

DR. SHASHANK S DHARESHWAR

Consultant – Nephrology

Qualification

MBBS | DNB(Medicine) | DNB(Nephrology) | PGDMLE

Overview

Dr. Shashank S Dhareshwar is an experienced nephrologist in Whitefield, Bangalore. He is currently practising as a Consultant – Nephrology at Manipal Hospital Whitefield, where he is known for his expertise in managing complex kidney disorders with a blend of clinical excellence and compassionate care. With extensive training in medicine and nephrology, along with active contributions to research and medical education, he has established himself as a top kidney doctor in Whitefield. He is a top nephrologist in Whitefield, Dr. Shashank’s academic foundation began with an MBBS from Government Medical College, Akola. His keen interest in internal medicine led him to complete his DNB in General Medicine, following which he further specialised in nephrology, completing his DNB in Nephrology. This training gave him in-depth exposure to a wide spectrum of renal conditions and therapies, ranging from chronic kidney disease management to renal replacement therapy. In addition to his core medical qualifications, he pursued a Postgraduate Diploma in Medical Law and Ethics from the National Law School of India University, Bengaluru, underlining his commitment to ethical and

patient-centred clinical practice. Over the course of his career, Dr. Shashank has gained significant experience in the comprehensive management of kidney disorders. He is proficient in procedures such as dialysis catheter insertions, permcath placements, renal biopsies, and central line placements. His expertise also extends to the management of both living donor and deceased donor renal transplantation, where he has been actively involved in the preoperative and postoperative care of patients. He has vast experience in handling acute kidney injury, nephrology-related complications in cardiology, gastroenterology, and pregnancy, and the critical care management of patients requiring advanced dialysis therapies such as Sustained Low Efficiency Dialysis (SLED), Continuous Renal Replacement Therapy (CRRT), and plasmapheresis. His clinical skillset allows him to deliver seamless care across the entire spectrum of nephrology, from preventive care to advanced therapeutic interventions. Dr. Shashank is a prolific contributor to medical literature, with numerous research publications, book chapters, and case reports to his credit. His research interests span dialysis innovations, caregiver burden in chronic kidney disease, metabolic disorders in pregnancy, and the interplay between systemic illnesses and renal health. He has published in reputed journals on subjects such as ultrasonic waves across dialyzer membranes, infective endocarditis in haemodialysis patients, central obesity as a risk factor in COVID-19, and complications associated with peritoneal dialysis. These publications not only highlight his clinical expertise but also his ability to contribute to medical science by documenting and analysing complex real-world cases for the benefit of the wider medical community. A respected member of professional bodies such as the Indian Society of Nephrology, the Indian Society of Organ Transplantation, and the Indian Medical Association, Dr. Shashank is actively engaged with the broader medical fraternity. These affiliations allow him to remain at the forefront of emerging advances in nephrology while also contributing to collaborative knowledge-sharing

within the medical community.

Field of Expertise

- Renal transplant: live-related and deceased donor
- Acute Kidney Injury
- Chronic Kidney Disease
- Electrolyte Disorders
- Glomerular Diseases
- Critical Care Nephrology
- Hemodialysis

Languages Spoken

- English
- Kannada
- Marathi
- Hindi
- Telugu

Talks & Publications

- Clinical Trials: Principal Investigator For Visterra Trial Studying (A Phase 2 Trial Of Sibeprenlimab In Patients With IgA Nephropathy): Completed Aug 2023
- Co-Principal Investigator For Easi-Kidney Trial: 2025
- Publications: Original Research – N S Girish, Marisiddappa L, Dhareshwar S, Rani S, Das N. Application Of Therapeutic Ultrasonic Waves Across The Dialyzer Membrane: A Pilot Study On The Impact On Dialyzer Clearance And Safety. Hemodial Int. 2024 Jul;28(3):313-325. DOI: 10.1111/hdi.13161
- Original Research – Dhareshwar SS, Nithin R, Anantharam J,

Kedlaya P, Satish R, Jha VK, Et Al. Study Of Caregiver Burden In Continuous Ambulatory Peritoneal Dialysis. Indian J Nephrol. DOI: 10.25259/ijn_424_23

- Original Research – Devanath D, Prashant G Kedlaya, Jairam A, Renuka, Shashank S Dhareshwar. Health Care Associated Infective Endocarditis In Hemodialysis: More Than Just Valve Infection – A Case Series. Saudi J Med. 2023;8(10):556-558. DOI: 10.36348/sjm.2023.v08i10.003
- Book Article – Dhareshwar SS. Dehydration. In: Caballero B (Ed.), Encyclopedia Of Human Nutrition, Vol. 3. Elsevier, Academic Press, 2023, Pp. 216–226. DOI: 10.1016/B978-0-12-821848-8.00027-5
- Original Research – Hegde SG, Dhareshwar S, Bandyopadhyay S, Et Al. Central Obesity In Low BMI As A Risk Factor For COVID-19 Severity In South Indians. Asia Pac J Clin Nutr. 2022;31(1):142-146. DOI: 10.6133/apjcn.202203_31(1).0015
- Original Research – Knowledge Attitude And Practices (KAP) Towards COVID-19 Among Chronic Kidney Disease (CKD) Patients On Maintenance Hemodialysis At A Tertiary Healthcare Centre. IOSR Journal Of Dental And Medical Sciences (IOSR-JDMS). 2021;20(9):01-07. DOI: 10.9790/0853-2009060107
- Case Report – Muralidhara K, Dhareshwar S. Severe Hypertriglyceridemia In Pregnancy. J Clin Images Med Case Rep. 2021;2(2):1034. DOI: 10.52768/2766-7820/1034
- Case Report – Muralidhara K, Dhareshwar S, Nagesh V, Marisiddappa L, Kedelaya P, Satish R. Recurrent Hydrothorax Associated With Peritoneal Dialysis: Challenges In The Diagnosis Of Pleuroperitoneal Leak. EJMCR. 2021;5(5):146-149. DOI: 10.24911/ejmcr/173-1612796288
- Original Research – Kruthika DM, Shashank SD, Vinod N, Limesh M, Renuka S. Effect Of Oral Liposomal (Sucrosomial) Iron Versus Intravenous Iron For Treatment Of Iron Deficiency Anaemia In Chronic Kidney Disease Patients: A Randomized Trial. J Urol

Nephrol Hepatol Sci. 2020;3(3):59-64

- Case Report – Parikh J, Dhareshwar S, Nayak-Rao S, Ramaiah I. Hyponatremia Secondary To Acute Urinary Retention. Saudi J Kidney Dis Transpl. 2017;28(2):392-395. DOI: 10.4103/1319-2442.202768