

DR. SHAHINA ANJUM

Consultant - Fetal Medicine

Qualification

MBBS | DIP GO

Overview

Dr. Shahina Anjum is an experienced foetal medicine specialist in Bangalore. She is currently practising as a Consultant - Fetal Medicine at Manipal Hospital Whitefield. With over 25+ years of experience in obstetrics and gynaecology, Dr. Shahina has profound expertise in prenatal diagnostics and maternal-foetal care, providing timely interventions to ensure optimal outcomes for both mother and foetus. Dr. Shahina holds an MBBS degree from Karnataka University, Dharwad, and a postgraduate diploma in Obstetrics and Gynaecology (DIP GO) from the Indian College of Maternal & Child Health (ICMCH). As part of her professional development, Dr. Shahina has completed advanced training in diagnostic ultrasound for obstetrics and gynaecology. She consistently updates her skills in alignment with evolving technologies and global standards in maternal-foetal medicine. At Manipal Hospital Whitefield, Dr. Shahina provides comprehensive foetal assessments using advanced diagnostic imaging techniques. Her core competencies include early pregnancy scans, detailed anomaly scans, interval growth assessments, and Doppler studies. She is highly skilled in conducting gynaecological ultrasound

procedures, including transabdominal and transvaginal scans, and is proficient in follicular studies as part of fertility evaluations. Her meticulous approach ensures accurate assessments, enabling the early detection of foetal abnormalities and growth concerns at an early stage. Dr. Shahina is particularly passionate about the role of prenatal screening in reducing perinatal complications and improving long-term neonatal outcomes. She works closely with obstetricians, neonatologists, and genetic counsellors to provide multidisciplinary support for high-risk pregnancies. Her diagnostic insights enable the precise and sensitive management of complex pregnancies with involvement of foetal structural and chromosomal anomalies, growth restrictions, placental abnormalities, and multiple gestation complications. Dr. Shahina’s clinical practice is deeply rooted in patient-centred care. Her consultations are marked by clear communication, evidence-based guidance, and collaborative decision-making that empowers patients to make informed choices regarding their pregnancies. Dr. Shahina is fluent in English, Kannada, and Hindi, enabling her to build strong rapport and trust with patients from diverse linguistic and cultural backgrounds.

Fellowship & Membership

- Early pregnancy scan, anomaly scan,interval growth scan with doppler's
- Gynecology scans(trans-abdominal and transvaginal scans, follicle study

Languages Spoken

- English
- Kannada
- Hindi