

DR. SHANTHI M

Associate Consultant – Paediatric Neurology

Qualification

MBBS | MD (Pediatrics) | Post Doctoral Fellowship in Pediatric Neurology (PDFPN)

Overview

Dr. Shanthi M is a highly skilled paediatric neurologist in Whitefield with over 7+ years of focused clinical expertise in paediatrics and paediatric neurology. She is currently practising as an Associate Consultant – Paediatric Neurology at Manipal Hospital Whitefield, Bangalore. Known for her calm clinical judgement, evidence-based approach, and family-centred care, Dr. Shanthi is trusted by families for the diagnosis, treatment, and long-term care of infants, children, and adolescents with both common and complex childhood neurological and neurodevelopmental conditions. Dr. Shanthi's medical journey is rooted in strong academic training and consistent clinical exposure. She completed her MBBS in 2014 from Bangalore Medical College and Research Institute, followed by an MD in Paediatrics in 2018 from Mysore Medical College and Research Institute. With a keen interest in child neurology, she pursued a Post-Doctoral Fellowship in Paediatric Neurology (PDFPN), gaining advanced training in the evaluation and management of neurological disorders affecting the developing brain. This rigorous training has shaped her ability to recognise subtle neurological signs early, allowing timely intervention

and improved long-term outcomes for children. In her clinical practice at Manipal Hospital Whitefield, Dr. Shanthi manages a wide spectrum of paediatric neurological conditions, including epilepsy, developmental delays, cerebral palsy, neuromuscular disorders, neurometabolic and neurogenetic conditions, headaches, and acute neurological emergencies. She also has extensive experience in evaluating and managing neurodevelopmental disorders such as autism spectrum disorder and ADHD. As one of the best paediatric neurologists in Whitefield, her approach focuses not only on symptom control but also on improving functional outcomes, quality of life, and overall developmental progress. For children with epilepsy, Dr. Shanthi focuses on accurate seizure classification, rational anti-epileptic therapy, and long-term monitoring to minimise side effects while maximising seizure control. In children with developmental delays or cerebral palsy, she works closely with multidisciplinary teams to integrate medical management with rehabilitation, therapy planning, and parental guidance. For neurometabolic and neurogenetic disorders, she emphasises early diagnosis, appropriate investigations, and supportive care aimed at optimising developmental potential. Dr. Shanthi places strong emphasis on comprehensive neurological assessment, using age-appropriate evaluation and structured developmental screening. She provides evidence-based and child-friendly care and is appreciated for her careful clinical approach, compassionate communication with families, and her dedication to supporting each child’s neurological development and overall well-being. In addition to her clinical work, Dr. Shanthi has a keen interest in teaching and academic research, actively participating in medical education and mentoring young doctors. Her contributions include published research on acute leukoencephalopathy and febrile seizures, as well as paper and poster presentations at national conferences. Dr. Shanthi is a member of leading professional bodies, including the Indian Academy of Paediatrics, the Association of Child Neurology, and the Academy of Pediatric Neurology. These affiliations reflect her

commitment to continuous learning and adherence to high standards of clinical care. Her professional integrity, combined with a compassionate bedside manner, has made her a reliable and respected clinician among colleagues and families alike. At Manipal Hospital Whitefield, Dr. Shanthi advocates for early intervention, parental empowerment, and long-term follow-up for children across all age groups.

Fellowship & Membership

- Member of the Indian Academy of Pediatrics (IAP).
- Member of the Association of Child Neurology (AOCN).
- Member of the Academy of Pediatric Neurology (AOPN).

Field of Expertise

- Pediatric Epilepsy and Drug resistant epilepsy
- Developmental Delays and Cerebral palsy
- Neurometabolic and Neurogenetic conditions
- Neuromuscular disorders
- Autism Spectrum and Neurodevelopmental Conditions

Languages Spoken

- English
- Kannada
- Hindi
- Tamil
- Telugu

Talks & Publications

- Acute leukoencephalopathy with restricted diffusion- Case series. Karnataka Pediatric Journal 2024.
- A case control study to assess the relationship between febrile seizures and iron deficiency anaemia. International journal of current pharmaceutical review and research 2022.
- Paper Presentations: Presented paper on Is precision medicine with Oxcarbazepine the say forward in Self limited
- familial infantile epilepsy? in NEUROPEDICON (Agra).
- Poster Presentations: Presented multiple posters at NEUROPEDICON (Agra, Goa), and CHILDNEUROCON (Vellore).