

DR. ANUPAM PRAKASH

Consultant – Interventional Pulmonology

Qualification

MBBS | MD (PULMONARY MEDICINE) | DNB | FIP | EDARM(SWITZERLAND)

Overview

Dr. Anupam Prakash is an experienced pulmonologist in Whitefield. He is currently practising as a Consultant – Interventional Pulmonology at Manipal Hospital, Whitefield. With over 6+ years of clinical expertise in respiratory medicine, critical care, and sleep medicine, Dr. Prakash brings a robust skill set to the diagnosis and management of complex respiratory conditions, including asthma, COPD, interstitial lung diseases (ILD), pleural disorders, and sleep-related breathing disorders. He is especially skilled in interventional pulmonology procedures such as bronchoscopy, EBUS-TBNA, medical thoracoscopy, cryotherapy, and rigid bronchoscopy. Dr. Prakash's academic journey began with his MBBS from Maulana Azad Medical College, New Delhi. He pursued his MD in Pulmonary Medicine, Critical Care & Sleep Medicine at Vallabhbhai Patel Chest Institute, New Delhi, and obtained his DNB in Pulmonary Medicine by the National Board of Examinations. To further his expertise, he completed a Fellowship in Interventional Pulmonology (FIP) from the Indian Association of Bronchology and earned the European Diploma in Adult Respiratory Medicine (EDARM) from the University of Bern, Switzerland. His clinical career includes

management of a wide range of critical care and respiratory cases, with over 500+ advanced airway procedures to his credit. Dr. Prakash also held senior resident positions where he contributed to ICU care, emergency procedures, and academic mentoring. His procedural repertoire includes intubation, central line placement, tracheostomy, cryobiopsy, pleural biopsies, and NIV/ventilator management. Apart from clinical practice, Dr. Anupam Prakash is actively involved in medical research and academic teaching. His interests include respiratory allergies, sarcoidosis, severe asthma, and rare pulmonary disorders. He has published extensively in peer-reviewed journals such as the Indian Journal of Chest Diseases & Allied Sciences, Monaldi Archives for Chest Disease, Cureus, and Medical Research Archives. Notably, he was a contributing author to the Indian Guidelines for Diagnosis of Respiratory Allergy (2023), and his long-term study on non-traumatic chylothorax was published in 2025. Dr. Prakash also serves as an organising faculty member for national-level conferences and workshops. As the Organising Secretary for PACS-2023, he coordinated a major pulmonology event attended by over 500 delegates, reinforcing his commitment to continuing medical education and clinical excellence. In addition, he is deeply passionate about harnessing artificial intelligence in respiratory medicine, exploring how digital tools can revolutionise diagnostics and streamline care in complex lung diseases.

Fellowship & Membership

- Fellowship in Interventional Pulmonology.

Field of Expertise

- Diagnostic Bronchoscopy.
- Evaluation of lung lesions, nodules, or infections.

- Endobronchial biopsy and airway visualisation.
- EBUS (Endobronchial Ultrasound)
- Mediastinal/hilar lymph node sampling.
- Lung cancer staging, sarcoidosis, and TB diagnosis.
- Real-time TBNA of central masses.
- Central Airway Interventions.
- Tumour Debulking: Cryo, APC, Mechanical.
- Foreign Body Removal: Flexible/Rigid Bronchoscopy.
- Airway Stenosis:
- Balloon Bronchoplasty.
- Silicone Stents: Benign Stenosis.
- Metallic Stents: Malignant Obstruction.
- Haemoptysis: Localisation, iced saline, APC.
- Persistent Air Leak: Endobronchial valves, Sealants, Spigot placement.
- Thoracoscopy.
- Biopsy of undiagnosed pleural effusion.
- Pleural TB or malignancy diagnosis.
- Pleurodesis for recurrent effusion/pneumothorax.
- Lung Biopsy.
- Cryobiopsy: Interstitial lung disease.
- Forceps biopsy: Endobronchial or parenchymal lesions.
- Indwelling Pleural Catheter (IPC)
- Malignant pleural effusion.
- Hepatic hydrothorax (refractory cases)

Languages Spoken

- English
- Hindi

Talks & Publications

- Indian Guidelines for Diagnosis of Respiratory Allergy. [Indian J Allergy Asthma Immunol 37.3•2023]
- Pulmonary MALT Cell Lymphoma Mimicking ILD. [Indian J Chest Dis Allied Sci 66(3):97-101•2024]
- Small Airway Involvement in Severe Asthma. [Monaldi Arch Chest Dis•2024]
- Advanced Pulmonary Sarcoidosis in India. [Medical Research Archives•Jan 2025]
- Beyond the Milky Pleural Fluid: 14-Year Study on Non-Traumatic Chylothorax. [Cureus•Mar 2025]