

DR. ANITHA KUMARI A M

Consultant - Ear Nose and Throat

Qualification

MBBS | DLO | DNB (ENT)

Overview

Dr. Anitha Kumari A M is the best ENT doctors in Whitefield. She works as an ENT Consultant at the Manipal Hospital located on Old Airport Road in Bangalore and has been practising as a doctor for over 27 years. Dr. Anitha did her MBBS from the University of Calicut in 1993. She was always an accomplished student. She did a Post Graduate Diploma in Otorhinolaryngology between 1998 and 2000. She cleared the DNB exams conducted by the National Board of Examinations in New Delhi in 2007 in Otolaryngology. Dr. Anitha has special expertise in paediatric surgeries like tonsillectomy, myringotomy, and adenoidectomy. She has successfully performed microscopic ear surgeries such as stapedectomy, tympanoplasty, and mastoid surgery. She has also treated common problems like voice disorders, sleep apnoea, snoring, nasal allergies, and head and neck masses. This includes lymph nodes, thyroid glands, and salivary glands. She has skillfully managed ENT emergencies like airway obstruction, presence of foreign bodies, neck trauma, and nasal bleeding and has performed airway reconstructive procedures. She is an expert in performing endoscopic surgeries, including sinus, nasal, and skull-based surgeries

like rhinoplasty, septoplasty, and lacrimal sac surgery. She has done corrective surgeries for snoring and sleep apnea and laser-assisted microscopic surgeries for helping those with vocal strain, cysts, and vocal polyps. She also has expertise in swallowing disorders and airway disorders in children. Dr. Anitha is the best ENT specialist in Whitefield, Bangalore. Dr. Anitha is a member of the Indian Society of Otology and the Association of Otolaryngologists of India. She has worked as a Provisional Lecturer in the ENT department of the Government Medical College in Thiruvananthapuram. She started her association with Manipal Hospitals in 2007. She participates in the activities of the Association of Surgeons of Sleep Apnea. She has previously worked as a Registrar in the Head and Neck Surgery Department of the Kerala Institute of Medical Sciences. She is highly trained in advanced ENT areas, including laser-assisted photo surgery, coblation-assisted tonsillectomy, adenoidectomy, and paediatric airway procedures. More than 8 of her scientific papers have been published in reputed medical journals worldwide. She has researched the impact of vitamin deficiencies on allergic rhinitis with other doctors. She has also written research papers and case reports about neurofibrosarcoma of the subglottis, carotid space infection, delayed onset post-extubation stridor, etc. Her fluency in English and regional languages like Hindi, Kannada, Malayalam, and Tamil. She has also collaborated as a researcher in the evolving field of ENT called Geriatric Otorhinolaryngology. She is a part of the Karnataka Medical Council and the Cochin Council of Modern Medicine in Kerala.

Fellowship & Membership

- Member of Association of Otolaryngologists of India
- Member of Indian Society of Otology
- Member of Association of Surgeons for Sleep Apnoea

Field of Expertise

- Paediatric ENT & Surgeries - Tonsillectomy, Adenoidectomy, Myringotomy
- Microscopic Ear surgeries - Tympanoplasty, Mastoid surgery, Stapedectomy
- Endoscopic Nasal, Sinus & Skull-base surgeries - Septoplasty, Fess, Turbinoplasty, Lacrimal sac Surgery
- Evaluation of Snoring & Sleep apnoea and corrective surgery
- Voice disorders & Laser-assisted Microscopic surgery - Vocal Polyps, Nodules, Cysts, Vocal Strain
- Airway & Swallowing disorders in children & elderly
- ENT emergencies – foreign bodies, airway obstruction, nasal bleed, neck trauma
- Evaluation & management of Vertigo, Tinnitus, Nasal Allergy and Head & Neck masses (Thyroid, Salivary Glands, Lymph Nodes)
- Airway reconstructive procedures

Languages Spoken

- English
- Malayalam
- Hindi
- Kannada
- Tamil

Awards & Achievements

- Undergone training in advanced ENT areas such as: Laser-assisted Phonosurgery, Reconstructive airway surgery, Surgery for snoring & sleep apnoea, Paediatric airway & swallowing

disorders, Coblation assisted Tonsillectomy, Adenoidectomy, Airway procedures

Talks & Publications

- Published 8 scientific papers in ENT and related topics in peer reviewed Indian and International journals
- Researching on the impact of vitamin deficiency on allergic rhinitis.
- Neurofibrosarcoma of the Subglottis Click Here
- Carotid space infection Click Here
- Management of Smoke Inhalational Laryngotracheal Injury: A Modest ExperienceClick Here
- A rare cause of delayed onset postextubation stridor Click Here