

DR. TRISHA NANDY

Associate Consultant - Dermatology

Qualification

MBBS | MD (Dermatology, Venereology & Leprosy) | Diploma in Facial Aesthetics

Overview

Dr. Trisha Nandy is a skilled Dermatologist, Trichologist, and Aesthetic Dermatologist in Whitefield, Bangalore. She is currently practising as a Associate Consultant – Dermatology at Manipal Hospital, Whitefield. With advanced medical training and extensive clinical experience, Dr. Trisha is widely regarded as one of the best dermatologists in Whitefield, known for her diagnostic precision, compassionate care, and excellence in both medical and aesthetic dermatology. Dr. Trisha completed her MBBS and MD in Dermatology, Venereology & Leprosy from Christian Medical College (CMC), Vellore. Her training at CMC provided her with extensive clinical exposure to a wide spectrum of skin, hair, and nail disorders, helping her build strong diagnostic acumen and a compassionate, patient-centred approach. Following her postgraduate training, she also worked as a Senior Resident and Assistant Professor in the Department of Dermatology at CMC, Vellore. Her years of clinical and academic experience have equipped her with a thorough understanding of complex dermatological conditions and the nuances of patient-centred treatment. Her areas of expertise include acne, pigmentation disorders, hair loss, scalp diseases, allergic

skin conditions, autoimmune and immunobullous disorders, skin infections, and post–stem cell transplant dermatological conditions. Her approach combines medical accuracy with empathy, ensuring that every patient receives individualised, evidence-based treatment for lasting results. In addition to her clinical dermatology proficiency, Dr. Trisha has undergone advanced training in Aesthetic Dermatology and holds a Diploma in Facial Aesthetics. She is adept at performing a wide range of aesthetic and cosmetic procedures, including laser treatments, microneedling, chemical peels, PRP therapy, anti-ageing procedures, electrosurgery, radiosurgery, and body contouring. Her aesthetic practice reflects a perfect balance between science and artistry, helping patients achieve natural-looking results while prioritizing skin health and safety. At Manipal Hospital, Whitefield, Dr. Trisha provides comprehensive dermatological care supported by advanced diagnostic technologies and modern therapeutic protocols. Her consultations are known for being detailed and educational — she ensures that each patient fully understands their diagnosis and treatment plan. Her patient-first philosophy and empathetic communication have made her one of the best dermatologists in Whitefield, trusted by individuals seeking both curative and cosmetic skin solutions. Fluent in English, Hindi, Bengali, and Tamil, Dr. Trisha connects effortlessly with patients from diverse linguistic and cultural backgrounds. She has authored several academic chapters and publications, including contributions to The Ultimate Guide to Dermatology (Parts 1 & 2, Knowledge Bridge Publications), and has presented papers at national conferences such as CUTICON TN and the AIIMS Procedural Dermatology Workshop. These contributions reflect her commitment to advancing dermatological science and patient care. Her professional memberships include the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL), where she remains actively involved in ongoing learning and collaboration. Whether treating chronic conditions or offering cosmetic enhancements, Dr. Trisha’s focus remains on achieving healthy,

confident, and radiant skin through ethical and precise dermatological care.

Fellowship & Membership

- Indian Association of Dermatologists
- Venereologists and Leprologists (IADVL)

Field of Expertise

- Clinical Dermatology
- Aesthetic Dermatology
- Acne
- Pigmentary disorders
- Hair loss
- Skin infections
- Laser and PRP Therapy
- Chemical Peels and Microneedling
- Electrosurgery, Radiosurgery
- Post-stem cell transplant skin disorders
- Autoimmune Skin Disorders

Languages Spoken

- Hindi
- English
- Bengali
- Tamil

Talks & Publications

- Chapter Author: “Tumour”, Ultimate Guide to Dermatology – Part 2, Knowledge Bridge Publications, 2024.
- Chapter Author: “Fungal Infections”, Ultimate Guide to Dermatology – Part 1, Knowledge Bridge Publications, 2023.
- Delivered a talk on “Skin Infections” - Workshop on Dermatology Nursing Care Update, Christian Medical College (CMC), Vellore, 2023.
- Poster Presentation: Carbon Dioxide Laser for the Treatment of Lymphangioma Circumscriptum – A Case Report, AIIMS Procedural Dermatology Workshop, New Delhi, 2023.
- Award Paper Presentation: Child with Skin Fragility and Pock-like Scars – A Case of Lipoid Proteinosis, CUTICON TN, 2019.
- E-Poster Presentation: Unusual Cause of Nail Dystrophy in an Adult, E-Dermacon, 2021.
- Free Paper Presentation: Ertapenem Rescue Therapy in Hidradenitis Suppurativa – A Case Series, E-Dermacon, 2022.