in the critical care ecosystem. Dr. Girish has undergone advanced training in Critical Care Medicine (DrNB), alongside additional fellowships in Indian Diploma in Critical Care Medicine (IDCCM) and Indian Fellow in Critical Care Medicine (IFCCM), positioning him among the most comprehensively trained intensivists in the country. His background in Anaesthesiology (MD) from M.S. Ramaiah Medical College laid the foundation for his exceptional command over airway management, sedation, and perioperative

monitoring, skills that now inform his expertise in managing critically ill patients across multidisciplinary ICUs. In his current role at Manipal Hospital Yelahanka, Dr. Girish leads with a philosophy that merges medical excellence with empathy, ensuring that patients and families feel supported through every stage of critical illness. His areas of expertise include managing patients with sepsis, trauma, shock, postoperative complications, neurological emergencies, metabolic and endocrine crises, oncology cases, obstetric emergencies, and multi-organ failure. He is equally proficient in the complex care of transplant patients, including perioperative neuroanaesthesia and post-transplant monitoring, areas that demand precision, coordination, and exceptional decision-making under pressure. Renowned for his procedural expertise, Dr. Girish is adept in performing advanced ICU procedures such as endotracheal intubation, difficult airway management, central venous and arterial line placements, pericardiocentesis, thoracocentesis, paracentesis, and percutaneous tracheostomy. He is highly experienced in the use of invasive and non-invasive ventilation, including advanced ECMO (Extracorporeal Membrane Oxygenation) care, which was crucial during the management of severe ARDS and COVID-19 cases. His day-to-day ICU practice also involves the use of point-of-care ultrasound (POCUS) for hemodynamic assessment, trauma evaluation, and lung and cardiac imaging, reflecting his commitment to precision-driven, technology-enabled care. Throughout his career, Dr. Girish has displayed outstanding leadership in critical situations, spearheading Code Blue responses, coordinating multi-specialty teams, and ensuring timely, evidence-based interventions. His experience extends to managing specialised ICUs, including neurosurgical, trauma, cardiac, and transplant units, with expertise in brain-death declaration and ethical end-of-life care. In addition to his clinical responsibilities, he is deeply invested in mentoring junior doctors, promoting critical care training, and advancing patient safety protocols. With an unwavering focus on continuous improvement and innovation, Dr. Girish remains committed

to advancing the standards of intensive care through research, education, and process refinement. His passion for integrating technology with clinical expertise makes him one of the leading intensivists in Yelahanka, known for his calm composure in crises and unwavering commitment to patient welfare. His work continues to make a significant difference in improving survival outcomes and quality of care for critically ill patients at Manipal Hospital Yelahanka.

Field of Expertise

- BCLS
- Pulmonary Artery
- Transtracheal Needle
- ACLS
- Catheters
- Aspiration
- Thoracocentesis
- Arterial Lines
- Percutaneous
- Tracheostomy
- Paracentesis
- Spinal Tap
- Pericardiocentesis
- HemoDialysis
- Difficult Airway Management
- Insertion of Central
- Ventilation Management
- Venous Catheter/Dialysis
- Naso-Gastric Tube
- Sedation Analgesia
- Critical Care Ultrasound catheter
- Endotracheal Intubation and Echocardiography
- Chest Tubes

Languages Spoken

- English
- Kannada
- Hindi