

DR. ARJUN MB

Consultant - Internal Medicine

Qualification

MBBS | MD (RML) | DNB | CCEBDM

Overview

Dr. Arjun M. B is a dedicated internal medicine specialist in Yelahanka, Bengaluru, with over 6 years of clinical experience in managing a wide range of acute and chronic medical conditions. He is currently practising as a Consultant - Internal Medicine at Manipal Hospital, Yelahanka. With strong expertise in comprehensive adult medicine and critical care management, he is regarded as one of the best general physicians in Yelahanka for evidence-based and patient-centred care. Dr. Arjun completed his MBBS from Sri Devaraj Urs Medical College, followed by an MD in General Medicine from Lady Hardinge Medical College, New Delhi. He further strengthened his credentials by clearing the DNB in General Medicine. In addition, he holds certification in Essentials of Palliative Care, reflecting his commitment to holistic and compassionate patient management. His clinical expertise includes the management of infectious diseases, diabetes, lifestyle disorders, and complex internal medicine conditions. He is skilled in a range of procedures such as advanced airway management, central venous catheterisation, bone marrow biopsy, renal biopsy, thoracentesis, and paracentesis. He also has experience in managing medical

emergencies, including cardiac and neuro-thrombolysis, toxicology cases, and critically ill patients requiring intensive monitoring and intervention. Dr. Arjun has played an active role in inpatient care, leading multidisciplinary teams, managing medical wards, and responding to emergency situations. His approach focuses on accurate diagnosis, timely intervention, and long-term disease management, ensuring improved patient outcomes. He also has a strong interest in diabetology and chronic disease prevention. In addition to his clinical work, Dr. Arjun is actively involved in academic activities and research. He has published multiple case reports in international journals and has presented at national conferences such as APICON. His research interests include electrolyte disorders and rare infectious diseases, contributing to improved understanding of complex clinical presentations. Fluent in English, Kannada, Hindi, Tamil, and Telugu, Dr. Arjun ensures effective communication with patients from diverse backgrounds. Known for his structured and empathetic approach, he prioritises patient education and informed decision-making. His combination of clinical expertise, academic involvement, and compassionate care makes him one of the best general physicians in Yelahanka for comprehensive internal medicine care.

Fellowship & Membership

- Diabetes Management, Royal College of Physicians, UK
- Life member and Faculty Speaker at
- American College of cardiology
- European Society of Infectious diseases
- American Diabetes Association

Field of Expertise

- Internal Medicine

- Diabetology
- Infectious Diseases
- Lifestyle disorders

Languages Spoken

- English
- Kannada
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Letter of appreciation from Physician to the Prime minister of India.

Talks & Publications

- 7 case reports in indexed journals. Poster and Paper presentation at APICON - 2019.