

DR. BHARAT P SARKAR

Consultant - Spine Surgery, Back & Neck Pain

Qualification

MBBS | MS Orthopaedic surgery | FCPS Orthopaedic surgery

Overview

Dr. Bharat Sarkar is a renowned doctor in Bangalore specialising in Orthopaedic and spine surgeries. He is one of the best orthopaedists in Bangalore and has worked in the field for 12 years. He currently works as a Spine Surgery, Back & Neck Pain Consultant at Manipal Hospital in the Whitefield area of Bangalore. He has expertise in treating degenerative spinal disorders, spinal fractures, spinal trauma, spinal infections, and even tumours. He is highly skilled in performing complex spinal surgeries like the MISS (Minimally invasive spine surgery). He has a fellowship in spine surgery at the Cleaveland Clinic in the United States. He worked as a Spine Fellow at the famous Lilavati Hospital in Mumbai for 6 years between 2008 and 2014. He has guided patients about managing back pain, Osteoporosis, and fall prevention. He was a member of the Indian Orthopaedic Association for a long time. He completed his MS in Orthopaedics from the Mahatma Gandhi Institute of Medical Sciences in Wardha, Maharashtra 2011. He got registered with the Delhi Medical Council in the same year. He has a fellowship in the area of spine surgery, which was offered to him by the Spine Foundation. Dr. Sarkar is the best orthopaedic surgeon in

Whitefield, Bangalore. Dr. Sarkar is a member of the Global Spine Alliance. He has done 13 presentations at various forums about topics related to spine surgery and Orthopaedics. He won the Best Paper Award at TRAUMACON in 2010 in Coimbatore, India. He is an expert in correcting paediatric and adult deformities as well. He has successfully treated adults and children with conditions like Scoliosis and Kyphosis. He also knows to rehabilitate a patient after healing from a spinal cord injury. In October, he won the I.S. Patial Silver Medal for his postgraduate research paper presented at the VOS Conference in 2010. He has worked in rural areas of the country to make rural people aware of spine issues. He is a member of the SFFG (Spine Foundation Fellows Group), which runs a program for spreading awareness about spinal care in rural and tribal people. He has given many patients spinal injections and pain blocks in his career. He has worked as a Spine Specialist in Manipal Hospital since 2014. He has had herniated disc problems, wrist injuries, slipped disk issues, etc. He has successfully performed neck and spine biopsies and Percutaneous Vertebroplasty to treat compression fractures. Dr. Sarkar did his MBBS in Nashik at the Maharashtra University of Health Sciences, graduating in 2005. He always had an interest in the area of orthopaedics.

Fellowship & Membership

- Member of Global spine alliance .
- Member of spine foundation fellows group(SFFG) ? Rural and tribal spine care program.
- Member of Association of spine surgeons of India.
- Member of Indian orthopedic association.
- Member of Association of rural surgeons in India.
- Fellowship in spine surgery (Spine Foundation)
- Fellowship in Spine Surgery (Cleveland clinic, USA)

Field of Expertise

- Back pain management- Multimodal approach
- Minimally invasive spine surgery (MISS)
- Degenerative spinal disorders.
- Osteoporosis and fall prevention.
- Paediatric and Adult deformity(Scoliosis / Kyphosis) correction.
- Spinal infections and tumor management.
- Spinal fractures and Trauma.
- Spinal cord injury rehabilitation.
- Spinal Injections and pain blocks

Languages Spoken

- English
- Kannada
- Hindi
- Bengali

Awards & Achievements

- Best paper award at TRAUMACON 2010 Coimbatore, India.
- I.S. Patial silver medal for the best research paper (post graduate) at VOS conference Oct 2010.
- 13 oral presentations on various Spine/ Orthopedic forums.