



DR. V. R. ADITYA CHAINULU

Specialist - Internal Medicine

Qualification

MBBS | MD INTERNAL MEDICINE

Overview

Dr. V. R. Aditya Chainulu is a dedicated internal medicine specialist in Bangalore. He is currently practising as a Specialist – Internal Medicine at Manipal Hospital Whitefield. With over six years of clinical experience, Dr. Aditya has established himself as a compassionate and skilled physician with a strong focus on holistic adult healthcare, chronic disease management, and preventive medicine. His commitment to patient-centred care is reflected in his empathetic approach, sound clinical judgment, and dedication to continuous learning and medical advancement. Dr. Aditya began his academic journey by completing his MBBS from Dr. NTR University of Health Sciences, Vizianagaram. He went on to pursue an MD in Internal Medicine from Bharath University, Chennai, where he developed core competencies in diagnosing and managing complex multisystem disorders. His medical training was marked by a keen interest in Rheumatology and Endocrinology, which continue to be areas of special clinical interest. With a strong foundation in adult medicine, Dr. Aditya is skilled in diagnosing and managing a wide range of acute and chronic conditions, with a focus on long-term wellness and preventive

health. He has expertise in managing a broad spectrum of medical conditions, including diabetes, hypertension, thyroid disorders, cardiovascular diseases, respiratory illnesses, infectious diseases, and lifestyle-related health issues. Preventive medicine and lifestyle counseling are key components of his practice, with a focus on empowering patients through education and shared decision-making. Known for a calm and reassuring presence, Dr. Aditya listens patiently to each patient's concerns, ensuring they feel genuinely heard, understood, and supported. This empathetic and attentive approach enables the development of deep therapeutic relationships that are central to healing and long-term care. Multilingual and culturally sensitive, Dr. Aditya is fluent in English, Telugu, Tamil, and Hindi. This allows him to communicate seamlessly with patients from diverse backgrounds. By addressing patients in their native languages, he enhances trust, promotes cultural sensitivity, and improves overall health outcomes. Beyond clinical practice, Dr. Aditya is actively involved in research and medical education. He has presented research at national medical conferences and is committed to staying abreast of the latest advancements in internal medicine and subspecialties. His areas of interest include Diabetology, Infectious Diseases, Rheumatology, and Neurology. He is also passionate about community health and participates in health education initiatives and outreach programs to promote awareness and early intervention in preventable diseases at the grassroots level.

Field of Expertise

- Comprehensive Adult Medical Care.
- Chronic Disease Management (e.g., Diabetes, Hypertension).
- Preventive Medicine & Lifestyle Counselling.
- Multisystem Disease Diagnosis.
- Patient Education & Health Literacy.
- Culturally Sensitive, Multilingual Communication.

Languages Spoken

- English
- Telugu
- Hindi
- Tamil