



## **DR. KALINDI SINGH MEHTA**

Associate Consultant - Emergency

### **Qualification**

MBBS | Master In Emergency Medicine (MEM)

### **Overview**

Dr. Kalindi Singh Mehta is a highly skilled emergency medicine physician in Yelahanka, currently practising as a Associate Consultant - Emergency Medicine at Manipal Hospital Yelahanka, Bangalore. With extensive hands-on experience in trauma management, acute care, and advanced life support, she has earned recognition as one of the best emergency medicine specialists in Yelahanka, known for her calm precision, analytical insight, and swift clinical decision-making in high-pressure environments. Her approach combines deep medical expertise with compassion and composure, ensuring that every patient who enters the emergency department receives timely, effective, and empathetic care. Dr. Mehta holds an MBBS from Mahatma Gandhi Mission College and Hospital, Aurangabad, and is currently completing her Master's in Emergency Medicine (MEM) while pursuing her Membership of the Royal College of Emergency Medicine (MRCEM, UK), a qualification that underscores her commitment to international standards of emergency care. Over the years, she has developed advanced clinical competencies in trauma stabilisation, cardiac resuscitation, triage management, and ultrasound-guided emergency

procedures, allowing her to handle a vast range of critical situations with precision and confidence. Her role as an emergency medicine physician at Manipal Hospital Yelahanka involves working at the frontline of acute care, where every second counts. Dr. Mehta's expertise spans advanced cardiac life support (ACLS), paediatric advanced life support (PALS), advanced trauma life support (ATLS), and point-of-care ultrasonography (POCUS). Her ability to lead rapid response teams, assess critically ill patients, and coordinate multidisciplinary interventions has made her an integral part of Manipal Hospital's emergency response system. Whether managing polytrauma cases, respiratory emergencies, cardiac arrests, or acute neurological events, she consistently upholds clinical excellence and evidence-based practice in every aspect of patient management. Dr. Mehta is particularly known for her skill in triage and emergency department flow management, ensuring that each case receives timely attention based on its clinical priority. Her decisions often make the crucial difference between life and death in complex emergencies. Beyond her technical proficiency, she demonstrates strong communication and leadership skills, guiding nursing teams, coordinating with consultants across departments, and maintaining calm under immense pressure. Her structured yet empathetic approach ensures that patients and their families feel supported and informed, even in the most distressing situations. Dedicated to continuous professional development, Dr. Mehta actively participates in national and international conferences such as EMCON and GICS, staying abreast of evolving trends in emergency medicine. Her training in advanced airway management and point-of-care ultrasound further enhances her diagnostic efficiency during acute resuscitation and trauma evaluations. Her multilingual fluency in English, Hindi, Marathi, and Kannada allows her to communicate effectively with patients from diverse backgrounds, a vital skill in emergency care where clarity and empathy can ease anxiety and improve cooperation. At Manipal Hospital Yelahanka, Dr. Mehta's work exemplifies the hospital's mission of delivering high-

quality emergency care guided by compassion and clinical precision. Her exceptional commitment to patient outcomes and continuous learning positions her among the best emergency medicine doctors in Yelahanka, trusted by both patients and colleagues for her readiness, responsibility, and resilience. Each day, she brings not only medical expertise but also a deep human touch to one of the most demanding specialities in healthcare.

### **Languages Spoken**

- English
- Marathi
- Kannada

### **Awards & Achievements**

- EMCON 2023 ,2024
- GICS 2022
- Advanced Airway Skills
- POCUS