

**DR. ABHINAV RAINA**

Consultant - Neurology

**Qualification**

MBBS | MD Medicine | DM Neurology

## Overview

Dr. Abhinav Raina is a popular neurologist in Whitefield Bangalore with more than 11 years of overall experience in treating people with neurological disorders with empathy and compassion. At present, he works as a Consultant in Neurology at the Manipal Hospitals, Whitefield, Bengaluru. He has handled several challenging cases in his career span. Dr. Abhinav Raina has also handled patients with after effects of COVID-19, such as brain fog, memory loss, and low intelligence levels. Dr. Abhinav Raina’s areas of specialisation include paediatric neurology, dementia, providing thrombolysis therapy as a part of acute stroke care, neuromuscular disorders, epilepsy management, conducting presurgical evaluation before refractory epilepsy, geriatric neurology, Parkinson’s disease and other mobility issues. This veteran neurology specialist won the Award for Young Investigator at the 2018 World Stroke Congress or WSC 2018 held Montreal in Canada. Dr. Raina is the best neurologist in Whitefield, Bangalore. Dr. Abhinav Raina completed his undergraduate degree between 2004 and 2009 from ASCOMS Jammu and later in 2011, he enrolled for MD Medicine at GMC Jammu and completed it in 2014.

Between 2015 and 2017, he did his DM Neurology at the SCTIMST Trivandrum to improve his knowledge and skills in the neurology field. Dr. Abhinav Raina also has a fair share of teaching experience, as he was a part of the faculty team at the Neurology Department teaching both postgraduates and undergraduates about the various neurological disorders. In addition, he has delivered lectures for several CME programmes held in India. Dr. Abhinav Raina is a polyglot specialising in languages like Malayalam, English, Kashmiri, and Hindi to have easy communication with his patients. With memberships from reputed organisations like the World Stroke Organisation and the American Academy of Neurology, this neurologist polished his professional skills further by interacting with international neurologists who assisted him. Dr. Abhinav has attended several important conferences held within the country and abroad where he made several poster presentations. His research findings and papers were published in well-known international and national medical journals. Dr. Abhinav Raina’s article on World Brain Tumour Day and a comparison between regular stroke and mini-stroke were featured on leading online news websites. He has also published a study that researches the link between stroke and Alzheimer’s disease. His other research works are on the after-effects faced by COVID patients, care for Alzheimer patients, and desk jobs' effect on cognitive abilities. He also participated in a Neurology Times podcast with Dr. Andrew Wilmer and attended a webinar on COVID impact on offices and the workforce hosted by Deccan Herald.

## Fellowship & Membership

- Member American Academy of Neurology.
- Member World Stroke Organisation.

## Field of Expertise

- Acute stroke care including thrombolysis therapy
- Epilepsy management including presurgical evaluation for refractory epilepsy
- Parkinson's Disease and other movement disorders
- Geriatric Neurology and dementia
- Neuromuscular Disorders
- Paediatric Neurology

## Languages Spoken

- English
- Hindi
- Malayalam
- Kashmiri

## Awards & Achievements

- Young investigator award at world stroke Congress 2018.

## Talks & Publications

- Published papers in National and international journals.
- Platform / Poster presentations at various conferences in India and abroad.
- Lectures in various CME programmes in India.
- Teaching experience in the Department of Neurology for undergraduates and postgraduates.
- Podcast with Dr. Andrew Wilmer on Neurology Times.
- Alzheimer patients need more attention - Dr. Abhinav Raina, Consultant Neurology, Manipal Hospitals Whitefield. Click Here
- Cerebral Advantage- Dr. Abhinav Raina, Consultant Neurology,

Manipal Hospitals Whitefield. Click Here

- Covid-19 survivors may suffer from lower intelligence - Dr. Abhinav Raina, Consultant - Neurology, Manipal Hospital, Whitefield. Click Here
- Are Alzheimer's and stroke related? - Dr. Abhinav Raina, Consultant, Neurology, Manipal Hospitals, Whitefield. Click Here
- A Mini Stroke vs Regular Stroke- Dr. Abhinav Raina, Consultant, Neurology, Manipal Hospitals, Whitefield.Click Here
- Mini stroke vs regular stroke- Dr. Abhinav Raina, Consultant, Neurology, Manipal Hospitals, Whitefield. Click Here
- Dr. Abhinav Raina on World Brain Tumour Day 2022: Symptoms not specific, can also be seen in Carney complex disorders like migraine | News 9 | World Brain Tumour Day.Click Here
- Dr. Abhinav Raina on What are strokes, how to prevent them, and treatment protocols: Experts weigh in. Click Here