



## **DR. JOSEPH MATHEW**

Consultant - Surgical Oncology, Minimal Access Surgery and Robotic Assisted Surgery

### **Qualification**

M.S. (General Surgery) | M.R.C.S. (Edinburgh) | M.Ch. (Surgical Oncology) | Fellowship in Minimal Access Colorectal Surgical Oncology (Tata Memorial) | Fellowship in GI Surgical Oncology & Robotic Surgery (Intuitive Foundation)

### **Overview**

Dr. Joseph Mathew is a highly skilled Surgical Oncologist in Yelahanka. He is currently practising as a Consultant – Surgical Oncology at Manipal Hospital Yelahanka, Bengaluru, bringing extensive clinical expertise in advanced gastrointestinal, colorectal, and minimally invasive (laparoscopic and robotic) cancer surgeries. With a strong academic foundation and a global outlook towards modern oncological care, he is widely regarded as one of the best surgical oncologists in Yelahanka, known for his precision, compassion, and unwavering commitment to achieving optimal patient outcomes. Dr. Mathew's medical journey is distinguished by academic excellence and rigorous surgical training. He completed his MBBS from Mysore Medical College and Research Institute, followed by MS in General Surgery from the esteemed Bangalore Medical College and Research Institute. He later attained his M.Ch. in Surgical Oncology from Kidwai Memorial Institute of Oncology, Bengaluru, one of India's premier cancer centres. His

pursuit of international recognition led him to earn the Membership of the Royal College of Surgeons (MRCS), Edinburgh, a testament to his clinical proficiency and surgical acumen. Complementing his surgical expertise, he also holds fellowships in Minimal Access Colorectal Surgical Oncology (Tata Memorial Hospital, Mumbai) and GI Surgical Oncology & Robotic Surgery (Intuitive Foundation), which have shaped his capabilities in the most advanced, minimally invasive, and precision-based oncological techniques. As a clinician, Dr. Mathew's focus lies in gastrointestinal and colorectal cancers, where he integrates advanced laparoscopic and robotic surgical methods to enhance precision, reduce postoperative recovery time, and improve patient comfort. His extensive experience in robotic-assisted and minimally invasive surgeries reflects a profound understanding of surgical anatomy, oncological safety, and patient-centred recovery protocols. Whether treating complex colorectal malignancies, upper gastrointestinal tumours, or hepatopancreatobiliary cancers, Dr. Mathew's approach is rooted in evidence-based practice and technological innovation. Dr. Mathew's commitment to research and continuous learning stands as one of the pillars of his professional identity. He has authored and co-authored numerous publications in high-impact international journals such as *Annals of Surgical Oncology*, *European Journal of Surgical Oncology*, *Indian Journal of Surgical Oncology*, *Colorectal Diseases and Cancer Reports*. His studies on robotic and laparoscopic pelvic lymph node dissections, anastomotic stricture outcomes, and rare malignancies have contributed significantly to the evolving discourse in surgical oncology. In addition, he has presented his work at prestigious national and international conferences, sharing his insights on robotic techniques and complex gastrointestinal resections. Beyond his surgical and academic contributions, Dr. Mathew is an active peer reviewer for globally recognised journals, including *JCO*, *BMJ Open*, *EJSO*, *WJSO*, and *Cancer Medicine*. His analytical skills, coupled with a strong foundation in medical writing, research methodology, and statistical interpretation, enable him to contribute meaningfully to the

advancement of oncological knowledge and best practices. What distinguishes Dr. Mathew as one of the best surgical oncologists in Yelahanka is not merely his surgical precision but his empathetic, patient-first philosophy. He believes in transparent communication, informed decision-making, and multidisciplinary collaboration, ensuring that every patient's treatment plan is personalized and holistic. His calm demeanor, clinical confidence, and unwavering ethical standards have earned him the trust of his patients and peers alike. Dr. Mathew's professional affiliations with leading organisations such as the Indian Association of Surgical Oncology (IASO), European Society for Medical Oncology (ESMO), American Society of Clinical Oncology (ASCO), European Association for Endoscopic Surgery (EAES), Royal College of Surgeons of Edinburgh (RCSEd), and the European Federation for International Society of Digestive Surgery (EFISDS) further underscore his engagement with the global surgical oncology community. Through these affiliations, he remains at the forefront of emerging technologies, clinical trials, and surgical innovations that continue to redefine the future of cancer care. At Manipal Hospital Yelahanka, Dr. Joseph Mathew provides comprehensive surgical oncology services that blend advanced technology with compassionate care. His practice encompasses robotic and minimally invasive oncological procedures, endoscopic diagnostics, and image-guided surgical interventions, all supported by the hospital's state-of-the-art infrastructure. With a patient-centric approach and evidence-based precision, he remains committed to improving survival outcomes and enhancing quality of life for individuals battling cancer, reaffirming his position as one of the best surgical oncologists in Yelahanka today.

### **Fellowship & Membership**

- Indian Association of Surgical Oncology (IASO)
- Royal College of Surgeons of Edinburgh (RCSEd)
- European Association for Endoscopic Surgery (EAES)

- American Society of Clinical Oncology (ASCO)
- European Federation for the International Society of Digestive Surgery (EFISDS)
- European Society for Medical Oncology (ESMO)

### **Field of Expertise**

- Minimal Access Surgery - Advanced Laparoscopy and Robotic Surgery
- Gastrointestinal Surgery
- Upper GI - Oesophagus and Stomach
- Hepatobiliary and Pancreas
- Colorectal
- Gastrointestinal Endoscopy - Upper GI Endoscopy and Colonoscopy
- Peritoneal Surface Malignancies - HIPEC and PIPAC
- Gynecological Oncology
- Head and Neck Oncology
- Breast Oncology
- Endocrine Surgery
- Sarcoma and Musculoskeletal Oncology

### **Languages Spoken**

- English
- Kannada
- Hindi
- Malayalam

### **Talks & Publications**

- JDixit, J Mathew, S Chigurupati, KMR Murthy. Utility of the da Vinci X Robotic System in Extramesocolic Resections for Locally Advanced Colon Cancer: A Video Vignette. *ISURG* 2025;8:67-69.<https://doi.org/10.1016/j.isurg.2025.04.002>.
- J. Mathew, YKBansod, N Yadav, J Murugan, KB Reddy, M Kazi, A DeSouza, A Saklani. Laparoscopic Versus Robotic Lateral Pelvic Lymph Node Dissection in Locally-Advanced Rectal Cancer: A Cohort Study Comparing Perioperative Morbidity and Short-Term Oncological Outcomes. *Cancer Rep (Hoboken)*. 2025;8(3):e70174.<https://doi.org/10.1002/cnr2.70174>.
- JMathew, A Saklani. ASO Author Reflections: Predictors of Pelvic Lymphocele Formation After Lateral Pelvic Node Dissection for Rectal Cancer. *Ann Surg Oncol*. 2025;32(1):178-179.<https://doi.org/10.1245/s10434-024-16459-3>.
- JMathew, M Kazi, A DeSouza, A Saklani. ASO Visual Abstract: Postoperative Morbidity and Factors Predicting the Development of Lymphoceles following Lateral Pelvic Node Dissection for Rectal Cancer—A Cohort Study. *Ann Surg Oncol*. 2025;32(1):188. <https://doi.org/10.1245/s10434-024-16393-4>.
- J. Mathew, MKazi, ADeSouza, ASaklani. Postoperative Morbidity and Factors Predicting the Development of Lymphoceles Following Lateral Pelvic Node Dissection for Rectal Cancer: A Cohort Study. *Ann Surg Oncol*. 2025;32(1):165-175. <https://doi.org/10.1245/s10434-024-16320-7>.
- J Mathew, BC Rajani, D Thakur, R Krishnappa, KS Sabitha, R Halkud. Single-Tracer Methylene Blue-Guided Sentinel Lymph Node Biopsy in Early-Stage Squamous Cell Carcinoma of the Buccal Mucosa: A Prospective Study. *Indian J Surg Oncol*. 2024;15(4):661-670. <https://doi.org/10.1007/s13193-024-01962-6>.
- J. Mathew, M Kazi, V Sukumar, S Thakur, A Desouza, A Saklani. Factors predicting successful resolution and long-term outcomes of benign anastomotic strictures following rectal

- cancer surgery. Eur J Surg Oncol. 2023;49(7):1307-1313.  
<https://doi.org/10.1016/j.ejso.2023.02.012>.
- J Mathew, R Arjunan, A Dasappa, A Namachivayam. ASO Author Reflections: Extraskkeletal Ewing Sarcoma- Outcomes and Prognosticators of a Rare Malignancy. Ann Surg Oncol. 2023;30(5):3095-3096.<https://doi.org/10.1245/s10434-023-13134-x>.
  - J Mathew, R Arjunan, A Dasappa, A Namachivayam. ASO Visual Abstract: Prognostic Factors and Clinical Outcomes in Extraskkeletal Ewing Sarcoma-A Cohort Study. Ann Surg Oncol. 2023;30(13):8673-8674.<https://doi.org/10.1245/s10434-023-13939-w>.
  - J Mathew, R Arjunan, A Dasappa, A Namachivayam. Prognostic Factors and Clinical Outcomes in Extraskkeletal Ewing Sarcoma: A Cohort Study. Ann Surg Oncol. 2023;30(5):3084-3094.<https://doi.org/10.1245/s10434-022-12992-1>.
  - A Sharma, S Raghavan, J Mathew, M Kazi, A DeSouza, A Saklani. Pre-sacral fascia excision for locally advanced rectal cancer: A video vignette of extended TME. Colorectal Dis. 2023.<https://doi.org/10.1111/codi.16509>.
  - J Mathew, R Arjunan, S Althaf, R Halkud. Primary Hyperparathyroidism: Is Image Localisation Alone Sufficient to Ensure Long-Term Cure in Unifocal Disease? Cureus 2022.14(11):e31244.<https://doi.org/10.7759/cureus.31244>.
  - J Mathew, M Kazi, A DeSouza, A Saklani. Utility of the da Vinci Xi Platform in Extended Resections for Locally-advanced Rectal Cancer: A Video Vignette. Colorectal Dis. 2022.<https://doi.org/10.1111/codi.16430>.
  - KV Veerendra Kumar, S Ramesh, J Mathew. Squamous Cell Carcinoma: Oesophagus. In: Hamid Elia Daaboul (Eds.), Squamous Cell Carcinoma- Hallmark and Treatment Modalities. IntechOpen 2020; available from: <https://www.intechopen.com/books/squamous-cell-carcinoma-hallmark-and-treatment-modalities/squamous-cell-carcinoma->

oesophagus (accessed

<https://doi.org/10.5772/intechopen.86196> on 23 Oct 2020).

- J Mathew, K Ramalingam, CS Ramesh, K.V. Veerendra Kumar, Suma MN. A Stranger in the Backyard: a Rare Case of Retroperitoneal Squamous Cell Carcinoma. Indian J Surg 2019;81:189-191.<https://doi.org/10.1007/s12262-018-1810-8>.
- J Mathew, V Shashikala, N Arun Kumar. A Comparative Study of Surgical Outcomes Following Onlay and Underlay Repairs for Ventral Hernias. J Clin Diagn Res. 2017;11(11):PC11-15.<https://doi.org/10.7860/jcdr/2017/29196.10901>.