

DR. SUMIT TALWAR

Consultant - Bariatric Surgery & General Surgery, Robotic Surgery

Qualification

MBBS | MS | Robotic Surgery

Overview

Dr. Sumit Talwar is a Consultant - Bariatric Surgery & General Surgery, Robotic Surgery at the Manipal Hospital located at Old Airport Road in Bangalore. He is associated as the Head of the Department (HOD) there. Dr. Talwar has a rich experience of more than 30 years in the medical field. Out of these, he has experience working as a specialist for over 26 years. He speaks Bengali, Hindi, Punjabi, Kannada, and English. He has studied at the All India Institute of Medical Sciences in New Delhi. He graduated from AIIMS in 1994 with an MBBS. Later, he did an MS from AIIMS New Delhi in 1999. He has special expertise in Minimally Invasive Gastro-Intestinal Surgery, whether laparoscopic or keyhole surgery. He also performs other surgical procedures like Sleeve Gastrectomy and mini or laparoscopic gastric bypass. He has expertise in performing advanced laparoscopic surgeries, bariatric surgeries, and robotic surgeries. While working in Delhi NCR, he pioneered the development of Bariatric and Metabolic Surgery, which treats diabetes and morbid obesity. He has also performed hundreds of Single Incision Laparoscopic Surgeries in Delhi NCR. He has worked with Aditya Birla Memorial Hospital in Pune as a Senior Consultant of

Minimal Access Surgery and General Surgery. Later, he was associated with Fortis Escorts Hospital and Research Center in Faridabad. Presently, he is working with Manipal Hospitals to establish Bariatric surgery in its various branches. He provides consultation to patients at their Bangalore hospital. He is also the pioneer of Gastrointestinal Cancer Surgery for treating GI cancers like pancreatic cancer, hepato-biliary cancer, colorectal cancer, etc. This surgical procedure was focused on providing minimally invasive laparoscopic treatment for these cancer types. He created a fresh technique of performing a 'Scarless Surgery' (Single Incision Laparoscopic Surgery) of various body parts like the gallbladder and appendix. This technique was cost-effective because he used routine equipment and instruments. He still routinely performs various surgeries, such as Mediastinal tumour surgeries, lung surgeries, and various laparoscopic surgeries successfully. He has successfully done over a hundred laparoscopic surgeries, apart from other types of surgeries. He has also performed laparoscopic appendicectomy, sleeve resection laparoscopic surgery, hernia repair surgery, splenectomy, and other critical surgeries successfully. He pioneered lung surgery, oesophagal surgery, and thoracoscopic surgery as well. He holds membership in the Medical Council of India and the Delhi Medical Council. He is interested in conducting clinical research. He has written articles in various newspapers and journals on topics like obesity and its impact on the effectiveness of vaccines on the body.

Field of Expertise

- Bariatric Surgery
- Robotic Surgery
- Advanced Laparoscopic Surgery

Languages Spoken

- English
- Hindi
- Punjabi
- Kannada
- Bengali

Awards & Achievements

- Consultant Minimal Access & Bariatric Surgery - Manipal Hospitals, Bangalore.
- An expert in Minimally Invasive (Laparoscopic or Key-hole Surgery) Gastro-Intestinal Surgery and has performed thousands of laparoscopic surgeries to date.
- He has also pioneered the development of Bariatric and Metabolic Surgery (Surgery for Morbid Obesity and treatment of Diabetes) in the Delhi NCR area and has performed numerous such operations successfully.
- He performs Laparoscopic Gastric Bypass, Mini Gastric Bypass, Sleeve Gastrectomy, and other operations for the treatment of Morbid Obesity.
- He has pioneered Gastrointestinal Cancer Surgery with a special emphasis on Minimally Invasive (Laparoscopic) treatment of GI cancers including Colorectal, Upper GI, Hepato-biliary, and Pancreatic cancers.
- He has also developed a new technique of Single Incision Laparoscopic Surgery (Scarless Surgery) for gallbladder, appendix, hernia, etc. using routine instruments and equipment thereby reducing the cost involved in the technique.
- He has performed more than hundreds of Single Incision Laparoscopic Surgeries (SILS) in Delhi NCR in the past five years.

Talks & Publications

- 'Vax may be less effective on obese people' - Dr.Sumit Talwar, Consultant - Bariatric Surgery, Manipal Hospitals, old airport road. Click Here
- Dr. Sumit Talwar on Did you know early dinners can help you sleep better? | The Indian Express. Click Here