

DR. GIRISH KUMAR J

Consultant - Critical Care

Qualification

M.B.B.S | M.D | IDCCM | IFCCM | DrNB Critical care medicine

Overview

Dr. Girish Kumar J is a highly skilled Consultant - Critical Care Medicine at Manipal Hospital Yelahanka, bringing over a decade of rich experience in Critical Care Medicine, Neuroanaesthesia, and Transplant Services. Widely regarded as one of the leading critical care specialists in Yelahanka, he has been at the forefront of managing life-threatening emergencies, multi-organ dysfunction, complex post-operative conditions, and critical neurological illnesses with clinical precision and compassionate leadership. His extensive experience spans the full continuum of intensive care, from acute medical and surgical emergencies to complex trauma, neurocritical care, post-cardiac arrest management, and transplant intensive care, making him a trusted expert in the multidisciplinary critical care ecosystem. Dr. Girish has undergone advanced training in Critical Care Medicine (DrNB), along with additional qualifications including the Indian Diploma in Critical Care Medicine (IDCCM) and Indian Fellow in Critical Care Medicine (IFCCM), positioning him among the comprehensively trained intensivists in the country. His background in Anaesthesiology (MD) from M.S. Ramaiah Medical College laid a strong foundation for his

expertise in airway management, sedation, perioperative monitoring, and advanced life support, which continue to strengthen his multidisciplinary approach towards critically ill patients. In his current role at Manipal Hospital Yelahanka, Dr. Girish provides quaternary care for complex multidisciplinary critically ill patients across medical, surgical, trauma, neurological, cardiac, and post-transplant settings. He is experienced in managing patients with sepsis, shock, severe trauma, multi-organ failure, postoperative complications, neurological emergencies, metabolic and endocrine crises, oncology-related critical illness, obstetric emergencies, brain-dead patients, and survivors of cardiac arrest requiring comprehensive intensive care. His approach combines evidence-based medicine with empathetic communication, ensuring that patients and their families receive holistic support throughout the course of critical illness. His expertise extends to providing advanced organ support therapies for patients with severe organ dysfunction. He is proficient in managing advanced renal replacement and extracorporeal therapies including Sustained Low-Efficiency Dialysis (SLEED), Continuous Renal Replacement Therapy (CRRT), plasmapheresis, and Extracorporeal Membrane Oxygenation (ECMO). These advanced life-support modalities play a crucial role in the management of critically ill patients with complex cardiac, respiratory, renal, and multisystem conditions, requiring meticulous monitoring and coordinated multidisciplinary care. Dr. Girish is also highly experienced in advanced haemodynamic and neurological monitoring techniques that support precise clinical decision-making in intensive care. His clinical practice includes neuromonitoring, invasive cardiac output monitoring, Intra-Aortic Balloon Pump (IABP) support, transthoracic echocardiography (2D ECHO), transcranial Doppler assessment, and point-of-care ultrasound (POCUS) for haemodynamic evaluation, trauma assessment, and bedside lung and cardiac imaging. His technology-enabled approach allows timely diagnosis and personalised management of critically ill patients in rapidly evolving clinical situations. Renowned for his procedural expertise, Dr. Girish

routinely performs a wide range of advanced ICU procedures including endotracheal intubation, difficult airway management, central venous catheter insertion, arterial line placement, percutaneous tracheostomy, bronchoscopy with bronchoalveolar lavage (BAL) sampling, thoracocentesis, paracentesis, pericardiocentesis, nerve blocks, and invasive haemodynamic monitoring. His proficiency in these critical interventions contributes significantly to safe and effective bedside management of patients requiring complex intensive care. Throughout his career, Dr. Girish has demonstrated exceptional leadership during critical emergencies by spearheading Code Blue responses, coordinating multidisciplinary teams, and ensuring timely evidence-based interventions. He has extensive experience across specialised ICUs including neurosurgical, trauma, cardiac, medical, surgical, and transplant intensive care units. His expertise also encompasses brain-death assessment and declaration, organ donor management, post-transplant critical care, ethical end-of-life decision-making, and palliative care communication, reflecting his commitment to compassionate and patient-centred intensive care. Beyond clinical excellence, Dr. Girish is deeply committed to improving patient safety and quality of care through antimicrobial stewardship and robust infection control practices within the ICU. He actively contributes to mentoring junior doctors, strengthening critical care education, promoting evidence-based protocols, and fostering a culture of continuous clinical improvement. With an unwavering dedication to innovation, education, and compassionate medicine, Dr. Girish continues to advance the standards of intensive care at Manipal Hospital Yelahanka, making a meaningful difference in the survival and recovery of critically ill patients.

Field of Expertise

- BCLS
- Pulmonary Artery

- Transtracheal Needle
- ACLS
- Catheters
- Aspiration
- Thoracocentesis
- Arterial Lines
- Percutaneous
- Tracheostomy
- Paracentesis
- Spinal Tap
- Pericardiocentesis
- HemoDialysis
- Difficult Airway Management
- Insertion of Central
- Ventilation Management
- Venous Catheter/Dialysis
- Naso-Gastric Tube
- Sedation Analgesia
- Critical Care Ultrasound catheter
- Endotracheal Intubation and Echocardiography
- Chest Tubes

Languages Spoken

- English
- Kannada
- Hindi