

DR. VEERA REDDY JAYAR

Consultant - Orthopaedics & Joint Replacement Surgery

Qualification

MBBS | D-Ortho | MRCS | FRCS-Ortho | BOA transitional Fellowship - Lower limb Arthroplasty

Overview

Dr. Veera Reddy Jayar is an experienced Orthopaedic and Joint Replacement Surgeon with over 25 years of clinical experience across India, the United Kingdom and the Middle East. He specialises in primary and revision joint replacement surgeries, complex orthopaedic reconstructions, trauma management and minimally invasive procedures for sports-related injuries. His international training and extensive experience within the UK's National Health Service (NHS) have equipped him with expertise in managing a wide range of musculoskeletal conditions using evidence-based surgical approaches. His areas of expertise include primary and revision arthroplasty, including Total Knee Replacement (TKR), Total Hip Replacement (THR) and partial knee reconstruction. He also specialises in complex revision procedures for failed or worn-out joint implants, robotic-assisted and navigation-guided joint replacement surgeries, and arthroscopic procedures for sports injuries. His surgical expertise extends to ACL and PCL reconstruction, meniscus repair, shoulder stabilisation and the management of complex fractures, non-unions and polytrauma cases. Dr. Veera Reddy Jayar completed his MBBS from Jawaharlal Nehru

Medical College, Belgaum, followed by a Diploma in Orthopaedics from Kasturba Medical College, Manipal. He subsequently obtained his MRCS from the Royal College of Surgeons of Edinburgh and FRCS in Trauma and Orthopaedic Surgery through the Intercollegiate Speciality Board in the United Kingdom. He also undertook a British Orthopaedic Association Transitional Fellowship in lower limb primary and revision arthroplasty at Northumbria Healthcare NHS Trust, UK, further strengthening his expertise in complex joint replacement procedures. Before joining Manipal Hospital, Dr. Veera Reddy Jayar held several clinical positions across reputed healthcare institutions in the UK, including George Eliot Hospital NHS Trust, Royal National Orthopaedic Hospital, Royal Derby Hospital, Southampton General Hospital and Whipps Cross University Hospital. He also served as a Consultant Orthopaedic and Joint Replacement Surgeon at Columbia Asia Hospital, Whitefield, Bengaluru, from 2014 to 2022, before moving to Dar Al Shifa Hospital, Kuwait, where he practised until 2026. His academic and research interests include improving patient-reported outcomes and satisfaction following total knee replacement, spinal tuberculosis, and predictors of early mortality in patients undergoing surgery for spinal metastases. His research on spinal conditions has been published in the European Spine Journal. He has also presented scientific papers at international platforms, including the British Orthopaedic Association Congress and SICOT conferences, and has participated in several professional forums on joint replacement and trauma surgery. Dr. Veera Reddy Jayar follows a patient-centred approach to orthopaedic care, focusing on accurate diagnosis, appropriate surgical planning and rehabilitation-oriented treatment. He aims to help patients regain mobility, improve joint function and return to their everyday activities with greater comfort and confidence.

Languages Spoken

- Kannada

- Telugu
- Hindi
- English
- Marathi
- Malayalam
- Arabic
- Tamil

Talks & Publications

- Quality Enhancement & Patient Satisfaction Research: Lead investigator on a dedicated healthcare quality initiative at Northumbria Healthcare NHS Foundation Trust during the BOA fellowship. The project introduced streamlined care pathways to optimise the clinical journey, resulting in a documented increase in patient satisfaction metrics for lower limb arthroplasty.
- Predicting Mortality in Metastatic Spine Disease: Contributed to key collaborative research evaluating prognostic scores and clinical survival metrics for surgical interventions in metastatic spine populations.
- Clinical Audits in the NHS: Conducted extensive, system-wide clinical audits focused on maximising safety protocols, tracking implant longevity, and upgrading delivery of acute care within UK orthopaedic frameworks.
- Evidence-Based Arthroplasty Updates: Author of multiple targeted internal reviews on patient outcome tracks comparing robotic alignment data against conventional manual total knee and hip replacements.
- International Paper Presentations: Featured presenter at premier global platforms including the SICOT World Orthopaedic Congress, sharing clinical outcomes on complex

joint reconstruction and trauma care metrics.

- National Joint Registries Insights: Presented findings on implant tracking, survivorship analyses, and infection control strategies derived from NHS healthcare registry data.
- Public Health & Patient Education Seminars: Regular expert speaker on medical media networks, delivering clinical guidance on managing non-unions/malunions of severe fractures, and outlining fast-track recovery milestones after total knee replacements.
- Regional Clinical Meets: Actively presents case studies on complex revision arthroplasty techniques, bone-loss restoration, and soft-tissue balance protocols to regional orthopaedic associations.