

DR. RAJINI SURENDRA

Consultant - Internal Medicine

Qualification

MD

Overview

Dr. Rajini Surendra is a seasoned internal medicine specialist in Yelahanka. She is currently practising as a Consultant – Internal Medicine at Manipal Hospital Yelahanka, Bangalore, bringing over 17 years of clinical experience in adult medicine with strong expertise in comprehensive inpatient care, complex medical case management, and hospital-based internal medicine practice. Dr. Rajini began her medical journey with an MBBS from Kempegowda Medical College, Bangalore, where she built a solid foundation in clinical medicine and diagnostic evaluation. She then completed her residency in Internal Medicine at Richmond University Medical Centre, Staten Island, New York, where she received structured training in managing a broad spectrum of acute and chronic adult illnesses. During her residency, she gained extensive exposure to hospital-based care, treating patients with cardiovascular diseases, metabolic conditions, respiratory disorders, infections, and multi-system illnesses requiring coordinated clinical management. Following her residency, Dr. Rajini worked as a hospitalist in the United States, where she developed strong expertise in managing high-acuity inpatient cases. This experience enhanced her

ability to make timely clinical decisions and implement structured, evidence-based treatment plans in complex hospital environments. Her international exposure has strengthened her understanding of patient safety protocols, multidisciplinary care coordination, and outcome-driven medical practice. These competencies continue to shape her current clinical approach, where she focuses on delivering thorough assessments and well-coordinated care for adult patients. Her extensive training and experience position her among the best internal medicine doctors in Yelahanka for patients requiring detailed evaluation and management of complex health conditions. At Manipal Hospital Yelahanka, Dr. Rajini manages a wide range of adult medical conditions, including infections, metabolic disorders, chronic systemic diseases, and acute illnesses requiring hospital admission. Her approach is centred on precise clinical evaluation, accurate diagnosis, and evidence-based treatment planning. Given that internal medicine often involves patients with multiple coexisting conditions, her expertise in hospital medicine enables her to deliver well-integrated and comprehensive care. She also places strong emphasis on preventive healthcare and long-term disease management. Dr. Rajini guides patients in managing chronic illnesses through structured follow-up, lifestyle modifications, and continuous medical supervision. This balanced approach to acute care and preventive medicine has contributed to her recognition as one of the best internal medicine doctors in Yelahanka for individuals seeking reliable hospital-based care and sustained health management. Dr. Rajini is fluent in English and Kannada, enabling effective communication with patients and their families. At Manipal Hospital Yelahanka, she continues to deliver comprehensive internal medicine care, combining global clinical experience with a practical, patient-focused approach.

Fellowship & Membership

- PG Diploma in Clinical Endocrinology and Diabetology- Royal

College of Physicians.
- PG Diabetology - John Hopkins.

Field of Expertise

- Diabetes
- Hypotension and Infectious Diseases

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil