

DR. RAGHAVENDRA H

Consultant - Rheumatology

Qualification

MBBS | MD(Internal Medicine) | DM (Rheumatology & Clinical Immunology)

Overview

Dr. Raghavendra H is a highly skilled rheumatologist in Yelahanka, currently practising as a Consultant – Rheumatology at Manipal Hospital Yelahanka, Bangalore, where he brings a wealth of clinical experience and academic excellence to the treatment of complex autoimmune and inflammatory conditions. Renowned for his compassionate care and evidence-based approach, he is widely regarded as one of the best rheumatologists in Yelahanka, offering comprehensive management for a broad spectrum of rheumatic diseases. His practice reflects a deep commitment to improving patient quality of life through precision medicine, individualised treatment plans, and continuous research into emerging therapies. Having earned his MBBS from Father Muller Medical College, Mangalore, in 2012, Dr. Raghavendra laid a strong foundation for his medical journey early on. He went on to complete his MD in Internal Medicine from Rajasthan University of Health Sciences in 2016, which equipped him with a thorough understanding of systemic diseases and internal medicine principles. His growing fascination with autoimmune disorders and chronic inflammatory conditions motivated him to

pursue further specialisation, a DM in Rheumatology and Clinical Immunology from The Tamil Nadu Dr M.G.R. Medical University (TNMGRMU) in 2020. His academic achievements culminated in him being awarded a Gold Medal by TN MGR University, a recognition of his exemplary performance and clinical acumen during his super-specialty training. At Manipal Hospital Yelahanka, Dr. Raghavendra offers specialised care for patients suffering from rheumatoid arthritis, psoriatic arthritis, vasculitis, systemic lupus erythematosus (SLE), and various other systemic autoimmune conditions. His expertise also extends to the management of spondyloarthritis and gout, conditions that often demand a nuanced understanding of immunological mechanisms and targeted therapeutic interventions. To further enhance patient comfort and mobility, he performs intra-articular injections, a minimally invasive procedure that helps relieve joint inflammation and pain, restoring function in affected joints. His approach is holistic, addressing not just the physiological symptoms but also the emotional and psychological well-being of his patients, ensuring a more complete and sustainable recovery. Dr. Raghavendra’s contribution to rheumatology extends well beyond clinical practice. His research portfolio includes influential studies such as the Efficacy of Tocilizumab in Patients with Takayasu’s Arteritis, HLA Phenotype Prevalence in Spondyloarthritis, and Interleukin 1β Levels in Acute Gout. These works highlight his dedication to advancing the field through clinical research, particularly in understanding how biological agents and immunomodulators can be optimally used in managing chronic rheumatic conditions. In addition, he has investigated the Sociodemographic and Radiological Attributes of Stroke Patients, and has published case studies on rare medical phenomena such as Lymphocytic Hypophysitis and Double Chambered Right Ventricle. Fluent in Kannada, Hindi, Tamil, and English, Dr. Raghavendra’s multilingual ability allows him to communicate effectively with patients from varied linguistic backgrounds, a skill that strengthens the trust and comfort essential for long-term disease management. His

empathetic communication style, coupled with his precise diagnostic insight, makes him a trusted choice for patients seeking the best rheumatologist in Yelahanka. Registered with the Karnataka Medical Council since 2012, Dr. Raghavendra continues to build on his reputation for clinical excellence through active participation in medical discussions, conferences, and expert panels. His insights have been featured in leading platforms such as The Indian Express and Only My Health, where he has shared valuable perspectives on managing chronic inflammation and fibromyalgia. Every patient under his care benefits from a combination of advanced scientific knowledge, gentle bedside manner, and genuine compassion, qualities that have made Dr. Raghavendra one of the most respected names in his field. Whether managing complex autoimmune diseases or guiding patients toward long-term remission, he embodies the dedication and precision that define the modern physician. At Manipal Hospital Yelahanka, his unwavering commitment ensures that individuals suffering from rheumatic conditions receive the most advanced, comprehensive, and empathetic care possible.

Field of Expertise

- Expertise In Managing Rheumatoid Arthritis
- Spondyloarthritis
- Psoriatic Arthritis
- Vasculitis
- SLE and Other Systemic Autoimmune Illness
- Intra- Articular Injections

Languages Spoken

- Kannada
- Hindi

- Tamil
- English

Awards & Achievements

- Gold Medalist in DM Rheumatology and Clinical Immunology in TN MGR University.

Talks & Publications

- Efficacy of Tocilizumab in patients with Takayasu’s arteritis single-centre prospective study.
- A study of HLA phenotype prevalence in patients with Spondyloarthritis at a Tertiary care centre.
- Estimation of Interleukin 1β levels in acute gout patients before and after colchicine.
- A study of Clinico-radiological and Sociodemographic profile of patients with Stroke in a tertiary care hospital of South West Rajasthan.
- Lymphocytic hypophysitis mimicking Pituitary Macroadenoma.
- Double Chambered Right Ventricle: A Rare diagnosis.
- Dr. Raghavendra H on Follow these expert-approved tips to reduce chronic inflammation | The Indian Express. Click Here
- Manipal Hospitals Hebbal: Dr. Raghavendra H on Fibromyalgia Tender Points Explained: Symptoms, Diagnosis, And Insights From The Expert | Only My Health. Click Here