

DR. GOPINATH N

Consultant - Endocrinology

Qualification

MBBS | MD (General Medicine) | DM (Endocrinology & Metabolism)

Overview

Dr. Gopinath N is a highly skilled Endocrinologist. Currently he is practicing as Consultant - Endocrinology, at Manipal Hospital Yelahanka, with an impressive background in the diagnosis and management of hormonal and metabolic disorders. Bringing over three years of specialised experience in endocrinology and a strong foundation in general medicine, he is widely regarded as one of the best endocrinologists in Yelahanka. His clinical practice encompasses the management of diabetes mellitus, thyroid dysfunction, growth and puberty-related issues in children, reproductive hormone disorders, obesity, and a wide spectrum of complex endocrine conditions affecting both men and women. With a deep commitment to clinical excellence and patient-centred care, Dr. Gopinath has developed an approach that combines evidence-based medicine with empathy and clear communication. His proficiency in managing Type 1 and Type 2 Diabetes Mellitus, including advanced use of Continuous Glucose Monitoring (CGM) systems and insulin pumps, has enabled countless patients to achieve better glucose control and improved quality of life. He also brings substantial expertise in diagnosing and treating thyroid

diseases, ranging from common conditions such as hypothyroidism and hyperthyroidism to complex autoimmune disorders like Graves' disease. As one of the leading endocrinologists in Yelahanka, Dr. Gopinath's practice extends beyond diabetes and thyroid care. His experience in addressing growth and pubertal disorders in children, male and female sexual dysfunction, osteoporosis, polycystic ovary syndrome (PCOS), and metabolic syndrome reflects his comprehensive understanding of hormonal health across all age groups. His ability to identify and manage intricate conditions such as acromegaly, Cushing's syndrome, pheochromocytoma, and adrenal tumours further showcases his diagnostic precision and clinical depth. A strong believer in lifelong learning, Dr. Gopinath has contributed to the field of endocrinology through active research, scholarly publications, and academic participation. His work has been published in peer-reviewed journals, covering areas such as cardiovascular risk assessment, bone metabolism, and perioperative outcomes in endocrine tumours. Notably, he co-authored a chapter on "Endocrine Disruptors" in the ITS Textbook of Thyroid Disorders (2023), underscoring his role in advancing contemporary endocrinological understanding. He has also presented papers at national and international medical conferences, where his case studies and research findings have been recognised for their academic value and clinical relevance. Dr. Gopinath's academic background includes an MBBS from Mysore Medical College and Research Institute, MD in General Medicine from the Regional Institute of Medical Sciences, and a DM in Endocrinology from Gauhati Medical College. His training across premier institutions has equipped him with a diverse clinical perspective and the ability to adapt to evolving medical technologies and treatment protocols. At Manipal Hospital Yelahanka, Dr. Gopinath continues to deliver exceptional care through a holistic approach that balances medical precision with compassion. His consultation style emphasises patient education, helping individuals understand their conditions, treatment plans, and lifestyle modifications necessary for long-term wellness. Known for his

patience, attention to detail, and collaborative outlook, he has earned the trust of patients and peers alike. His multilingual proficiency in Kannada, English, Hindi, Telugu, Tamil, Assamese, and Manipuri further enhances his ability to connect with patients from diverse backgrounds. With an unwavering passion for endocrinology, Dr. Gopinath remains dedicated to enhancing patient outcomes and contributing to the broader healthcare landscape. His focus on innovation, ethics, and excellence positions him among the best endocrinologists in Yelahanka, and his work continues to make a meaningful impact in the management of endocrine and metabolic diseases.

Field of Expertise

- Treatment of diabetes mellitus Type 1 & Type 2
- Diabetic Emergencies - Hyperglycemic Hyperosmolar State & Diabetic Ketoacidosis
- Hypo & Hyperthyroid Disorders
- Male and Female Sexual Dysfunction Due to Hypogonadism
- Infertility Issues
- Obesity, PCOS and Metabolic Syndrome
- Osteoporosis
- Growth & Puberty related Disorders in Children
- Other hormone-related disorders like Acromegaly, Pheochromocytoma, Cushing Syndrome etc

Languages Spoken

- Kannada
- English
- Telugu
- Tamil

- Hindi
- Assamese
- Manipuri