

DR. VIKAS G K

Consultant and Head - Emergency Medicine

Qualification

MBBS | MD (Emergency)

Overview

Dr. Vikas G K is a highly skilled emergency medicine specialist in Yelahanka. He is currently practising as a Consultant and Head Emergency Medicine at Manipal Hospital Yelahanka, Bangalore, bringing over a decade of expertise in managing critical, life-threatening conditions across all age groups. With a distinguished academic record, including a Gold Medal in his MD in Emergency Medicine from Rajiv Gandhi University of Health Sciences, Dr. Vikas combines evidence-based practice with extensive hands-on experience in pre-hospital care, trauma management, and acute medical emergencies. His comprehensive approach ensures rapid assessment, precise diagnosis, and timely interventions that significantly improve patient outcomes in high-pressure environments. Dr. Vikas has extensive experience in trauma care, pediatric emergencies, cardiac emergencies, toxicology, and disaster management. He is adept in advanced emergency procedures, including airway management, resuscitation, point-of-care ultrasonography, and invasive critical care interventions. Beyond in-hospital emergencies, he is proficient in pre-hospital and air ambulance services, allowing seamless continuity of

care from the scene of an accident to definitive hospital management. This expertise makes him one of the most sought-after specialists for patients seeking the best emergency doctor in Yelahanka or the best critical care physician in Yelahanka, particularly in complex or time-sensitive scenarios. In his current role at Manipal Hospital Yelahanka, Dr. Vikas has spearheaded the introduction of the NBE-recognised DNB program in Emergency Medicine, mentoring residents and first responders in life-saving protocols, resuscitation skills, and emergency procedures. He has conducted numerous faculty development programs, workshops, and community awareness initiatives, establishing a culture of excellence and preparedness within the department. His research contributions, presentations at national and international conferences, and publications in medical journals further reflect his commitment to advancing emergency medicine as both a practitioner and an academician. Dr. Vikas's leadership extends beyond clinical care. He has successfully structured emergency services to adhere to national and international protocols, integrating modern triage systems, trauma protocols, and rapid response mechanisms to enhance patient safety. His patient-centric approach focuses not only on acute care but also on family communication, patient counselling, and post-emergency follow-up, ensuring holistic care. Patients consistently commend his calm, decisive, and empathetic approach during emergencies, which is crucial in high-stress scenarios. Going forward, Dr. Vikas aims to expand advanced emergency services at Manipal Hospital Yelahanka, integrating state-of-the-art monitoring systems, simulation-based training, and public health emergency initiatives. His vision encompasses building a resilient, highly skilled emergency department that serves as a centre of excellence in Bangalore. Patients seeking the best emergency doctor in Yelahanka or the best emergency medicine consultant in Yelahanka can rely on his expertise, leadership, and dedication to delivering prompt, high-quality, and life-saving care.

Fellowship & Membership

- Life Member of Emergency Medicine Association, India.
- Life Member of the Society of Emergency Medicine of India.
- AIIMS Ultrasound Trauma Life Support Provider.
- American Heart Association Instructor for BLS & ACLS.
- American Heart Association Provider for PALS.
- ATLS Provider.
- Directorate General of Civil Aviation approved Air evacuation Specialist.

Field of Expertise

- Difficult Airway Management
- Emergency Toxicology
- Trauma Resuscitation
- Point of Care Ultrasound in Emergencies
- Pre-Hospital Care
- Pediatric Emergencies
- Acute Pain Management
- Infectious Disease Management
- Acute Pain Management and Procedural Sedation
- Infections disease and sepsis management
- Special interest in high-acuity emergency care, trauma systems, and emergency department leadership

Languages Spoken

- English
- Hindi
- Kannada
- Telugu

- Malayalam

Awards & Achievements

- Secured a Gold Medal in the very first batch of MCI-recognized MD in Emergency Medicine from Rajiv Gandhi University of Health Sciences, Bengaluru, Karnataka.
- Succeeded in the introduction of the DNB program in the Emergency Department, while rendering services as a Consultant at Valluvanad Hospital, Palakkad District, Kerala, without the required and satisfactory physical and mental infrastructure taking the Emergency Department to its zenith from zero facilities and protocols at the taluk level.
- Strengthened and enriched the Department of Emergency Medicine by imparting effective academic training programs in life support concepts to a considerable number of first responders contributing to the academic highlights of the department.
- Created proper and appropriate awareness pertaining to the concepts, significance, and protocols of Emergency Medicine among the doctors of other specialties thereby rendering a new lease of life to the specialty of the Emergency Medicine Department.

Talks & Publications

- Delivered a talk on Traum updates in CME “Monsoon Illnesses" organized by Valluvanad Hospital Complex Limited, Ottapalam Palghat, Kerala on 5th Apr 2020.
- Guest lecture on the topic “First Aid” for 50 teachers of KENDRIYA VIDYALAYA, Ottapalam, Kerala on 7th June 2019.
- Completed an Online course of “Comprehensive Critical Care

Campaign" during the month of August 2020 duration of 4 weeks organized by Critical Care Foundation.

- Faculty talk on "ECG Basics" in EM Karnataka Conference in Jan 2019, Bangalore.
- Chairperson for two presentations in Continued Medical Education "Current Trends in Toxicology Emergencies and Animal Bites " held in SSIMS & RC, Davangere, Karnataka December 2018.
- Presented a research poster at the 11th Annual Conference of the Indian Society of Toxicology, August 2017 Kodaikanal.
- Faculty talk on "Stroke Alert" in INDUS-EM International Conference October 2016, Bangalore.
- Amitraz Poisoning-A Rare Pesticide Poisoning: IJMAHS, Volume 3, Issue 3, September 2
- Granulocytic Sarcoma presenting as acute paraplegia and Proptosis JPHMR, Issue 2, 2014.
- A study on Inguinal Hernia: Volume 3 Issue 12 December 2014.
- Amitraz Poisoning – A Rare Pesticide Poisoning, IJMAHS, 3, 3, 09/01/14
- Granulocytic Sarcoma Presenting As Acute Paraplegia And Proptosis, JPHMR, 2, 2014
- A Study On Inguinal Hernia, 3, 12, 12/01/14